

COMSA
Team Talk and Board Meeting - Minutes
April 7, 2004

Those in Attendance:

Marcia Anziano (Chairperson, Zone Representative), Heather Hagadorn (Vice Chair, DU), Cindy Hawkinson (Past Chairperson, HR), Susan Nolte (Treasurer), Kathy Garnier (Secretary), John Hughes (Registrar), Kim Crouch (Sanctions, Rally Sports), Mark Plummer (Top Tens), Rich LeDuc (DAC), Penny McKim (Total Fitness), Maureen McGarity (Total Fitness), Carolyn Roche (BAM), and Melanie Dullea (South Suburban).

The Meeting was called to order at 7:10 PM. The meeting was held at Denver Athletic Club, Denver.

Introduction of New Officers

- Elections held at COMSA state meet on March 27, 2004 voting in the new officers as follows:
 - Marcia Anziano –Chairperson
 - Heather Hagadorn – Vice Chair
 - Susan Nolte – Treasurer
 - Kathy Garnier – Secretary
 - John Hughes – Registrar
- Marcia reviewed the quarterly meetings as follows: Team Talk meeting the 1st month of each quarter, Executive meeting the 2nd month and no meeting for the 3rd month.
- It was also noted that all Committee Chair positions have been filled.

Results of the team name ballot for RMM

- A ballot vote was held at the COMSA state meet to determine if we should keep RMM or change to a new team name. There were more votes to change the name than to keep RMM. Of the 47 votes, 29 were for a new name, 17 were to keep RMM and 1 chose neither. Of the new names, 21 votes were for Colorado Masters and 8 were for Team Colorado. Therefore, effective for the 2005 registration year the new team name replacing RMM will be Colorado Masters.

Feedback of State Meet format

- Overall feedback of meet was very positive. Very well run meet.
 - Starting earlier on Friday was viewed as a very favorable change.
 - Participation numbers down some from last year. Still at approximately 300 swimmers which is historically about the same.
 - Order of events cycles annually through 3 different rotations. These rotations will be posted on the website under “Meets and Events” section.
 - Suggestion to have positive check-in for 400 IM and 500 free was discussed. Not supported as the time line seemed adequate with no need to tightening it up at this time.
 - Suggestion to move announcements, presentations and breaks to more appropriate times to allow for better rest period in between first event of the day and relays. Supported.
 - Request to list individual high point standings at the end of each day. Supported.
 - Announcements better this year but still hard to understand.

Sanctions – Kim Crouch

- Meets: 6/5 HR (Lowry LCM); 7/24 Squids (Meyers LCM); 6/30, 7/TBD, 8/28 Open Water Series (Chatfield); 8/15 Horsetooth Res.

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- Issue brought up by Mark Plummer (Top Ten reporting) that for sanctioned meets, ALL swimmers must be COMSA registered. COMSA registration available the day of the meet, but must fill out forms and make payment before being allowed to participate. Meet directors must enforce this otherwise it puts these sanctioned meets in jeopardy for insurance and top times reporting purposes. For day of meet COMSA registrations, after the meet the Registrar will process swimmer's registration and forward to Mark Plummer the necessary COMSA number. It was also discussed that a COMSA swimmer registration file would be made available from the Registrar to the meet directors to assure that the necessary swimmer information is available.

Newsletter Editor – Ellen Campbell

- Marcia submitted newsletter content ideas memo from Ellen. This includes ideas and deadlines for future articles to be included in the newsletter. It was noted that Ellen plans to adhere to these dates in the future in order to get the newsletter out on time. See “Newsletter Content Ideas” included at the end of these minutes.

Long Distance – Nicole Vanderpoel

- Nicole will be scheduling Lowry Pool for postal swims TBD Sundays in June, July and August.
- Colorado Open Water Swim Challenge Series at Chatfield scheduled with sanction pending.

Summer Social at Chatfield

- Scheduled for July 7, 2004 at Fox Run at 5pm. More information to follow.
- Chatfield swimming begins May 15th and ends September 25th. Scheduled days are M/W from 4:30 –7 pm and Sat. 7:30-10 am. Cindy will coordinate for the 2004 season. She is looking for volunteers for check-in table. If you can volunteer, please contact her at cinswims@earthlink.net.

Team Rep contact list

- Work is being done to update and consolidate website information. Primary contact should be included on the website.

Newsletter

- Revisiting having newsletter available on website as an alternative to USPS mailing to reduce cost. This was tried before without success, but now would implement an email notification to check the website for current posting. Newsletter would continue to be available through USPS mailing if desired.

Team Rep Discussion

- Rich Leduc (DAC) offered to host a summer long course meet. Possible location at Lowry or Meyers pools. Because HR and Squids are hosting summer meets at these locations, the offer was not pursued at this time.

One-day registration fee

- New pricing at \$10 (reduced from \$15) for one-day registration was voted and approved. Each day at the Chatfield Open Water Swim is deemed as a separate event. There will be no converting of fees from one-day registration to annual registration. It was noted to plan accordingly in light of the fact an annual registration costs \$30.

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Next meeting will be an Executive Board Meeting at 7:00 PM, May 5th at the DU Ritchie Center, 4 North Conference Room.

Adjournment: Meeting was adjourned at 8:09 PM
Submitted by Kathy Garnier, Secretary

Newsletter Content Ideas

- The goal of the newsletter is to be informative, educational, supportive of COMSA sanctioned events and other activities that benefit our membership, and to highlight our members and teams.

- Registrar should keep extra copies of latest newsletter and mail to new registrations.

3rd Quarter 2004 July, August, September
Submission Deadline: June 1st
Printer Goal: June 16th
Mail: June 30th

Content:

- Nationals results and pictures
- Open Water/Long distance update – Nicole Vanderpoel
- Nutrition article
- Top Ten tabulation guidelines – Mark Plummer
- Fitness Article – Laura Smith
- Coaching Article
- 2004/05 Meet Calendar and preview – Kim Crouch
- Evergreen meet entry
- Dawgs meet entry

4th Quarter 2004 October, November, December
Submission Deadline: September 1st
Printer goal: September 15th
Mail: September 29th

Content:

- Open Water Swim Series Results
- World Championship recap and results – Tiffany Forbes?
- Indoor pool season kick off
- 4 Coaches articles with tips on each stroke
- Fitness Article – Laura Smith
- Open Water Wrap up – Nicole Vanderpoel
- Meet preview – Kim Crouch
- Boulder meet entry
- Loveland meet entry
- Any other 1st quarter meets