



Greetings!

Registration is open for the COMSA State Meet! We hope you will bring your teammates, coaches and friends to the COMSA State Meet! The BeeGees will be hosting the post-meet social - you don't want to miss it!

COMSA is also looking for volunteers for the State Meet coming up March 25-27, 2022! COMSA is offering financial incentives to teams for providing volunteers! See more details below.

Coaches, we will be in contact about supplying timers for the meet.

Katie Glenn
COMSA Secretary

Upcoming Events

Colorado Springs Masters Invitational

- March 5, Warm-up 12:00 pm, Meet begins at 12:30 pm
- Pikes Peak Athletics Training Center, 602 Elkton Dr., Colorado Springs, CO
- [Click here to register](#)
- *Registration closes March 3rd*

Colorado State Meet

- March 25-27 (Registration deadline March 20)
- COMSA Annual Meeting will be held during the meet on Saturday, March 26
- Veterans Memorial Aquatic Center (VMAC), Thornton, CO
- [Click here to register](#)
- Registration closes March 20th

For a listing of events around the country, you can always check out USMS's [Calendar of Events](#).

Volunteer at the COMSA State Meet & Earn Money for Your Team!

"Those who give of themselves, in time and energy for the benefit of many, receive the greatest rewards!"

COMSA is looking for volunteers to serve as timers and runners at the COMSA State Meet March 25-27 at VMAC. Our goal is to have 2 timers for each of 10 lanes per session. Timers and runners will be given free hospitality, food and refreshments.

Teams will be assigned lanes based on entries for the State Meet and we ask that teams be prepared to provide timers for each lane and session. Teams and/or coaches are welcome to schedule their timers as necessary to cover each session assigned. A master schedule of team timer lane assignments and responsibilities will be set out in the March 22nd email with the psych sheets.

Teams who provide timers will be compensated after conclusion of the State Meet.

For questions regarding volunteers, contact [Andrew LeVasseur](#).

Jack Buchanan Service Award Nominations Open

Nominations are open for COMSA's annual **Jack Buchanan Service Award**, which awards one male and one female who made major contributions to Masters swimming.

Please send your nominations to our Awards Chair [Hanna Nelson](#). We are accepting nominations until the beginning of the State Meet on March 25th.

Lou Parker Coach of the Year Nominations Open

2021 continued to be a challenging year for our coaches as many teams experienced drops in membership, facility closures, and interruptions to our typical schedule of in-person competitions. Despite these challenges, COMSA masters coaches still managed to find ways to encourage their swimmers, doing more than what was expected of them.

Do you have a coach that went above and beyond in 2021? Please consider recognizing their efforts by nominating your coach for the **Lou Parker Coach of the Year Award**. Please send your nominations to our Awards Chair [Hanna Nelson](#). We are accepting nominations until the beginning of the State Meet on March 25th.

COMSA Board Position Openings

COMSA is looking for a few good people to volunteer with the COMSA Executive Committee:

- Chair
- Vice Chair
- Delegate-at-Large

This is a great time to give back to your sport of masters swimming!

COMSA will conduct elections for these positions at the Annual Meeting at the State Meet, Saturday, March 26th. [Link to description of positions](#) Anyone who is interested in serving on the COMSA Board, please contact [Chris Nolte](#).

Is Your Team Ready to Host a Meet?

COMSA will pay for your sanction fees and help finance additional costs. If you need help setting up a meet, the COMSA Board is here for you! For help with sanctions, contact [Richard Hess](#). For help with ClubAssistant, contact [Andrew LeVasseur](#). For help with a grant to pay for costs, contact [Susan Nolte](#). Need help with officials, contact [Pete Schwenker](#).

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