

**2011 CO FAST Pumpkin Plunge SCM Invitational - 10/23/2011**  
**1st Annual FAST Masters SCM Invitational, Sanction #: 32-09-18-S**

EPIC, Fort Collins, CO

**Results****Event 1 Women 40-44 400 SC Meter Freestyle**

ID#	Name			Age	Team	Seed Time	Finals Time
1 35.33	321R-032PK Richardson, Kim G	1:13.90	1:54.20	2:35.86	3:18.25	4:00.39 4:42.34	5:20.36 5:21.93

**Event 2 Men 50-54 400 SC Meter Freestyle**

1 37.57	321Y-0793R Buck, Alan R	1:16.54	1:57.45	2:38.71	3:20.32	4:01.54 5:20.66	5:20.00 5:20.66
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**Event 2 Men 65-69 400 SC Meter Freestyle**

1 40.52	321Y-0340M Molnar, Ronald A	1:24.17	2:08.96	2:55.21	3:41.35	4:28.13 5:13.88	8:30.00 5:58.96
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**Event 3 Women 18-24 50 SC Meter Butterfly**

1 2 3	3210-076M1 Nolte, Melissa	21	FAST-CO	37.00	34.15
	3814-05UHC Lebsack, Adrienne	22	FAST-CO	35.91	36.51
	101T-06SWA Day, Katie	24	TERR	32.00	39.34

**Event 3 Women 30-34 50 SC Meter Butterfly**

1	321H-045AB Linke, Lyndsey M	31	FCC-CO	32.00	31.52
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**Event 3 Women 35-39 50 SC Meter Butterfly**

1	321D-072PK DeHaven, Kathleen	39	BEEG-CO	32.00	32.12
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**Event 3 Women 50-54 50 SC Meter Butterfly**

1 2	3216-030PV Nolte, Susan D	50	INVRN-CO	47.00	47.54
	3219-030D4 Donoghue, Ann	50	VTX-CO	50.00	50.38

**Event 3 Women 55-59 50 SC Meter Butterfly**

1	321J-030NT Rosener, Karen K	57	FCC-CO	36.90	37.86
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**Event 4 Men 30-34 50 SC Meter Butterfly**

1	321U-078VM Oaks, Lee C	33	FCC-CO	NT	31.52
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**Event 4 Men 40-44 50 SC Meter Butterfly**

1	321E-04VXO Chatham, Kevin A	42	UN-CO	40.00	34.64
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**Event 4 Men 45-49 50 SC Meter Butterfly**

1	321D-032XN Owens, James W	45	FCC-CO	30.65	30.21
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**Event 4 Men 50-54 50 SC Meter Butterfly**

1	3217-030PW Nolte, Chris C	54	INVRN-CO	32.00	32.09
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**Event 4 Men 55-59 50 SC Meter Butterfly**

1 2	321P-030UA Hess, Richard	57	BEEG-CO	29.80	30.11
	321V-032TJ Heins, Don	57	BEEG-CO	45.00	47.35

**Event 5 Women 18-24 100 SC Meter Backstroke**

1 39.52	3814-05UHC Lebsack, Adrienne	22	FAST-CO	1:20.91	1:23.51
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**Event 5 Women 30-34 100 SC Meter Backstroke**

1 51.68	3215-062E2 Fuller, Lacy	32	FAST-CO	1:48.54	1:46.35
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**Event 5 Women 70-74 100 SC Meter Backstroke**

1 1:03.96	321R-0309S Zentgraf, Karen W	70	FAST-CO	2:28.00	2:09.27
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**Results****Event 6 Men 40-44 100 SC Meter Backstroke**

1	321W-05XNM	Cruz, Eduardo	42	THRTM-CO	1:23.93	1:20.75
	40.10	1:20.75				

**Event 6 Men 45-49 100 SC Meter Backstroke**

1	321R-060TA	Barringer, Rob	46	CMS-CO	1:15.01	1:10.58
	33.76	1:10.58				

**Event 6 Men 50-54 100 SC Meter Backstroke**

1	3202-045T4	Kelly, John	50	BEEG-CO	1:35.00	1:32.37
	44.19	1:32.37				

**Event 6 Men 60-64 100 SC Meter Backstroke**

1	3316-05YTN	Miller, Bob C	63	UN-CO	1:45.00	1:44.06
	49.42	1:44.06				

**Event 8 Men 30-34 200 SC Meter Breaststroke**

1	3211-074P6	Cain, David P	33	LAFA-CO	3:10.00	3:13.19
	43.52	1:32.80    2:23.83    3:13.19				

**Event 8 Men 50-54 200 SC Meter Breaststroke**

1	321V-032YP	O'Keeffe, John P	50	BEEG-CO	3:38.00	3:54.93
	46.24	1:44.23    2:49.21    3:54.93				

**Event 8 Men 65-69 200 SC Meter Breaststroke**

1	321Y-0340M	Molnar, Ronald A	69	FAST-CO	4:00.00	3:44.63
	52.20	1:49.36    2:47.24    3:44.63				

**Event 9 Women 18-24 50 SC Meter Freestyle**

1	3210-076M1	Nolte, Melissa	21	FAST-CO	34.00	32.35
2	3814-05UHC	Lebsack, Adrienne	22	FAST-CO	32.91	32.85
3	101T-06SWA	Day, Katie	24	TERR	31.00	34.17

**Event 9 Women 30-34 50 SC Meter Freestyle**

1	321H-045AB	Linke, Lyndsey M	31	FCC-CO	29.00	29.62
2	3215-062E2	Fuller, Lacy	32	FAST-CO	39.78	43.28

**Event 9 Women 35-39 50 SC Meter Freestyle**

1	321D-072PK	DeHaven, Kathleen	39	BEEG-CO	30.00	30.03
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**Event 9 Women 40-44 50 SC Meter Freestyle**

1	321R-032PK	Richardson, Kim G	43	FCC-CO	31.47	32.38
2	321D-07EYG	Smart, Karen	43	FAST-CO	46.00	37.15

**Event 9 Women 50-54 50 SC Meter Freestyle**

1	321P-07DKU	Hicks, Sandra J	51	FAST-CO	35.91	35.95
2	3216-030PV	Nolte, Susan D	50	INVRN-CO	43.00	40.27
3	3219-030D4	Donoghue, Ann	50	VTX-CO	45.00	42.23

**Event 9 Women 55-59 50 SC Meter Freestyle**

1	321J-030NT	Rosener, Karen K	57	FCC-CO	33.60	34.14
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**Event 9 Women 70-74 50 SC Meter Freestyle**

1	321R-0309S	Zentgraf, Karen W	70	FAST-CO	1:08.00	52.16
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**Event 10 Men 25-29 50 SC Meter Freestyle**

1	321W-077YN	Ayer, Michael	29	BAM	32.40	32.65
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**Event 10 Men 40-44 50 SC Meter Freestyle**

1	321E-04VXO	Chatham, Kevin A	42	UN-CO	35.50	31.18
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**Event 10 Men 45-49 50 SC Meter Freestyle**

1	321D-032XN	Owens, James W	45	FCC-CO	27.52	27.76
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**Event 10 Men 50-54 50 SC Meter Freestyle**

1	3217-030PW	Nolte, Chris C	54	INVRN-CO	29.00	29.65
2	321A-01N12	Garcia, Doug	50	FAST-CO	31.00	33.91
3	3202-045T4	Kelly, John	50	BEEG-CO	35.00	37.07

**Event 10 Men 55-59 50 SC Meter Freestyle**

1	321P-030UA	Hess, Richard	57	BEEG-CO	27.00	28.58
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**Event 10 Men 60-64 50 SC Meter Freestyle**

1	3316-05YTN	Miller, Bob C	63	UN-CO	34.00	35.84
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**Event 12 Men 30-34 100 SC Meter Butterfly**

1	321U-078VM	Oaks, Lee C	33	FCC-CO	NT	1:15.86
	33.43	1:15.86				

**Event 12 Men 40-44 100 SC Meter Butterfly**

1	321W-05XNM	Cruz, Eduardo	42	THRTM-CO	1:20.99	1:20.05
	37.60	1:20.05				

**Event 12 Men 55-59 100 SC Meter Butterfly**

1	321V-032TJ	Heins, Don	57	BEEG-CO	1:45.00	1:50.61
	54.23	1:50.61				

**Event 13 Women 30-34 200 SC Meter Backstroke**

1	3215-062E2	Fuller, Lacy	32	FAST-CO	3:45.00	3:51.73
	53.61	1:50.15				
		3:51.73				

**Event 13 Women 40-44 200 SC Meter Backstroke**

1	321R-032PK	Richardson, Kim G	43	FCC-CO	2:55.78	3:02.15
	42.90	1:29.28				
		2:16.31				
		3:02.15				

**Event 13 Women 70-74 200 SC Meter Backstroke**

1	321R-0309S	Zentgraf, Karen W	70	FAST-CO	4:59.00	4:42.89
	1:09.58	2:22.64				
		3:35.56				
		4:42.89				

**Event 14 Men 65-69 200 SC Meter Backstroke**

1	321Y-0340M	Molnar, Ronald A	69	FAST-CO	3:20.00	3:18.78
	47.60	1:38.31				
		2:29.69				
		3:18.78				

**Event 16 Men 40-44 200 SC Meter IM**

1	321W-05XNM	Cruz, Eduardo	42	THRTM-CO	2:53.00	2:54.40
	37.69	1:24.23				
		2:15.73				
		2:54.40				

**Event 16 Men 50-54 200 SC Meter IM**

1	321Y-0793R	Buck, Alan R	52	AFAM-CO	2:40.00	3:08.01
	43.74	1:33.24				
		2:30.27				
		3:08.01				
2	321A-01N12	Garcia, Doug	50	FAST-CO	3:20.00	3:29.21
	50.13	1:42.31				
		2:41.66				
		3:29.21				

**Event 17 Women 18-24 50 SC Meter Breaststroke**

1	3210-076M1	Nolte, Melissa	21	FAST-CO	42.00	42.56
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**Event 17 Women 50-54 50 SC Meter Breaststroke**

1	3216-030PV	Nolte, Susan D	50	INVRN-CO	52.00	50.52
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**Results****(Event 17) Women 50-54 50 SC Meter Breaststroke**

2	3219-030D4	Donoghue, Ann	50	VTX-CO	55.00	54.40
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**Event 17 Women 55-59 50 SC Meter Breaststroke**

1	321J-030NT	Rosener, Karen K	57	FCC-CO	44.50	46.07
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**Event 18 Men 30-34 50 SC Meter Breaststroke**

1	321U-078VM	Oaks, Lee C	33	FCC-CO	NT	39.57
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**Event 18 Men 40-44 50 SC Meter Breaststroke**

1	321E-04VXO	Chatham, Kevin A	42	UN-CO	51.00	43.58
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**Event 18 Men 50-54 50 SC Meter Breaststroke**

1	3217-030PW	Nolte, Chris C	54	INVRN-CO	37.00	38.27
2	3217-030RD	Cattles, Steve	52	BEEG-CO	1:30.00	1:41.57

**Event 18 Men 55-59 50 SC Meter Breaststroke**

1	321P-030UA	Hess, Richard	57	BEEG-CO	36.08	38.22
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**Event 19 Women 18-24 100 SC Meter Freestyle**

1	321C-07G2E	Molello, Teresa A	21	FAST-CO	1:22.91	1:19.06
	38.73	1:19.06				
2	321B-06TUE	Jelley, Sara	24	FAST-CO	1:20.35	1:19.19
	37.41	1:19.19				
3	101T-06SWA	Day, Katie	24	TERR	1:05.00	1:20.30
	37.76	1:20.30				

**Event 19 Women 30-34 100 SC Meter Freestyle**

1	321H-045AB	Linke, Lyndsey M	31	FCC-CO	1:03.00	1:06.90
	32.70	1:06.90				

**Event 19 Women 35-39 100 SC Meter Freestyle**

1	321D-072PK	DeHaven, Kathleen	39	BEEG-CO	1:05.00	1:07.52
	32.88	1:07.52				

**Event 19 Women 40-44 100 SC Meter Freestyle**

1	321R-032PK	Richardson, Kim G	43	FCC-CO	1:08.07	1:12.18
	35.00	1:12.18				
2	321D-07EYG	Smart, Karen	43	FAST-CO	1:39.72	1:20.99
	38.01	1:20.99				

**Event 19 Women 50-54 100 SC Meter Freestyle**

1	321P-07DKU	Hicks, Sandra J	51	FAST-CO	1:30.91	1:23.81
	38.75	1:23.81				

**Event 20 Men 25-29 100 SC Meter Freestyle**

1	321W-077YN	Ayer, Michael	29	BAM	1:11.50	1:11.11
	34.70	1:11.11				

**Event 20 Men 30-34 100 SC Meter Freestyle**

1	3211-074P6	Cain, David P	33	LAFA-CO	1:10.00	1:10.40
	33.17	1:10.40				

**Event 20 Men 40-44 100 SC Meter Freestyle**

1	321W-05XNM	Cruz, Eduardo	42	THRTM-CO	1:11.16	1:10.60
	34.66	1:10.60				

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**Event 20 Men 45-49 100 SC Meter Freestyle**

1	321D-032XN	Owens, James W	45	FCC-CO	1:02.48	1:01.73
	29.37	1:01.73				

**Event 20 Men 50-54 100 SC Meter Freestyle**

1	321A-01N12	Garcia, Doug	50	FAST-CO	1:20.00	1:15.09
	36.09	1:15.09				
2	321V-032YP	O'Keefe, John P	50	BEEG-CO	1:15.00	1:20.63
	39.40	1:20.63				
3	3202-045T4	Kelly, John	50	BEEG-CO	1:25.00	1:24.87
	40.87	1:24.87				

**Event 20 Men 60-64 100 SC Meter Freestyle**

1	3316-05YTN	Miller, Bob C	63	UN-CO	1:17.00	1:20.46
	38.90	1:20.46				

**Event 22 Men 55-59 200 SC Meter Butterfly**

1	321V-032TJ	Heins, Don	57	BEEG-CO	4:20.00	3:59.05
	54.95	1:57.93	3:00.25	3:59.05		

**Event 22 Men 65-69 200 SC Meter Butterfly**

1	321Y-0340M	Molnar, Ronald A	69	FAST-CO	3:30.00	4:04.11
	50.53	1:55.23	3:01.18	4:04.11		

**Event 23 Women 18-24 50 SC Meter Backstroke**

1	3210-076M1	Nolte, Melissa	21	FAST-CO	36.00	35.62

**Event 23 Women 30-34 50 SC Meter Backstroke**

1	321H-045AB	Linke, Lyndsey M	31	FCC-CO	34.00	34.53
2	3215-062E2	Fuller, Lacy	32	FAST-CO	54.27	49.91

**Event 23 Women 50-54 50 SC Meter Backstroke**

1	321P-07DKU	Hicks, Sandra J	51	FAST-CO	45.91	48.81
2	3216-030PV	Nolte, Susan D	50	INVRN-CO	48.00	49.34

**Event 23 Women 70-74 50 SC Meter Backstroke**

1	321R-0309S	Zentgraf, Karen W	70	FAST-CO	1:24.00	57.95

**Event 24 Men 40-44 50 SC Meter Backstroke**

1	321E-04VXO	Chatham, Kevin A	42	UN-CO	41.00	38.30

**Event 24 Men 50-54 50 SC Meter Backstroke**

1	3217-030PW	Nolte, Chris C	54	INVRN-CO	35.00	34.94
2	3202-045T4	Kelly, John	50	BEEG-CO	45.00	44.77
3	3217-030RD	Cattles, Steve	52	BEEG-CO	1:10.00	1:23.30

**Event 24 Men 60-64 50 SC Meter Backstroke**

1	3316-05YTN	Miller, Bob C	63	UN-CO	39.00	47.34

**Event 25 Women 18-24 100 SC Meter Breaststroke**

1	3814-05UHC	Lebsack, Adrienne	22	FAST-CO	1:35.91	1:33.89
	44.40	1:33.89				
2	321B-06TUE	Jolley, Sara	24	FAST-CO	1:48.13	1:39.45
	47.29	1:39.45				

**Event 25 Women 55-59 100 SC Meter Breaststroke**

1	321J-030NT	Rosener, Karen K	57	FCC-CO	1:42.00	1:40.56
	47.61	1:40.56				

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**Results****Event 26 Men 30-34 100 SC Meter Breaststroke**

1	321U-078VM	Oaks, Lee C	33	FCC-CO	NT	1:25.56
	39.97	1:25.56				
2	3211-074P6	Cain, David P	33	LAFA-CO	1:22.00	1:28.50
	43.02	1:28.50				

**Event 26 Men 40-44 100 SC Meter Breaststroke**

1	321W-05XNM	Cruz, Eduardo	42	THRTM-CO	1:29.56	1:32.49
	45.01	1:32.49				

**Event 28 Men 50-54 200 SC Meter Freestyle**

1	321Y-0793R	Buck, Alan R	52	AFAM-CO	3:20.00	2:33.24
	36.13	1:14.75    1:54.83    2:33.24				
2	321A-01N12	Garcia, Doug	50	FAST-CO	3:00.00	2:59.75
	40.30	1:26.74    2:14.52    2:59.75				

**Event 29 Women 18-24 100 SC Meter IM**

1	3210-076M1	Nolte, Melissa	21	FAST-CO	1:30.00	1:19.49
	35.97	1:19.49				
2	3814-05UHC	Lebsack, Adrienne	22	FAST-CO	1:22.91	1:25.81
	38.93	1:25.81				
3	321C-07G2E	Molello, Teresa A	21	FAST-CO	1:31.91	1:34.65
	46.32	1:34.65				

**Event 29 Women 30-34 100 SC Meter IM**

1	321H-045AB	Linke, Lyndsey M	31	FCC-CO	1:15.00	1:15.52
	34.98	1:15.52				
2	3215-062E2	Fuller, Lacy	32	FAST-CO	1:56.60	1:45.19
	52.04	1:45.19				

**Event 29 Women 35-39 100 SC Meter IM**

1	321D-072PK	DeHaven, Kathleen	39	BEEG-CO	1:16.00	1:18.62
	35.61	1:18.62				

**Event 29 Women 50-54 100 SC Meter IM**

1	3216-030PV	Nolte, Susan D	50	INVRN-CO	1:45.00	1:40.63
	49.14	1:40.63				

**Event 29 Women 55-59 100 SC Meter IM**

1	321J-030NT	Rosener, Karen K	57	FCC-CO	1:27.50	1:30.91
	43.85	1:30.91				

**Event 30 Men 30-34 100 SC Meter IM**

1	321U-078VM	Oaks, Lee C	33	FCC-CO	NT	1:17.84
	36.82	1:17.84				
2	3211-074P6	Cain, David P	33	LAFA-CO	1:20.00	1:23.41
	41.93	1:23.41				

**Event 30 Men 40-44 100 SC Meter IM**

1	321E-04VXO	Chatham, Kevin A	42	UN-CO	1:40.00	1:22.50
	37.43	1:22.50				

**Event 30 Men 45-49 100 SC Meter IM**

1	321R-060TA	Barringer, Rob	46	CMS-CO	1:12.01	1:08.15
	31.75	1:08.15				
2	321D-032XN	Owens, James W	45	FCC-CO	1:14.00	1:14.64
	33.65	1:14.64				

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**Event 30 Men 50-54 100 SC Meter IM**

1	3217-030PW	Nolte, Chris C	54	INVRN-CO	1:15.50	1:17.01
	35.58	1:17.01				
2	321V-032YP	O'Keefe, John P	50	BEEG-CO	1:28.00	1:36.01
	47.89	1:36.01				
3	3202-045T4	Kelly, John	50	BEEG-CO	1:35.00	1:36.39
	44.69	1:36.39				

**Event 30 Men 55-59 100 SC Meter IM**

1	321P-030UA	Hess, Richard	57	BEEG-CO	1:11.00	1:14.93
	33.93	1:14.93				

**Event 30 Men 65-69 100 SC Meter IM**

1	321Y-0340M	Molnar, Ronald A	69	FAST-CO	1:40.00	1:34.36
	44.61	1:34.36				