

#### Greetings!

Way to go CMS!! With 1728 points, 80 CMS swimmers claimed the top spot among 21 Regional Clubs at the 2022 USMS Spring Nationals held in San Antonio April 28th to May 1st! The best finish for CMS in 10 years! Congratulations! Thank you to Andrew Le Vasseur who served as coach and manager for CMS, organizing 47 relays! Over 1850 swimmers and 400+ officials and volunteers made the meet a success! Congratulations to COMSA swimmers Rich Abrahams and Katie Glenn who broke 3 USMS National Records! Results can be found <a href="here">here</a>.

Katie Glenn COMSA Secretary

### Upcoming Events

### Pikes Peak Athletics Open Water Series

- Join PPA for the 2022 Open Water Series where you will hone your open water skills, mentally and physically, under the guidance of PPA's skilled and experienced coaches.
- The open water series will be geared toward swimmers training for open water races or who just wish to have a thorough introduction to open water.
- OPEN WATER CLINIC #2: Sunday, May 15 | 12:30pm-2:30pm at PPATC
- OPEN WATER CLINIC #3: Sunday, June 5 | 12:30pm-2:30pm at PPATC
- NUTRITIONAL CLINIC Sunday, June 5 | 11am-12pm at PPATC
- OPEN WATER TRAINING #1: Saturday, June 25 | 9am-11am, TBD
- OPEN WATER TRAINING #2: Saturday, July 9 | 9am-11am, TBD
- OPEN WATER TRAINING #3: Saturday, July 23 | 9am-11am, TBD
- Click here for more information on pricing and availability

For a listing of events around the country, you can always check out USMS's Calendar of Events.

# CHATFIELD GRAVEL POND SWIMMERS IS ORGANIZING GROUP SWIMMING AT THE GRAVEL POND THIS SUMMER!

Planned swim times are between Memorial Day and Labor Day. The group will swim Saturdays from 7:30am to 10:00am and may have more times if there is interest.

We will be posting swim times and volunteer signups once we have received our permit.

Information will be posted on the Chatfield Gravel Pond Swimmers <u>Facebook page</u> and the COMSA <u>open water page</u>.

All USMS members are welcome. Come join the Chatfield Gravel Pond Swimmers this summer!





- June 1-30
- Open to any USMS member who wants to complete this fun challenge!
- February 1 May 15: \$10
- May 16 June 31: \$12
- Click here for more information

### **COMSA Elected Officers & Open Positions**

COMSA is looking for a few good people to volunteer with the COMSA Executive Committee:

Chair Vice Chair Representative-at-Large

This is a great time to give back to your sport of masters swimming!

Link to description of positions

Anyone who is interested in serving on the COMSA Board, please contactChris Nolte.

## Is Your Team Ready to Host a Meet or Open Water Event?

COMSA will pay for your sanction fees and help finance additional costs. If you need help setting up a meet, the COMSA Board is here for you! For help with sanctions, contact Richard Hess. For help with ClubAssistant, contact Andrew LeVasseur. For help with a grant to pay for costs, contact Susan Nolte. Need help with officials, contact Pete Schwenker.

Visit our Website

