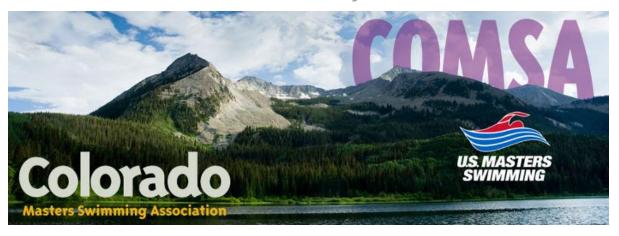
Mastersplash



In This Issue

3000 &6000 yd Speedo USMS National e postal Championships

2016 USMS and COMSA registration

2016 COMSA Short Course Championships

CMS Apparel

Local and National Swimming Links

Whats Happening at USMS

Quick Links

Register Now

Clubs and Workout Groups

More About Us

UPCOMING EVENTS

November 15, 2015 (7:00 am start)

2015 3000 & 6000 yd. Speedo USMS

NOVEMBER 2015

Greetings,

USMS and COMSA registration for 2016 has opened. See the link below to renew your membership today!

The Nash Splash entries are due **11:59 pm November 13th.** Meet held Sat. November 14th.

There is still time to participate in the 3000 & 6000 yd Speedo USMS National e-postal Championship this weekend, November 15. email Nicole Vanderpoel to reserve your spot!

Share your photos or swim stories with COMSA... COMSA newsletter email

3000 & 6000 yd Speedo USMS National e postal championships.

This Sunday November 15th

2015 3000 & 6000 yd. Speedo USMS National ePostal Championships

Northridge Rec Center Highlands Ranch, CO

Participants must e-mail <u>nicolevanderpoel@msn.com</u> to reserve lane on which date and distance. You need to bring a counter/verifyer. Stop watches, clipboards and split sheets provided.

additional details

2016 USMS Registration is open now

Registration in United States Masters Swimming and the Colorado Masters Swimming Association is based upon a calendar year (not from the time you register). Registration fees are \$50 (January 1-December 31). The registration period for each calendar year starts on November 1, with memberships expiring on December 31 of the following year (14 months). Your membership in USMS/COMSA includes:

 SWIMMER magazine, the official publication of United States Masters Swimming. Content is directly related to all areas of swimming for National ePostal Championships

Northridge Rec Center Highlands Ranch, CO adults.

- The Master Splash newsletter, the official publication of COMSA, announces local swimming related events.
- Secondary insurance coverage, which covers all workouts and events where all participants are USMS registered.
- Opportunity to participate in local, national and international competitions as well as open water swims, and clinics.

Register now for your 2016 year membership!

More details related to registration can be found on the COMSA website COMSA.org

November 8, 2015

(Breaststroke)
Denver
Masters Swim

Clinic 3-5pm \$40

register here

2016 COMSA Short Course Championships April 1-3, 2016 Join the Fun!

April 1-3, 2016

2016 COMSA Masters Short Course Championships

VMAC (Veterans Memorial Aquatic Center)

Thornton

If you are interested in volunteering/assisting with this meet, please contact Stacy Broncucia_

Nov 14, 2015

9th Annual "Nash Splash" Memorial Meet (Sanctioned meet) VMAC Specific areas of need are:

Coordinator for timers on Friday State social Food for officials.

Check in and T-shirt hand out.

Thank you!

December 12, 2015

meet info

Denver Athletic Club Winter Championship Denver Athletic Club meet info and registration

CMS Apparel

Colorado Masters apparel is now available through the Swim Team Store website. Long and short sleeve tee shirts and hoodies are available in black or white. Shorts and swim suits are in black only. Colors are all shown in black, the white choice is available once item is clicked on. All items have the Colorado Masters Swimming logo from this year as seen above. Purchase your apparel now and have items shipped directly to you.



January 23, 2016 Colorado

Swimming Hall of Fame Pentathlon George Washington High School meet info and

D || | | | | | |

Breadbasket Zone http://www.iowamasters.org/

http://www.minnesotamasters.com/ http://www.movymasters.org/

http://usopenwaterswimming.org/

http://www.nebraskamastersswimming.com/

Local and National Swimming Links

http://www.ozarklmsc.org/

SAVE THE DATE April1-3, 2016

registration

COMSA SCY Championships VMAC http://www.thelifeguardstore.com/lgsteams/productcart/pc/viewCategories.asp?idCategory=2980&idAffiliate=677

username: colorado password: masters

Thornton, Co

What's Happening at U.S.M.S.

ONGOING EVENTS

As members of COMSA, you are also members of U. S. Masters Swimming. Check that website for information on Fitness Events, Coaching tips, Competitions nation wide, and many other areas of interest to swimmers everywhere U. S. Masters Swimming

COMSA Registration registration link

2015 Check Off Challenge info and registration

2015 Go The Distance Enter Go the Distance

More Information

Contact