Mastersplash



In This Issue

Featured Swimmer Briana Willey

State Meet Recap

Realy All AMericans

BAM Open Water Schedule

Mastering Masters

Planning Ahead

2014 USMS/COMSA Registration

Did You Know..??

Local and National Swimming Links

Whats Happening at USMS

Quick Links

Register Now

Clubs and Workout Groups

More About Us

Upcoming Events

Sundays March 23-April 27

April 2014

Congratulations Thornton Masters! Thornton placed first this past weekend in the COMSA State Championship Meet! They were followed by DU and Bee Gees for second and third places. Well done to all swimmers and teams participating!!

Congratulations, as well to Stacy Broncucia and Pat Burke for receiving the Jack Buchannan Service Awards and to Voni Oerman from Greenwood Athletic Club for receiving the Coach of the Year Award! Thank you all for your time and service!

Nationals:

Going to Nationals as a CMS swimmer and want to be in a relay? Email <u>Ellen Campbell</u> with your Name, age, 50 split times of events you swim, request for relay partners and days of availability for relays. CMS Tee shirts will be available for purchase. An email with ordering information will be sent to those registered for nationals.

Worlds

At this time there is no relay coordinator for Worlds. If you are going and want to coordinate relays, contact me and Ill include your contact info in the next email.

Thanks and have fun swimming!! Heide Crino

Featured Swimmer - Briana Willey Submitted By Alphonso Ramirez- Bee Gees

Stroke of luck: swimmer finds family in Broomfield pool - By Megan Quinn Enterprise Staff Writer

Mastering Masters Mastering Masters Spring 2014 Flyer

May 1-4, 2014
USMS Nationwide
Spring National
Championships
Santa Clara CA
meet info and
registration-closed

June 7-8, 2014
Rocky Mountain
Senior Games
Swim Meet
Greeley Recreation
Center
meet info and
registration

June 7, 2014
11th Annual
SWM Masters
Lowery Pool
meet info and
registration

July 27-Aug.10, 2014 Fina World Masters Championships Montreal, Canada meet info

August 13-17, 2014

2014 Marriott U.S.
Masters Swimming
Summer National
Championship
University of
Maryland Rec
Center Natatorium
meet info soon

More Information

Ongoing Events

Butterfly is Not a Crime Postal Swim



SPEEDSTER IN THE WATER: Briana Willey practices with Bee Gees Masters Swim Team at the Broomfield Community Center in July. Willey joined the Bee Gees about a year ago and has competed in a number of state competitions, finishing in the top 10 each time. (Greg Lindstrom / Longmont Times-Call)

Each time members of the Bee Gees Master Swim team dive into the pool, they're building a tight-knit community - and for swimmer Briana Willey, the Broomfield swim team is an especially important second family. Willey isn't just another athlete looking to score a medal or major accolades. As an adult with special needs, she is glad to finally be part of a team that accepts her for who she is: A pretty awesome swimmer. Willey, who has special needs including an intellectual disability and sight problems that prevent her from driving or playing sports with balls, began swimming at Standley Lake High School. She kept up with the other girls on her team, but felt alienated and isolated View Full Story.



COAXING THE COACH: Briana Willey tries to coax her coach, Chad White, Into the pool during practice with Bee Gees Master Swim Team in July. (Greg Lindstrom / Longmont Times-Call)

State Meet Recap

Contact



Thank you to everyone who made the trek over to Grand Junction, some through the snow, for the Colorado Masters Swimming Championships!

The meet ran well thanks to all of those who helped organize and take care of business while at the meet, the CMU staff and Grand Junction Chamber of Commerce but mostly because of the swimmers in attendance. Lots of smiles, great attitudes and outstanding swimming!! Thanks for finding the adventure in a different location and embracing it!! Thanks to our sponsors: Prost Brewery, Swim Labs and the Grand Junction Chamber of Commerce for their contributions.

And lastly, a special shout out to Rodger for making EVERYONE at the meet smile!



Our new team mascot...Rodger!

See more photos, videos and post your photos to the COMSA facebook page.

Upcoming social events that include planning for next year's State Meet will be posted on the site as well. Keep checking for details and join in the fun and planning process for next year.

Relay All Americans 2013

Congratulations to the following swimmers. They swam on one or more relays, which were the fastest relay in their event/age group in 2013 and have earned Relay All American honors!

CMS RELAY ALL AMERICANS

Richard Abrahams

Thom Burgess

Ellen A Campbell

Kim Crouch

Kevin J Doherty

Matthew Eisenhuth

Kathy L Garnier

C Hashimoto

Russell L Marsh

Rob Nasser

Chris O'Sullivan

Jane G Oberg

Frank T Orten

Thomas J Rosinski

Paul Sheldon

Kathleen Steffe

Suzy C Tatnall

If swimmers would like to purchase a Relay All American certificate and patch open link below

2013 Relay AA Request Form

Complete list of Relay All Americans

BAM Open Water Schedule 2014

BAM Open Water Swims - 2014 season

BAM offers a variety of open water swims at the Boulder Reservoir throughout the summer. These open water swims are hosted by Boulder Aquatic Masters and are open to the public. These swims are great for open water enthusiasts, triathletes, and anyone preparing for the 2014 Ironman Triathlon Series. There are two types of events:

OPEN WATER SWIMS

Overview:

Our open water swims are a great way to start your day. The course is between 1000 and 1500 meters long and marked with buoys. Lifeguards are positioned along the course to offer rest and encouragement. You may swim anytime during the open period. Swim at your own pace, as much or as little as you want. Coaches are on site to offer assistance to newer swimmers and offer open water tips.

Date & Time:

Every Tuesday and Thursday starting May 27th through September 4th. From 6:10 am to 7:40 am (you can swim anytime during that time frame) Plus Saturday, June 28 and July 26 from 7:00 am to 8:15 am.

Fees:

Single Session Drop in: \$15

Punch Pass: \$55 for 5 swims (can be shared among 2 people)

Summer Pass: \$245 BAM members: FREE

BAM BARE BONES RACES

Overview:

The BAM Bare Bones Open Water Series take place at the Boulder Reservoir. These non-sanctioned events offer a race format in a relaxed friendly environment. Perfect for beginner or seasoned triathletes and people who want to try an open water race. A predefined course is marked using standard race buoys. Lifeguards are positioned throughout the course to assist swimmers.

Date/Time: Sunday, June 22nd & July 20th - 8:30 am

Distance: 0.5 miles, 1 mile, 2 miles

Mastering Masters-- Sundays March 23-April 27

Now enrolling Spring 2014 Mastering Masters Classes.

Sundays March 23- April 27th , 2014 11:00 am-12:15pm

Raintree Athletic Club 2555 S. Shields St. Ft. Collins, CO 80526 970-490-1300

Coach Nick Anziano
Mastering Masters Spring 2014 Flyer

Planning Ahead:

Rocky Mountain Senior Games Swim Meet Greeley Recreation Center June 7-8, 2014

FINA World Championships Montreal Canada July 27 -August 10, 2014

USMS Summer Nationals will be held in College Park, Maryland August 13-17, 2014

2014 USMS/COMSA Registration Open Now

Registration in United States Masters Swimming and the Colorado Masters Swimming Association is based upon a calendar year (not from the time you register). Registration fees are \$40 (January 1-December 31). The registration period for each calendar year starts on November 1, with memberships expiring on December 31 of the following year (14 months). Your membership in USMS/COMSA includes:

- SWIMMER magazine, the official publication of United States Masters Swimming. Content is directly related to all areas of swimming for adults.
- The Master Splash newsletter, the official publication of COMSA, announces local swimming related events.
- Secondary insurance coverage, which covers all workouts and events where all
 participants are USMS registered.
- Opportunity to participate in local, national and international competitions as well as open water swims, and clinics.

All swimmers must register with one of the three Colorado Masters Swimming Association registered clubs or as unattatched. Selecting the correct club is critical if you plan to swim individual or relay events in USMS sanctioned meets. For a detailed explanation and link to register, http://www.comsa.org/joining/join-online.html

Did You Know...?

CLUB INSURANCE CERTIFICATES

At the 2013 USMS annual convention it was announced that we will be working with a

new insurance broker (no longer Risk Management Services, Inc.). The broker has been working on securing our insurance coverage for 2014 and our coverage is now in place.

Some clubs swim at facilities that require them to present a certificate of insurance. The USMS national office will be assuming the responsibility of issuing these certificates of insurance for 2014.

We are working on a web form where you will be able to request a certificate. It's not quite ready so for now if you need one please follow the instructions in the following link (I will send out the link for the web form once it's up and running):

http://www.usms.org/admin/lmschb/gto ins online certificate.pdf

Please note the following:

- -- Certificates will be issued by either myself or by Tracy Grilli. It's no longer a fullyautomated process as it was before. Please do not wait until the last minute (such as the Saturday of your swim meet!) to request a certificate if your facility has requested one.
- -- Please do not contact our previous broker, Risk Management Services, with questions. Direct all insurance questions to Anna Lea Matysek or Tracy Grilli in the USMS national office.
- -- Our policy year will be changing to an October 1--September 30 timeframe. For 2014, our current policy is in effect from January 1 through September 30. We will re-issue new certificates on October 1 when the policy is renewed.

Your Membership Team, Anna Lea Matysek (Membership@usms.org) 941-556-6279 Tracy Grilli (usms@usms.org) 941-556-6282

Local and National Swimming Links

http://usopenwaterswimming.org/

Breadbasket Zone

http://www.iowamasters.org/

http://www.minnesotamasters.com/

http://www.movymasters.org/

http://www.nebraskamastersswimming.com/

http://www.ozarklmsc.org/

What's Happening at U.S.M.S.

As members of COMSA, you are also members of U. S. Masters Swimming. Check that website for information on Fitness Events, Coaching tips, Competitions nation wide, and many other areas of interest to swimmers everywhere <u>U. S. Masters Swimming</u>