

**2012 COMSA**  
**Short Course Swimming Championships**  
**March 23–25, 2012**

USMS Sanction: 32-12-03-S

COMSA and the Veterans Memorial Aquatic Center (VMAC) invite you to the 2012 COMSA Masters Short Course Swimming Championships. The pool is 25 yards by 50 meters, and will be set up with 10 short course yards competition lanes. A Colorado Electronic Timing System with backup timing and scoreboard readout will be used. Bleacher seating is available for up to 850 people, with additional on-deck seating available. We recommend bringing your own chairs if you plan to make use of on-deck seating.

**Eligibility**

This is a USMS sanctioned meet. Swimmers must be at least 18 years of age on the day they swim. A valid 2012 United States Masters Swimming (USMS) membership is required to compete, and must be furnished with the entry. Online USMS registration is available at <http://www.comsa.org/joining/join-online.html>. Contact the COMSA registrar at [marcia.anziano@gmail.com](mailto:marcia.anziano@gmail.com) with questions.

**Rules**

All 2012 USMS Rules apply, including a NO FALSE START RULE, and whistle alerts announcing the start of each race. No paddles, kick boards or pull buoys are allowed during warm-ups.

**Entries and Fees**

\$12 surcharge per swimmer

\$4 per individual event (max of 5 events per day)

\$25 late fee (if received after entry deadline)

**No charge for relays**

Fees must accompany Registration Form and Consolidated Entry Form, and must be paid in U.S. Dollars by credit card, check or money order.

**Preferred method for receiving entries is online at [www.comsa.org](http://www.comsa.org)**

If paying with check, make check payable to: COMSA

**Deadlines**

Online entries are preferable and are due by **Monday, March 19 at midnight**. Paper Entry Forms & Fees are DUE IN HAND **Monday, March 12, 2012, at 5 p.m.** Late paper entries will be accepted after the entry deadline until **Monday, March 19 at Noon**, and must include a **\$25** late fee. LATE ENTRIES THAT DO NOT INCLUDE THE LATE FEE WILL BE REJECTED. Late entries being charged to a credit card will have the late fee automatically applied. Late entrants will be eligible for individual placing and points earned, but are not guaranteed a participation award.

**Preferred method for receiving entries is online at [www.comsa.org](http://www.comsa.org)**

**If not registering online, mail or deliver entries to:**

Brian Hoyt  
COMSA State Meet Entry  
2366 E. 125th Ct.  
Thornton, CO. 80241

**No entry verification will be made via telephone.**

**Event Seeding**

All events on Saturday and Sunday will be seeded slow to fast. Friday's events will be seeded fast to slow. **"No Time" entries will not be accepted.** All events are timed finals, one swimmer per lane. Men and Women may be combined in events of 200 yards or longer at the discretion of the meet director. Deck seeding is strictly at the discretion of the meet director.

**Meet Check-in and Positive Check-in**

All athletes must check-in upon arrival on their first day of competition. At check-in, athletes receive their T-Shirt and participation award. Each athlete need only check-in to the meet once, on their first day of competition.

**ADDITIONALLY**, participants in the 1650 Free, 1000 Free, 500 Free, and 400 IM must positively check-in for those events, separately from the meet check-in process. There will be clearly marked, separate areas for meet check-in and positive check-in. Deadlines for positive check-in are as follows:

Friday's Events:

1000 Free Positive Check-In closes at 12:30 p.m.

1650 Free Positive Check-In closes at 2:30 p.m.

Saturday & Sunday:

Positive Check-In for the 400 IM and 500 Free closes at 8:00 a.m.

***Lane assignments may be changed at any time, at the meet director's discretion.***

### **Age Groups and Relays**

Age for the meet is determined as of March 23, 2012.

**Individual Events:** 18-24, 25-29, 30-34, 35-39, ... 100+

Relay Events: 18+, 25+, 35+, 45+, etc. 10-year increments as high as necessary determined by age of youngest relay member.

Relay cards will be available on deck, and will be accepted each day according to deadlines announced at the meet. All relay members must be USMS members and be individually registered for the meet (\$12 fee for relay-only swimmers).

### **Scoring**

Swimmers may enter up to 5 individual events per day; 12 maximum for the meet, plus relays. If more than 5 events are entered on any day, the meet host reserves the right to eliminate any of the additional events over 5.

Individual Events: 11-9-8-7-6-5-4-3-2-1

Relay Events: 22-18-16-14-12-10-8-6-4-2

Team Awards: Scored by total point counts, Men and Women combined. A swimmers points go to the team specified during their State registration. Swimmers will not be allowed to change teams after registration has closed. Top six point-scores will be awarded. In order for relay points to count towards team awards, all swimmers on a relay must be registered for the meet under the same team.

### **Participation Awards/T-Shirts**

Each swimmer receives a participation award. To guarantee that you receive a meet T-Shirt (available for purchase); you must pre-order and indicate your size on the entry form. A limited number of extra T-shirts may be available at the meet. Late entrants are not guaranteed a participation award and may not receive a T-Shirt.

### **Heat Sheets and Results**

Heat sheets will be posted online and in several locations around the pool deck. Results will be available on the COMSA website at [www.comsa.org](http://www.comsa.org).

### **Brute Squad Award**

The elite group of aquatic wonders who complete the 200 Fly, 400 IM, and 1650 Free will be presented a T-shirt during a break before the 800 Free Relay on Sunday.

### **Sprint Squad Award**

The elite group of speedsters who manage to complete the 50 Free, 50 Fly, 50 Back, 50 Breast, and 100 IM will be presented a T-shirt during a break before the final Relay on Sunday.

### **The Jack Buchannan Award**

This award is presented during the opening ceremony on Saturday to the male and female swimmer who has made major contributions to Masters Swimming. Nomination forms are available at [www.comsa.org](http://www.comsa.org)

### **The Lou Parker Award**

This award is presented during the opening ceremony on Saturday to the outstanding COMSA Coach of the Year. Recipients must be current USMS members. Nomination forms are available at [www.comsa.org](http://www.comsa.org)

### **Individual Awards**

The top 10 swimmers in each individual event will receive a ribbon. No awards for relays.

An individual high-point award will be given to the highest scoring swimmer, male and female, in each age group.

### **Entry Confirmations**

Psych sheets will be posted at [www.comsa.org](http://www.comsa.org) 2-3 days before the first day of the meet. Contact the meet host with corrections to errors found on the psych sheet. Entry confirmation can be provided by mail if a self-addressed, stamped envelope is included with

the entry. We cannot verify entries by phone or e-mail, nor can we guarantee notification if your entry is rejected. COMSA is not responsible for entries we do not receive. Entries may be rejected for failure to complete the entry form, failure to provide proof of current USMS membership, failure to include fees and late receipt.

# 2012 COMSA Masters Short Course Championships - Registration Form

Last Name \_\_\_\_\_ Email: \_\_\_\_\_

First Name \_\_\_\_\_ Phone ( \_\_\_\_ ) \_\_\_\_ - \_\_\_\_\_

Free Squad T-Shirts – Sprint Squad (Must complete all Sprint Squad events)

Select size: S – M – L – XL – XXL - XXXL Brute Squad (Must complete all Brute Squad events)

**Meet Entry Checklist (Be sure to include EACH item; entries will be rejected if incomplete)**

**Easiest/Preferred method: Enter online at [www.comsa.org](http://www.comsa.org)**

Signed Consolidated Entry Form (<http://www.comsa.org/forms/ConsEntry.pdf>)

Signed Meet Registration Form (this page)

Check or Credit card for payment (check made out to COMSA)

Copy of Valid 2012 USMS Membership Card (Register Online @ <http://www.comsa.org/joining/index.html>)

### Meet Schedule

**Friday, March 23, 2012**

**Noon Warm-Up/1p.m. Meet Start**

**Event# (seeded fast to slow)**

- 1 1000 Freestyle (mixed)
- 2 1650 Freestyle (mixed)

**Saturday, March 24, 2012**

**7:30 a.m. Warm-Up/8:30 a.m. Annual COMSA meeting**

**Opening ceremonies/8:45 a.m. Meet Start**

**WOMEN**

- 3 400 IM
- 5 30 Min Break/Warm-up
- 7 200 Medley relay
- 9 200 Free
- 11 100 IM
- 13 50 Breast
- 15 400 Relays\*
- 17 (Or 10 minute break)
- 19 100 Fly
- 21 200 Breast
- 23 50 Free
- 25 100 Back
- 27 200 Mixed Free Relay

**MEN**

- 4
- 6
- 8
- 10
- 12
- 14
- 16
- 18
- 20
- 22
- 24

**Sunday, March 25, 2012**

**7:30 a.m. Warm-Up/8:30 a.m. Start**

**WOMEN**

- 25 500 Free
- 27 30 Min Break/Warm-up
- 29 200 Mixed Medley Relay
- 31 50 Back
- 33 200 Fly
- 35 100 Free
- 37 200 IM
- 39 800 Relays\*
- 41 (or 10 minute break)
- 43 50 Fly
- 45 200 Back
- 47 100 Breast
- 49 200 Free Relay

**MEN**

- 26
- 28
- 30
- 32
- 34
- 36
- 38
- 40
- 42
- 44
- 46

**\*Longer Relays:** These relays are swum Women, Men and Mixed together. A swimmer may swim only one relay in each event. **These relays do not count toward team points.**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE UNIVERSITY OF DENVER, UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

Signing waiver is payment authorization for entrants paying by credit card.

**Credit Card Payment** Visa MasterCard Amex Discover

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration Date \_\_\_\_ / \_\_\_\_

Name on Card: \_\_\_\_\_

**Fees (Limit of 5 ind. events per day; 12 maximum + relays):**

\$12 Surcharge / Swimmer \$12

\$ 4 per Individual Event # \_\_\_\_ \$ \_\_\_\_

\$25 late fee \$ \_\_\_\_

\$15 Meet T-Shirt (select

**size: S – M – L – XL – XXL - XXXL)** \$ \_\_\_\_

**Check is payable to COMSA** **Total \$** \_\_\_\_\_