



Greetings!

As pool and open water swimming venues begin to open up around the region, many of us are eager to get back to training. Please, make sure that you learn and adhere to the rules and regulations for your facility. Each location may have different guidelines in place, and those may change from day to day. Take care of yourself and others so that we can soon get back to what makes Masters Swimming such an amazing outlet: socializing with our teammates, swim partners and competitors.

Chatfield Gravel Ponds is one location which has opened for Summer 2020. If you are a registered USMS swimmer, than you can use this resource with a small time commitment to help monitor. See the [COMSA website](#) for information on how to take advantage of this great opportunity.

Heather Melrose
Secretary and Communications Chair

COMSA, Clubs and Workout Groups

COMSA is one of 52 official USMS Local Masters Swimming Committees (LMSC). It is a governing body overseeing Masters swimming in Colorado and Wyoming. Members of COMSA belong to one of twelve clubs:

UC32, Air Force Aquatic Masters (AFAM), Air Force Wounded Warriors (AFW2), Boulder Nadadores (BN), Brighton Masters (BRGH), Chatfield Gravel Pond Swimmers (CGPS), Colorado Masters Swimming (CMS), Lakewood Dawgs (DAWGS), JD Aquatic Masters (JDAM), Life Time Swim Colorado (LTCO), Club OTC! (OTC), Wyoming Kokanees (WK), and Wyoming Masters Swim Club (WMSC)

Under those 12 clubs are 31 workout groups, many of those falling under CMS. Note: COMSA is not CMS. CMS is merely one of the clubs represented by your governing board. When you participate at a local meet, you often times will swim for your workout group. If you compete at a National swim meet then you are swimming for the club with which you are registered through USMS. Relay teams follow this format as well. National meets do not recognize workout groups, only club designation.

Seeking a New Vice Chair

Long time volunteer, Terry Heggy, has moved on to drier pastures, down to Arizona. He will be dearly missed on the Board, but he has assured us that he will be back with his new team to compete in Colorado. We are looking for a new Vice Chair. Historically, this person has much to do with the annual State meet. With the cancelation of the State Meet in 2020, many of the action items will be rolled over to 2021. Terry has generously offered to apprentice the incoming Vice Chair, and the rest of the Board is here to help as well. It would be wonderful to get a member of one of our underrepresented 12 clubs to join the Board and help have a say in the location of future meets. If you are interested in getting more information about this opportunity to join a great group of enthusiastic volunteers, please contact [Chris Nolte](#)

Other Volunteer Opportunities

We are also looking to fill vacancies for Fitness, Coaches, Safety and Open Water. If swimming is your passion, please consider sharing your talents with our wonderful COMSA community. All of these appointed positions can be performed remotely. Any of these positions would be a wonderful opportunity for some of our active members at the far-flung reaches of our region to have a chance to be more active in our leadership. Please contact [Chris Nolte](#) for further

information.

It's Official!

SCY Top Ten is still taking place for 2020. Your short course yards swims from June 1, 2019 to when this whole pandemic started will count in tabulating SCY Top Ten for 2020. That's great news for you go getters that participated in the five meets we had in January and March (or meets in other regions)!

Swimming Links

USMS

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