

**2017 Denver Masters Long Course Meters
Invitational Swimming Meet**
Hosted by Denver Masters at Denver University
Denver, Colorado

Saturday, July 1, 2017
Warm up 1:00-2:00pm
Meet from 2:00-6:00pm

USMS Sanction: 327-S005

Denver Masters Swim Team invite you to the 2017 Denver Masters LCM Invitational swimming meet, to be held at El Pomar Natatorium in the Ritchie Center of the University of Denver in Denver, Colorado, which is located at 2201 East Asbury Avenue, Denver, CO 80210. The pool is 25 yards by 50 meters, and will be set up with 6, 50 meter long course competition lanes and two LCM lanes for warm up and cool down. A Colorado Electronic Timing System with backup timing and scoreboard readout will be used. On-deck seating space will be available. We recommend bringing your own chairs if you plan to make use of on-deck seating areas.

SANCTION: Sanctioned by COMSA (Colorado Masters Swimming Association) for USMS, Inc. (United States Masters Swimming, Inc) Sanction Number:

TIMING: Electronic timing will be used for all events, with back-up pickles and hand-timing.

ELIGIBILITY: Only Masters Swimmers with 2017 USMS Registration or foreign equivalent may participate. Online USMS registration is available at <http://www.comsa.org/joining/join-online.html>. Contact the COMSA registrar at marcia.anziano@gmail.com with questions.

RULES: Current USMS Rules govern the competition, including a *NO FALSE START RULE*, and whistle alerts announcing the start of each race. Age on 12/31/2017 determines competition age. Seeding will be done from slow to fast by time. Men and women will be seeded separately, and event results will be separated. Be sure to enter long-course 50-meter times on your registration. All events are timed finals. No paddles, kick boards, or pull buoys are allowed during warm-ups. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.

NUMBER OF ENTRIES: Entries are limited to 5 events plus 2 relays.

All entries are to be submitted online, except for on deck entries allowed the day of the meet until 1:30 p.m. To register, go to [\(Insert link here\)](#) and follow the prompts. You will need your Master's membership number for online entry.

A heat sheet and meet program will be available on the day of the meet.

SCORING: Individual events will be scored (by gender and age group) from 1st to 6th place as follows: 7-5-4-3-2-1 points. Relay events will be scored (by category and age group) from 1st to 6th place as follows: 14-10-8-6-4-2 points.

TEAM RELAYS: Relay entries are due by 2:00pm on July 1. Relays may be composed of 4 men (all men), 4 women (all women), or 2 men and 2 women (mixed), and will be scored in those categories. To be officially scored and recorded, all 4 swimmers on a relay must belong to the same club. Swimmers may only swim one medley relay and one freestyle relay. Four swimmers from separate CMS Workout Groups may swim on the same relay as an officially-scored competitive Club; that relay will be listed as swimming for "Colorado Masters Swimming." Relay forms will be available on deck, and need to be turned in by 2:00pm on July 1 at the pool.

RELAY AGE GROUPS: Relays will be run together according to seed time, but will be scored according to the cumulative age of the four relay members (Relay age groups are: 72-99, 100-119, 120-159, 160-199, 200-239,

240-279, 280-319, 320-359, and 360-399.) Any swimmer who is only participating in a relay must still register for the meet, pay the \$15.00 surcharge and sign the Liability Release, and have a current USMS registration or foreign equivalent.

EXHIBITION RELAYS: For foreign, unattached swimmers, or swimmers with insufficient teammates to form a relay, separate exhibition relays may be arranged. These swimmers will participate in relays, but those relays will not be officially scored or reported. Participants in exhibition relays will need to register for the meet, sign-up and turn in their relay cards in by 2:00pm on July 16th at the pool.

LONG DISTANCE EVENTS: The 1500, 800, 400 Free/400 IM events require advance check-in. Swimmers need to check in on July 1th at the pool according to the following schedule: 1,500 Free (1:00pm), 400 IM (2:00pm), 400 Free (3:00pm) and the 800 free (4:00pm) There will be clearly marked, separate areas for meet check-in and positive check-in.

Distance swimmers must provide their own counters. Lap cards will be available. (Distance events have limited entries two heats, 6 women, 6 men)

RESULTS: Results will be posted by the Meet Director at the swim meet as soon as possible after each event. We will use Swim Phone to provide results to your electronic device. Final results will be posted on the COMSA.org website.

AWARDS: No awards will be presented

PARTICIPATION BAG: All entered swimmers will receive some USMS merchandise!

DEADLINES:

Recommended: Early online registration closes on 6/26/2017

Final online registration closes at 11:59pm Mountain time on 6/29/2017

REGISTRATION: Online entry can be found at, Click on the registration button and follow the prompts. On deck entry requires proof of current USMS registration via your registration card.

ENTRY CONFIRMATIONS: Your on-line entries will provide you with email verification of your entries.

MEET SCHEDULE Saturday July 1, 2017

Warm Up:	1:00-2:00pm
Estimated end of competition:	6:00pm

ORDER OF EVENTS:

(First numbers are female, second numbers are male, mixed relays have only one number) (Distance events have limited entries two heats, 6 women, 6 men)

F/M

1/2 1,500 Free (two heats, 6 women, 6 men)

3/4 200 Medley Relay

5/6 50 Free

7/8 100 Breast

9/10 200 Back

11/12 100 Fly

13/14 50 Back

15/16 400 IM (two heats, 6 women, 6 men)

17 200 Mixed Medley Relay

18/19 200 Free

20/21 50 Breast

22/23 200 Fly

24/25 100 Back
26/27 400 Free (two heats, 6 women, 6 men)
28 200 Mixed Free Relay
29/30 200 IM
31/32 100 Free
33/34 200 Breast
35/36 50 Fly
37/38 800 Free (two heats, 6 women, 6 men)
39/40 200 Free Relay

ENTRIES AND FEES:

Use this link for on line entries:

https://www.clubassistant.com/club/meet_information.cfm?c=2307&smid=9249

Swim Meet:

\$15 surcharge per swimmer

\$5 per individual event (max 5 events)

For more information regarding the
2017 Denver Masters LCM Invitational Swimming Meet

Please contact:

Andrew LeVasseur, Denver Masters Head Coach/Meet Organizer

swimmasters@du.edu

(303) 968-6464