

Colorado Masters Swimming State Records

18-24 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:24.67	Becky Bicknell	2001	0:27.81	Becky Bucknell	2000	0:29.46	Brenda Clark	1995
100 Free	0:53.88	Becky Bicknell	2001	1:01.10	Laura Vitcenda	1993	1:04.17	Brenda Clark	1995
200 Free	1:59.19	M Holmquist	1996	2:14.46	Laura Vitcenda	1993	2:26.77	Jennifer Straley	1991
400/500 Free	5:11.34	Brooke Taflinger	2006	4:49.51	Anne Cruickshanks	2002	5:14.44	Susan Williams	1985
800/1000 Free	11:29.07	Christina Jackson	2006	10:17.49	Laura Borgelt	1996	13:00.03	Kristen Greenleaf	2002
1500/1650 Free	19:14.17	Christina Jackson	2006	19:57.29	Laura Vitcenda	1993	20:20.48	Melanie Hurley	1985
50 Back	0:29.14	Laura Borgelt	1997	0:32.65	Laura Borgelt	1995	0:35.38	Laura McKeever	1994
100 Back	1:02.91	Laura Borgelt	1996	1:08.25	Laura Vitcenda	1993	1:16.91	Laura McKeever	1994
200 Back	2:13.23	Krist Schweissing	2000	2:31.29	Laura Vitcenda	1993	2:51.19	Sarah Young	1982
50 Breast	0:31.10	Alicia Jensen	2010	0:38.15	Kirstin Weuce	1991	0:37.75	Laura Tully	2007
100 Breast	1:08.40	Alicia Jensen	2010	1:18.07	Jana Zamboni	1991	1:22.25	Laura Tully	2007
200 Breast	2:26.68	Alicia Jensen	2010	2:57.84	Kirstin Weuce	1991	2:55.60	Laura Tully	2007
50 Fly	0:26.33	Connie Cann	2000	0:31.36	Laura Vitcenda	1993	0:32.19	Joanna Hartley	1995
100 Fly	0:59.19	Connie Cann	2000	1:07.50	Jana Zamboni	1991	1:12.02	Cecelia Boettcher	1988
200 Fly	2:10.24	Brooke Taflinger	2006				2:52.25	Cecelia Boettcher	1988
100 IM	1:02.78	Alicia Jensen	2010	1:11.42	Laura Vitcenda	1993			
200 IM	2:07.95	Brooke Taflinger	2006	2:30.50	Laura Vitcenda	1993	2:43.09	Renee Rainquet	2007
400 IM	4:30.34	Brooke Taflinger	2006	6:17.69	Chelsea Knapp	1994	6:05.87	Cecelia Boettcher	1988

18-24 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:21.82	Aaron McCormick	1998	0:24.09	Tyler Svendsen	2009	0:25.32	Fred Hubbell	1977
100 Free	0:47.90	Andrew Grassano	2010	0:54.51	Brian Meade	1993	0:58.29	Levi Bell	2009
200 Free	1:44.64	Kevin Ellis	2010	2:03.40	Brian Meade	1993	2:15.67	Dennis Prosen	1980
400/500 Free	4:45.64	Kevin Ellis	2010	4:29.29	Eric Peterson	1996	4:54.92	Kim Krieg	1979
800/1000 Free	11:33.49	Matt Grimlin	2009	8:58.31	Eric Peterson	1996			
1500/1650 Free	16:43.69	Kevin Ellis	2010	18:18.59	Griffin Caruolo	1998	18:57.77	Jeff Hildebrandt	1986
50 Back	0:25.38	Andrew Grassano	2010	0:30.39	Billy Flores	2002	0:30.93	Daniel Thomas	2004
100 Back	0:55.91	Daniel MacEachran	2001	1:06.45	Billy Flores	2002	1:06.82	Daniel Thomas	2004
200 Back	2:06.27	Steve Watson	2001	2:35.44	Ryan Jones	2001	2:39.09	Kevin Andrew	1982
50 Breast	0:27.60	Ellis Eaton	1993	0:35.03	Peter Buckley	2002	0:32.54	Levi Bell	2009
100 Breast	0:59.22	Ellis Eaton	1993	1:15.42	Greg Royther	1994	1:11.33	Levi Bell	2009
200 Breast	2:18.77	Michael R Phelps	2006	3:07.50	David Smith	2009	2:39.45	Levi Bell	2009
50 Fly	0:23.28	Andrew Grassano	2010	0:26.34	David Hughes	1997	0:27.57	Erik Richardson	2009
100 Fly	0:53.39	Andrew Brown	2010	1:00.69	RC Hanisch	1996	1:02.10	Levi Bell	2009
200 Fly	2:01.76	Brooks Cowan	2010	2:46.01	Keith Pryor	1994	2:35.21	Jeff Hildebrandt	1986
100 IM	0:55.38	Aaron McCormick	1998	1:03.00	Griffin Caruolo	1998			
200 IM	2:00.02	Ellis Eaton	1993	2:24.18	Greg Royther	1995	2:27.70	Erik Richardson	2009
400 IM	4:23.30	Ellis Eaton	1993	5:32.15	Keith Pryor	1994	5:32.38	Jeff Hildebrandt	1986

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25-29 Women

Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:24.08	Lyndsey Linke	2010	0:26.53	Becky Bicknell	2002	0:28.12	Lyndsey Linke	2006
100 Free	0:52.22	Dana Dutcher	1993	1:02.80	Becky Bicknell	2002	1:01.61	Amy Knott	1993
200 Free	1:54.82	Brooke Taflinger	2008	2:13.18	Karen Burton	1991	2:12.19	Amy Knott	1993
400/500 Free	5:10.90	Courtney Mills	2007	4:36.81	Karen Burton	1991	4:44.69	Amy Knott	1993
800/1000 Free	11:25.85	Tiffany Forbes	1996	10:06.95	Courtney LeDuc	2009	11:14.58	Tracey Loper	2008
1500/1650 Free	17:38.76	Courtney Mills	2007	17:30.18	Karen Burton	1991	19:28.33	Lynn Fischer	1986
50 Back	0:28.45	Dana Dutcher	1993	0:33.31	Shelle Botta	1993	0:34.12	Judith Hupp	1993
100 Back	1:00.98	Dana Dutcher	1993	1:11.02	Shelle Botta	1993	1:12.32	Amy Knott	1993
200 Back	2:15.27	Anna Ray	1993	2:40.94	Shelle Botta	1994	2:44.46	Carmen Brun	1992
50 Breast	0:31.66	Sheila Arredondo	1994	0:36.41	Trish Powell	1991	0:40.08	Chelsea Gibbons	2009
100 Breast	1:08.28	Sheila Arredondo	1994	1:18.11	Trish Powell	1991	1:26.72	Susan Bier	1990
200 Breast	2:23.27	Brooke Taflinger	2008	2:56.05	Ellen Atkinson	1990	3:13.17	Chelsea Gibbons	2009
50 Fly	0:25.49	Lyndsey Linke	2007	0:30.54	Dana Dutcher	1993	0:28.98	Lyndsey Linke	2006
100 Fly	0:58.03	Lyndsey Linke	2007	1:10.36	Trish Powell	1991	1:07.09	Lyndsey Linke	2006
200 Fly	2:15.36	Tiffany Forbes	1996	2:28.67	Karen Burton	1991	3:03.30	Jana Iverson	1993
100 IM	0:58.79	Brooke Taflinger	2008	1:08.26	Dana Dutcher	1993			
200 IM	2:07.15	Brooke Taflinger	2008	2:30.49	Karen Burton	1991	2:46.33	Carmen Bier	1992
400 IM	4:28.57	Brooke Taflinger	2008	5:18.02	Karen Burton	1991	6:33.51	Susan Nolte	1986

25-29 Men

Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:21.09	Robbert-Paul Smit	1997	0:24.74	Jim Lilly	1988	0:25.41	Brian Linderoth	2002
100 Free	0:48.09	Jim Lilley	1987	0:54.87	Jim Lilly	1988	0:58.32	Dennis Prosen	1982
200 Free	1:43.07	Robbert-Paul Smit	1997	2:02.69	Craig Peterson	1988	2:07.20	Bruce Fisher	1976
400/500 Free	4:51.79	Leo French	1976	4:23.34	Craig Peterson	1988	4:34.30	Bruce Fisher	1976
800/1000 Free	10:18.61	Jay O'Connor	1996	9:31.36	Jay O'Connor	1998	10:34.71	Dwight Swaney	2009
1500/1650 Free	16:57.10	Leo French	1976	18:03.71	Kevin Doherty	1999	18:08.69	Bruce Fisher	1976
50 Back	0:24.04	Jeff Commings	2003	0:28.93	Jeff Johnson	1999	0:27.84	Jeff Commings	2003
100 Back	0:50.95	Jeff Commings	2003	0:56.85	Jeff Commings	2003	0:59.86	Jeff Commings	2003
200 Back	1:57.47	Ian Caswell	2008	2:17.96	Mike Gonzales	1995	2:27.89	Mark Whiteside	1993
50 Breast	0:25.80	Jeff Commings	2003	0:28.60	Jeff Commings	2003	0:29.52	Jeff Commings	2003
100 Breast	0:55.99	Jeff Commings	2003	1:02.83	Jeff Commings	2003	1:05.80	Jeff Commings	2003
200 Breast	2:06.17	Ellis Eaton	1995	2:26.13	Matthew Lang	2009	2:44.72	Ellis Eaton	1995
50 Fly	0:22.09	Brendan M Coyne	2006	0:26.34	Robbert-Paul Smit	1997	0:26.86	David Hughes	2000
100 Fly	0:50.45	Robbert-Paul Smit	1997	0:59.08	Robbert-Paul Smit	1997	1:01.39	Jay O'Connor	1996
200 Fly	1:55.42	Robbert-Paul Smit	1997	2:15.53	Jon Christianson	2008	2:23.24	Jay O'Connor	1996
100 IM	0:50.81	Jeff Commings	2003	0:56.65	Jeff Commings	2003			
200 IM	1:52.69	Jeff Commings	2003	2:07.07	Jeff Commings	2003	2:16.59	Jeff Commings	2003
400 IM	4:21.48	Jay O'Connor	1996	5:13.26	Jay O'Connor	1988	5:10.76	Jay O'Connor	1995

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30-34 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:23.86	Anna Pettis-Scott	1994	0:26.46	Anna Pettis-Scott	1993	0:27.79	Anna Pettis-Scott	1997
100 Free	0:52.11	Anna Pettis-Scott	1993	1:02.43	Cathy Bujorian	1990	1:01.43	Laureen Welting	1999
200 Free	1:56.10	C Gadd-Siegel	2003	2:12.35	Karen Burton	1994	2:11.91	Laureen Welting	1999
400/500 Free	5:05.53	Karen Burton	1993	4:32.71	Karen Burton	1994	4:35.81	Karen Burton	1996
800/1000 Free	10:29.70	Karen Burton	1995	10:09.56	Judy Nelson	1995	9:22.73	Karen Burton	1996
1500/1650 Free	17:07.52	Karen Burton	1993	17:23.60	Karen Burton	1994	17:38.70	Karen Burton	1996
50 Back	0:26.79	BJ Miller	2006	0:32.93	Shelle Marsh	1998	0:34.66	Shelle Marsh	1998
100 Back	0:57.67	Barbara Miller	2006	1:13.23	Anna Ray	1994	1:13.38	Laura McKeever	1998
200 Back	2:09.56	Sheri Hart	2006	2:28.69	Karen Burton	1994	2:40.30	Laura Smith	2000
50 Breast	0:31.27	Sheila Arrecondo	1995	0:37.55	Kelly Seavall	2003	0:38.16	Ellen Atkinson	1995
100 Breast	1:09.62	Sheila Arrecondo	1995	1:21.86	Kelly Seavall	2003	1:26.73	Janet Gettling	1979
200 Breast	2:33.63	Ellen Atkinson	1996	2:56.63	Karen Burton	1994	3:03.56	Ellen Atkinson	1995
50 Fly	0:25.60	Lyndsey Linke	2010	0:31.17	Lori Deacon	2002	0:30.90	Rosie Sheppard	2001
100 Fly	0:58.04	Lyndsey Linke	2010	1:10.21	Tiffany Forbes	1999	1:12.88	Tiffany Forbes	1999
200 Fly	2:11.78	Karen Burton	1993	2:29.58	Karen Burton	1994	2:29.14	Laureen Welting	1999
100 IM	0:59.25	Lyndsey Linke	2010	1:11.41	Cathy Drozda	1992			
200 IM	2:14.29	Karen Burton	1993	2:29.59	Michelle Cox	1997	2:37.77	Laura McKeever	1998
400 IM	4:34.29	Karen Burton	1993	5:09.81	Karen Burton	1994	5:17.33	Laureen Welting	1999

30-34 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:21.10	John Smith	1993	0:23.62	John Smith	1993	0:24.93	Richard Hewson	1990
100 Free	0:46.30	John Smith	1993	0:54.43	Jeff Commings	2004	0:55.22	Jeff Commings	2005
200 Free	1:44.17	John Smith	1993	2:02.44	Craig Peterson	1990	2:03.94	James Lilley	1993
400/500 Free	4:46.60	Christopher Black	1996	4:29.49	Craig Peterson	1994	4:26.36	Kirk Anderson	1994
800/1000 Free	10:03.88	Christopher Black	2000	9:40.52	Jay O'Connor	1999	10:11.96	Rob Nasser	2002
1500/1650 Free	16:32.63	Andrew Sappey	1993	18:21.87	Jay O'Connor	1999	19:30.28	Michael Cox	2009
50 Back	0:23.94	Jeff Commings	2004	0:27.30	Chris O'Sullivan	2009	0:28.20	Jeff Commings	2004
100 Back	0:50.94	Jeff Commings	2004	1:05.73	Mike Cox	2008	0:59.21	Jeff Commings	2004
200 Back	1:56.30	Jeff Commings	2004	2:22.42	Craig Peterson	1990	2:20.59	Richard Pease	1997
50 Breast	0:26.09	Jeff Commings	2004	0:28.91	Jeff Commings	2004	0:29.55	Jeff Commings	2005
100 Breast	0:56.11	Jeff Commings	2004	1:08.03	John Hallman	1995	1:06.10	Jeff Commings	2005
200 Breast	2:17.08	Christopher Black	1996	2:38.44	David Gray	1991	2:34.93	Ellis Eaton	2000
50 Fly	0:22.87	Matthew S Eisenhuth	2005	0:26.24	Robert Paul-Smit	1999	0:27.20	David Hughes	2004
100 Fly	0:51.96	Robbert-Paul Smit	2002	1:00.49	Robert Paul-Smit	1999	0:58.19	Richard Pease	1997
200 Fly	2:03.54	Evan Welting	2008	2:29.90	Michael Cox	2009	2:37.28	Ed Strack	1982
100 IM	0:51.55	Jeff Commings	2004	0:57.68	Jeff Commings	2004			
200 IM	1:53.03	Jeff Commings	2004	2:20.77	Hardy Lussier	1997	2:15.27	Jeff Commings	2005
400 IM	4:11.41	Christopher Black	1996	4:50.85	Chris Black	1996	4:57.29	Richard Pease	1997

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35-39 Women							
Event	Short Course Yards		Short Course Meters			Long Course Meters	
50 Free	0:23.65	Sheri Hart 2010	0:26.70	Sheri Hart 2008	0:27.65	Collette Sappey 2002	
100 Free	0:50.98	Sheri Hart 2010	0:58.09	Sheri Hart 2008	1:03.26	Tiffany Forbes 2004	
200 Free	1:51.81	Sheri Hart 2010	2:12.94	Heather Hagadorn 2004	2:16.57	Heather Hagadorn 2003	
400/500 Free	5:04.63	Karen Burton 1999	4:43.17	Heather Hagadorn 2003	4:51.42	Heather Hagadorn 2004	
800/1000 Free	10:27.78	Karen Burton 1999	9:46.94	Heather Hagadorn 2004	9:52.43	Heather Hagadorn 2003	
1500/1650 Free	17:29.64	Karen Burton 1999	18:54.76	Heather Hagadorn 2003	19:06.47	Heather Hagadorn 2003	
50 Back	0:25.97	Sheri Hart 2010	0:29.50	Sheri Hart 2008	0:32.70	Sheri Hart 2008	
100 Back	0:56.14	Sheri Hart 2010	1:02.44	Sheri Hart 2008	1:10.99	Sheri Hart 2008	
200 Back	2:05.80	Sheri Hart 2006	2:28.86	Laura Smith 2001	2:35.15	Laura Smith 2001	
50 Breast	0:29.94	Susan Von Der Lippe 2005	0:39.03	Cathy Drozda 1998	0:38.58	Sarah Lee 2006	
100 Breast	1:04.25	Susan Von Der Lippe 2004	1:22.55	Kelly Seavall 2005	1:15.11	Susan Von Der Lippe 2004	
200 Breast	2:19.84	Susan Von Der Lippe 2004	3:13.78	Tina Wood 1987	3:14.97	Sarah Lee 2006	
50 Fly	0:25.54	Susan Von Der Lippe 2003	0:28.58	Sheri Hart 2009	0:29.57	Susan Von Der Lippe 2004	
100 Fly	0:55.78	Susan Von Der Lippe 2003	1:05.89	Kathryn Potter 2001	1:11.19	Tiffany Forbes 2004	
200 Fly	2:03.48	Susan Von Der Lippe 2005	3:00.25	Rebecca Pyle 1995	3:09.75	Jean Wood 1982	
100 IM	0:57.67	Sheri Hart 2010	1:04.61	Sheri Hart 2009			
200 IM	2:05.53	Susan Von Der Lippe 2005	2:37.48	Laura Smith 2001	2:44.56	Sarah Lee 2006	
400 IM	4:39.83	Karen Burton 1999	5:40.63	Laura Smith 2002	5:48.16	Laura Smith 2001	

35-39 Men							
Event	Short Course Yards		Short Course Meters			Long Course Meters	
50 Free	0:20.70	Matt Eisenhuth 2010	0:24.49	Richard Hess 1993	0:24.02	James Lilley 1998	
100 Free	0:46.22	Matt Eisenhuth 2009	0:53.77	Jim Lilley 1999	0:54.66	James Lilley 1998	
200 Free	1:45.11	James E Lilley 1998	1:59.57	Jim Lilley 1999	2:00.32	James Lilley 1998	
400/500 Free	4:47.04	Craig Peterson 1995	4:20.81	Craig Peterson 1995	4:17.56	Kirk Anderson 1996	
800/1000 Free	9:55.13	Craig Peterson 1995	9:40.41	Ed Melanson 1999	8:54.68	Kirk Anderson 1996	
1500/1650 Free	16:51.35	Howard Jay 1994	18:03.47	Howard Jay 1994	18:11.06	Richard Pease 2002	
50 Back	0:24.27	Derek Robinson 2008	0:31.32	Bill Brackett 1993	0:29.48	James Lilley 1998	
100 Back	0:53.35	Chris O'Sullivan 2010	1:04.08	Richard Pease 2003	1:03.00	James Lilley 1998	
200 Back	1:59.83	Craig Peterson 1995	2:18.21	Craig Peterson 1995	2:37.00	Bill Brackett 1993	
50 Breast	0:25.60	Matt Eisenhuth 2010	0:30.32	Aaron Bartleson 2008	0:31.94	Holden Bank 1997	
100 Breast	0:56.97	Matt Eisenhuth 2009	1:07.33	Aaron Bartleson 2008	1:13.77	Holden Bank 1997	
200 Breast	2:14.02	Aaron Bartleson 2008	2:38.87	David Gray 1994	2:46.96	Ron Wood 1980	
50 Fly	0:22.72	Matt Eisenhuth 2010	0:27.72	Jim Lilley 1998	0:27.02	John Smith 1999	
100 Fly	0:51.65	Derek Robinson 2008	0:58.93	Richard Pease 2003	0:58.84	Richard Pease 2003	
200 Fly	1:55.39	Richard Pease 2003	2:34.92	Bob Oliver 1996	2:11.48	Richard Pease 2003	
100 IM	0:52.05	Matt Eisenhuth 2009	1:01.09	Richard Hess 1993			
200 IM	2:01.13	James E Lilley 1998	2:23.37	Chris Black 2001	2:20.11	Richard Pease 2003	
400 IM	4:17.17	Richard Pease 2003	4:52.40	Richard Pease 2003	5:06.91	Richard Pease 2003	

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40-44 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:23.94	Anna Pettis-Scott 2003	0:26.70	Susan Von Der Lippe 2008	0:27.66	Susan Von Der Lippe 2007
100 Free	0:53.32	Susan Von Der Lippe 2009	0:57.55	Susan Von Der Lippe 2008	1:00.40	Susan Von Der Lippe 2009
200 Free	1:59.71	Heather Hagadorn 2005	2:05.55	Susan Von Der Lippe 2008	2:10.50	Susan Von Der Lippe 2007
400/500 Free	5:04.37	Susan Von Der Lippe 2009	4:34.33	Susan Von Der Lippe 2009	4:52.31	Heather Hagadorn 2005
800/1000 Free	11:11.65	Heather Hagadorn 2005	10:29.19	Heather Hagadorn 2009	10:31.36	Nicole Vanderpoel 2006
1500/1650 Free	18:42.51	Jennifer Shinn 2009	20:44.75	Nicole Vanderpoel 2004	19:38.50	Heather Hagadorn 2005
50 Back	0:29.29	Collette Sappey 2008	0:33.48	Collette Sappey 2007	0:34.15	Susan Von Der Lippe 2009
100 Back	1:02.47	Jennifer Stein 2004	1:13.87	Collette Sappey 2008	1:15.62	Laura Smith 2006
200 Back	2:18.19	Laura Smith 2006	3:02.25	Nicole Vanderpoel 2004	2:38.04	Laura Smith 2006
50 Breast	0:29.24	Susan Von Der Lippe 2010	0:32.29	Susan Von Der Lippe 2009	0:34.13	Susan Von Der Lippe 2007
100 Breast	1:03.00	Susan Von Der Lippe 2008	1:10.55	Susan Von Der Lippe 2007	1:13.78	Susan Von Der Lippe 2009
200 Breast	2:17.06	Susan Von Der Lippe 2006	2:32.37	Susan Von Der Lippe 2008	2:41.54	Susan Von Der Lippe 2009
50 Fly	0:25.14	Susan Von Der Lippe 2009	0:28.21	Susan Von Der Lippe 2005	0:28.52	Susan Von Der Lippe 2009
100 Fly	0:54.83	Susan Von Der Lippe 2009	1:01.70	Susan Von Der Lippe 2009	1:03.36	Susan Von Der Lippe 2009
200 Fly	2:03.13	Susan Von Der Lippe 2008	2:21.07	Susan Von Der Lippe 2005	2:26.78	Rebecca Friedlander 2009
100 IM	0:58.14	Susan Von Der Lippe 2010	1:04.25	Susan Von Der Lippe 2008		
200 IM	2:04.85	Susan Von Der Lippe 2008	2:19.21	Susan Von Der Lippe 2007	2:25.03	Susan Von Der Lippe 2007
400 IM	4:28.43	Susan Von Der Lippe 2008	6:11.08	Nicole Vanderpoel 2004	6:06.11	Nicole Vanderpoel 2006

40-44 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:20.95	Paul Smith 2004	0:24.00	Paul Smith 2001	0:24.37	Schuyler Smith 2008
100 Free	0:45.95	Paul Smith 2004	0:52.44	Paul Smith 2001	0:54.14	Schuyler Smith 2009
200 Free	1:43.05	Paul Smith 2002	1:56.44	Paul Smith 2001	1:58.61	Paul Smith 2001
400/500 Free	4:46.07	Paul Smith 2001	4:44.76	Peter Huisveld 1993	4:31.44	Todd Bryan 1993
800/1000 Free	10:09.16	Todd Bryan 1995	9:51.09	Randy Cox 2005	9:16.82	Howard Jay 1996
1500/1650 Free	16:52.78	Howard Jay 1996	18:54.96	Peter Huisveld 1993	17:35.83	Todd Bryan 1993
50 Back	0:24.61	John Smith 2004	0:28.42	Paul Smith 2002	0:30.16	Kevin Nash 2006
100 Back	0:53.90	John Smith 2006	1:03.76	Paul Smith 2001	1:05.85	Kevin Nash 2006
200 Back	2:02.53	Bill Brackett 2001	2:20.27	Richard Pease 2005	2:28.07	Kevin Nash 2006
50 Breast	0:27.26	David Gray 1999	0:32.38	David Gray 1998	0:31.51	David Gray 1998
100 Breast	1:00.39	David Gray 2003	1:14.20	David Gray 1998	1:11.56	David Gray 1998
200 Breast	2:11.60	David Gray 1999	2:44.72	David Gray 1998	2:35.22	Brian Tsuchiya 2007
50 Fly	0:22.87	John Smith 2003	0:26.01	Paul Smith 2001	0:25.87	Paul Smith 2000
100 Fly	0:50.26	Paul Smith 2004	1:00.55	Paul Smith 2001	0:58.64	Paul Smith 2000
200 Fly	2:02.56	Howard Jay 1996			2:20.59	Howard Jay 1996
100 IM	0:52.59	John Smith 2003	1:01.48	Paul Smith 2001		
200 IM	1:57.37	Paul Smith 2004	2:16.53	Paul Smith 2001	2:18.68	Brian Tsuchiya 2007
400 IM	4:23.11	Tim Lenneman 2008	5:18.20	William Reeves 1993	5:08.08	Tim Lenneman 2006

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45-49 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:24.83	Collette Sappey	2010	0:28.98	Kathy Garnier	2005	0:28.38	Kathy Garnier 2005
100 Free	0:55.06	Kathy Garnier	2006	1:03.86	Kathy Garnier	2005	1:01.92	Kathy Garnier 2006
200 Free	1:58.43	Elene Jones	2009	2:22.62	Kathy Garnier	2007	2:16.46	Elene Kay Jones 2008
400/500 Free	5:13.62	Elene Jones	2009	5:15.38	Kathy Garnier	2005	4:37.74	Elene Kay Jones 2008
800/1000 Free	10:42.56	Elene Jones	2009	11:38.16	Marcy Bullock	1992	9:36.86	Elene Kay Jones 2008
1500/1650 Free	17:51.44	Elene Jones	2009	21:46.14	Penny Bates	2007	18:10.28	Elene Kay Jones 2008
50 Back	0:29.46	Collette Sappey	2010	0:39.42	Kathy Garnier	2007	0:39.22	Ellie Najjar 2009
100 Back	1:07.76	Cathy Metz	2003	1:35.90	Marsha Heinig	1994	1:20.61	Ellie Najjar 2007
200 Back	2:27.42	Cathy Metz	2003	3:11.94	J.Murphy-Sherman	1991	2:53.55	Ellie Najjar 2008
50 Breast	0:32.08	Kim Crouch	2010	0:41.09	Ellen Campbell	2008	0:35.60	Kim Crouch 2008
100 Breast	1:09.92	Kim Crouch	2010	1:28.76	Ellen Campbell	2008	1:22.22	Kim Crouch 2009
200 Breast	2:35.97	Ellen Campbell	2009	3:12.99	Penny Bates	2007	3:00.55	Kim Crouch 2006
50 Fly	0:27.97	Collette Sappey	2010	0:35.00	Judy Reed	1993	0:31.47	Kim Crouch 2009
100 Fly	1:02.79	Kim Crouch	2010	1:25.54	Penny Bates	2007	1:14.15	Cheryl Olson 2006
200 Fly	2:25.07	Kathleen Steffe	2008	3:12.19	Penny Bates	2007	2:48.55	Cheryl Olson 2006
100 IM	1:03.27	Kim Crouch	2010	1:20.22	Ellen Campbell	2008		
200 IM	2:18.48	Kim Crouch	2007	2:58.67	Penny Bates	2008	2:43.92	Kim Crouch 2006
400 IM	5:03.15	Kathleen Steffe	2008	6:23.49	Penny Bates	2006	6:04.19	Cheryl Olson 2006

45-49 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:21.29	Paul Smith	2006	0:24.44	Paul Smith	2004	0:24.92	Paul Smith 2005
100 Free	0:47.47	John Smith	2008	0:54.50	Paul Smith	2004	0:55.38	Paul Smith 2005
200 Free	1:44.39	Paul Smith	2006	1:57.99	Paul Smith	2004	2:01.48	Paul Smith 2005
400/500 Free	4:47.85	Kirk Anderson	2009	4:27.71	Ed Melanson	2008	4:27.48	Craig Peterson 2006
800/1000 Free	9:54.65	Kirk Anderson	2005	9:13.44	Ed Melanson	2008	9:10.46	Craig Peterson 2006
1500/1650 Free	16:37.23	Kirk Anderson	2009	17:28.62	Ed Melanson	2008	17:31.23	Todd Bryan 1998
50 Back	0:25.06	John Smith	2008	0:31.36	John Hughes	2000	0:31.37	Bill Brackett 2007
100 Back	0:56.88	Bill Brackett	2006	1:05.40	Paul Smith	2004	1:01.73	Steve Wood 2006
200 Back	2:02.33	Craig R Peterson	2005	2:28.64	John Hughes	2000	2:22.93	Craig Peterson 2006
50 Breast	0:28.59	David Gray	2004	0:34.04	Tom Whatley	1999	0:32.89	Greg Scott 2008
					Kevin Fanger	2005		
100 Breast	1:01.32	David Gray	2004	1:14.28	Greg Scott	2007	1:12.01	Greg Scott 2008
200 Breast	2:14.64	David Gray	2004	2:47.98	Bill Griffith	1995	2:42.29	Greg Scott 2006
50 Fly	0:23.00	Paul Smith	2006	0:26.29	Paul Smith	2004	0:25.94	Paul Smith 2005
100 Fly	0:51.53	Paul Smith	2005	1:02.00	Paul Smith	2004	0:59.03	Paul Smith 2005
200 Fly	2:06.55	Edward Melanson	2008	2:20.02	Edward Melanson	2008	2:17.71	James Densmore 2000
100 IM	0:54.10	John Smith	2008	1:05.26	Tom Whatley	1999		
200 IM	1:58.92	Paul Smith	2006	2:16.56	Paul Smith	2004	2:22.65	Paul Smith 2005
400 IM	4:23.85	Kirk Anderson	2009	5:08.43	Ed Melanson	2008	5:15.88	James Densmore 2000

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50-54 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:27.12	Karen Rosener	2007	0:30.85	Judy Reed	1995	0:31.07	Karen Rosener 2006
100 Free	0:59.74	Catherine Metz	2009	1:09.79	Judy Reed	1995	1:09.86	Karen Rosener 2006
200 Free	2:15.11	Carolyn Roche	2002	2:41.34	Judy Reed	1995	2:42.69	Judy Reed 1995
400/500 Free	5:56.64	Carolyn Roche	2002	5:56.45	J. Murphy-Sherman	1995	5:33.12	Carolyn Roche 2004
800/1000 Free	12:04.80	Carolyn Roche	2005	12:01.94	Carrie Slover	2005	11:21.12	Carolyn Roche 2004
1500/1650 Free	21:01.81	Carolyn Roche	2005	22:49.70	Susan Fouts	2001	25:49.77	Linda Lebsack 1999
50 Back	0:32.16	Catherine Metz	2009	0:40.19	Carrie Slover	2005	0:39.84	Carrie Slover 2006
100 Back	1:09.12	Catherine Metz	2009	1:26.62	Carrie Slover	2005	1:25.19	Carrie Slover 2006
200 Back	2:30.98	Catherine Metz	2009	3:08.69	Carrie Slover	2005	3:03.47	Carrie Slover 2006
50 Breast	0:36.00	Carolyn Roche	2002	0:44.47	J. Murphy-Sherman	1995	0:43.89	Karen Rosener 2008
100 Breast	1:23.53	Jane Murphy-Sherman	1995	1:35.34	J. Murphy-Sherman	1995	1:37.06	J. Murphy Sherman 1995
200 Breast	3:02.02	Jane Murphy-Sherman	1995	3:21.98	J. Murphy-Sherman	1995	3:24.74	J. Murphy Sherman 1995
50 Fly	0:28.90	Karen Rosener	2007	0:34.79	Judy Reed	1995	0:33.32	Karen Rosener 2006
100 Fly	1:11.07	Carolyn Roche	2002	1:29.49	Rebecca Pyle	2007	1:25.78	Karen Rosener 2008
200 Fly	2:48.78	Carolyn Roche	2005	3:18.01	Rebecca Pyle	2007	3:50.46	Marsha Heinig 1998
100 IM	1:08.42	Catherine Metz	2009	1:25.18	Carolyn Roche	2001		
200 IM	2:48.62	Jane Murphy-Sherman	1995	3:14.32	J. Murphy-Sherman	1995	3:17.70	J. Murphy Sherman 1995
400 IM	5:59.25	Jane Murphy-Sherman	1995				6:51.09	J. Murphy Sherman 1994

50-54 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:21.73	Rich Abrahams	1998	0:24.73	Rich Abrahams	1998	0:24.60	Rich Abrahams 1998
100 Free	0:48.80	Rich Abrahams	1998	0:57.00	Rich Abrahams	1998	0:55.38	Trip Hedrick 2006
200 Free	1:48.15	Michael Mann	2009	2:23.50	Bill Jenkins	2008	2:04.46	Jack Groselle 2006
400/500 Free	4:53.67	Michael Mann	2009	4:43.22	Howard Jay	2007	4:27.91	Michael Mann 2008
800/1000 Free	9:59.59	Michael Mann	2009	9:57.64	William Reeves	2003	9:17.97	Michael Mann 2006
1500/1650 Free	17:51.31	Todd Bryan	2005	18:37.50	Howard Jay	2007	18:16.92	John Hughes 2005
50 Back	0:27.91	Thomas W Whatley	2003	0:33.19	Rich Abrahams	1998	0:35.01	Richard Hess 2008
100 Back	1:00.56	Chuck Wolff	2002	1:14.91	Jeff Gilbert	2008	1:20.76	Stan Benson 2007
200 Back	2:03.98	Craig Petersen	2010	2:34.90	William Reeves	2003	2:37.29	Tim Garton 1993
50 Breast	0:26.98	Holden Bank	2010	0:35.74	Jamie Louie	2007	0:32.52	Jack Groselle 2006
100 Breast	1:02.43	Stuart Waterbury	2005	1:15.91	Ed Fuller	2009	1:12.60	Greg Scott 2009
200 Breast	2:19.13	Greg Scott	2010	2:50.82	William Reeves	2003	2:42.68	Greg Scott 2009
50 Fly	0:24.64	Rich Abrahams	1999	0:27.33	Kevin DeForrest	2007	0:26.53	Trip Hedrick 2006
100 Fly	0:54.48	Rich Abrahams	1998	1:04.08	Ed Fuller	2009	1:00.16	Trip Hedrick 2006
200 Fly	2:10.93	John Hughes	2004	2:29.15	William Reeves	2003	2:56.16	Edward Strack 2004
100 IM	0:56.15	Holden Bank	2010	1:07.09	Ed Fuller	2009		
200 IM	2:02.56	Michael Mann	2009	2:30.05	Ed Fuller	2009	2:20.02	Michael Mann 2008
400 IM	4:23.94	Michael Mann	2009	5:22.99	William Reeves	2003	5:10.32	Michael Mann 2006

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55-59 Women							
Event	Short Course Yards			Short Course Meters			Long Course Meters
50 Free	0:27.49	Karen Rosener	2009	0:32.38	Karen Rosener	2009	0:35.70 Dorothy Donnelly 1979
100 Free	1:00.79	Karen Rosener	2009	1:18.23	Dena Mann	1988	1:22.40 Judith Laney 2007
200 Free	2:16.45	Carolyn Roche	2007	2:54.31	Judith Laney	2007	2:38.70 Carolyn Roche 2006
400/500 Free	6:02.07	Carolyn Roche	2009	6:34.50	Marcia Anziano	2003	5:29.54 Carolyn Roche 2006
800/1000 Free	12:20.64	Carolyn Roche	2009	13:36.49	Marcia Anziano	2000	11:12.25 Carolyn Roche 2006
1500/1650 Free	20:34.65	Carolyn Roche	2009	22:47.58	Judith Laney	2009	24:35.34 Judith Laney 2007
50 Back	0:38.94	Judy Reed	2000	0:45.72	Dena Mann	1988	0:50.20 Karen Zentgraf 1999
100 Back	1:31.75	Christine Hashimoto	2006	1:37.73	Dena Mann	1989	1:42.75 Dorothy Donnelly 1979
200 Back	3:15.04	Christine Hashimoto	2006	3:36.48	Dena Mann	1990	3:57.02 Karen Zentgraf 1999
50 Breast	0:36.68	Karen Rosener	2010	0:44.07	Karen Rosener	2009	0:46.35 Mary Anne Nelson 2005
100 Breast	1:30.21	Mary Anne Nelson	2006	1:50.59	Judith Laney	2007	1:42.19 Mary Anne Nelson 2005
200 Breast	3:20.16	Mary Anne Nelson	2009	4:05.31	Lydia Young	2005	3:51.70 Lydia Young 2003
50 Fly	0:29.76	Karen Rosener	2009	0:35.58	Karen Rosener	2009	0:42.93 Jane Oberg 1993
100 Fly	1:12.59	Carolyn Roche	2009	1:51.11	Louise Wise	1997	1:22.96 Carolyn Roche 2006
200 Fly	2:47.26	Carolyn Roche	2009	5:03.25	Gaile Hardin	1996	3:06.20 Carolyn Roche 2006
100 IM	1:12.93	Karen Rosener	2009	1:25.03	Karen Rosener	2009	
200 IM	3:09.97	Lydia Young	2007	3:54.13	Linda Lebsack	2002	3:44.40 Jane Oberg 1993
400 IM	6:45.80	Lydia Young	2007	8:01.64	Linda Lebsack	2002	7:55.14 Jane Oberg 1993

55-59 Men							
Event	Short Course Yards			Short Course Meters			Long Course Meters
50 Free	0:21.82	Rich Abrahams	2000	0:25.00	Rich Abrahams	2001	0:25.53 Rich Abrahams 2002
100 Free	0:48.37	Rich Abrahams	2000	0:56.51	Rich Abrahams	2001	0:57.08 Michael Mann 2009
200 Free	1:48.79	Michael Mann	2010	1:59.08	Michael Mann	2009	2:04.01 Michael Mann 2009
400/500 Free	4:56.82	Michael Mann	2010	4:16.03	Michael Mann	2009	4:22.49 Michael Mann 2009
800/1000 Free	10:22.55	Michael Mann	2010	8:51.34	Michael Mann	2009	9:00.09 Michael Mann 2009
1500/1650 Free	18:01.06	Todd Bryan	2006	18:51.14	Michael Mann	2009	17:22.61 Michael Mann 2009
50 Back	0:29.61	Stan Benson	2010	0:32.75	Chuck Fischer	2009	0:31.98 Charles Wolff 2006
100 Back	1:02.42	Chuck Fischer	2008	1:12.52	John Stanback	2009	1:10.51 Charles Wolff 2006
200 Back	2:16.45	Chuck Fischer	2008	2:35.34	John Stanback	2009	2:40.04 Chuck Fischer 2006
50 Breast	0:30.39	Stuart Waterbury	2009	0:35.73	Chuck Fischer	2009	0:34.86 Charles Wolff 2006
100 Breast	1:06.63	Michael Mann	2010	1:12.54	Michael Mann	2009	1:21.54 Bob Patten 1989
200 Breast	2:24.71	Michael Mann	2010	2:59.03	Lee MacDonald	2009	2:56.02 Tim Garton 1998
50 Fly	0:24.54	Rich Abrahams	2002	0:27.74	Rich Abrahams	2001	0:27.43 Rich Abrahams 2002
100 Fly	0:54.39	Rich Abrahams	2002	1:03.78	Rich Abrahams	2001	1:03.90 Rich Abrahams 2000
200 Fly	2:37.37	Edward Strack	2007	2:55.23	Lee MacDonald	2009	3:07.22 Bruno Weber 1982
100 IM	0:58.79	Timothy Garton	1998	1:09.95	Richard Hess	2009	
200 IM	2:05.89	Michael Mann	2010	2:16.44	Michael Mann	2009	2:20.83 Michael Mann 2009
400 IM	4:28.69	Michael Mann	2010	4:51.97	Michael Mann	2009	5:04.07 Michael Mann 2009

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60-64 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:32.73	Lydia Young	2009	0:38.37	Lydia Young	2009	0:34.90	Nancy Terry 2009
100 Free	1:12.96	Dena Mann	1994	1:22.88	Dena Mann	1994	1:26.96	Dena Mann 1994
200 Free	2:44.19	Dena Mann	1995	3:03.23	Dena Mann	1995	3:06.28	Nancy Terry 2009
400/500 Free	7:10.71	Jane Murphy-Sherman	2005	7:01.74	Marcia Anziano	2005	6:29.43	J. Murphy-Sherman 2004
800/1000 Free	14:36.64	Jane Murphy-Sherman	2005	13:39.07	Winifred Prall	2007	13:01.78	J. Murphy-Sherman 2004
1500/1650 Free	24:40.17	Marcia Anziano	2005	25:46.85	Marcia Anziano	2005	25:40.33	Marcia Anziano 2005
50 Back	0:40.11	Christine Hashimoto	2008	0:46.25	Christine Hashimoto	2008	0:47.55	Christine Hashimoto 2007
100 Back	1:16.06	Pamela Gatz	2008	1:38.16	Dena Mann	1994	1:43.98	Christine Hashimoto 2007
200 Back	2:46.55	Pamela Gatz	2008	3:39.50	Lydia Young	2009	3:39.22	Christine Hashimoto 2007
50 Breast	0:41.65	Jane Murphy-Sherman	2005	0:49.25	Donna Ryman	1997	0:48.22	J. Murphy-Sherman 2004
100 Breast	1:28.98	Jane Murphy-Sherman	2005	1:47.32	Donna Ryman	1997	1:46.46	J. Murphy-Sherman 2004
200 Breast	3:12.70	Jane Murphy-Sherman	2005	4:18.66	Grace Dyck	2005	4:00.10	Lydia Young 2008
50 Fly	0:34.69	Judith Nelson	2005	0:46.95	Lydia Young	2009	0:52.44	Dena Mann 1994
100 Fly	1:32.61	Lydia Young	2009	2:01.60	Winifred Prall	2007	1:43.81	Lydia Young 2008
200 Fly	3:42.22	Jane Oberg	1999	4:18.79	Winifred Prall	2007	4:19.54	Lydia Young 2008
100 IM	1:17.16	Pamela Gatz	2008	1:46.09	Winifred Prall	2007		
200 IM	2:48.82	Pamela Gatz	2008	3:39.10	Lydia Young	2009	3:40.37	Lydia Young 2008
400 IM	6:24.07	Jane Murphy-Sherman	2005	7:53.88	Winifred Prall	2007	7:54.67	Lydia Young 2008

60-64 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:22.30	Rich Abrahams	2005	0:24.93	Rich Abrahams	2008	0:25.23	Rich Abrahams 2006
100 Free	0:49.14	Rich Abrahams	2005	0:56.63	Rich Abrahams	2008	0:58.61	Rich Abrahams 2005
200 Free	1:56.69	Rich Abrahams	2005	2:27.44	Paul McCormick	2009	2:18.52	Rich Abrahams 2006
400/500 Free	5:21.61	Paul McCormick	2007	5:12.65	Paul McCormick	2009	5:20.84	Paul McCormick 2008
800/1000 Free	11:09.94	Paul McCormick	2007	11:09.95	Paul McCormick	2009	11:01.61	William Burson 2006
1500/1650 Free	19:59.75	Carl Selles	2007	22:13.24	Kent Carney	2008	21:24.79	Carl Selles 2009
50 Back	0:28.77	Rich Abrahams	2009	0:36.58	Fred Wendelken	2000	0:39.81	Kent Carney 2009
100 Back	1:09.95	Fred Wendelken	2000	1:22.28	Kent Carney	2008	1:24.99	Kent Carney 2008
200 Back	2:33.91	Kent Carney	2008	2:54.77	Kent Carney	2007	2:59.22	Kent Carney 2007
50 Breast	0:32.38	Peter Harding	2010	0:38.17	Mel Dyck	2005	0:37.80	Bob Patten 1994
100 Breast	1:13.19	Bob Patten	1995	1:25.01	Bob Patten	1995	1:22.77	Bob Patten 1994
200 Breast	2:40.02	Bob Patten	1995	3:08.16	Mel Dyck	2005	3:06.87	Bob Patten 1995
50 Fly	0:24.46	Rich Abrahams	2005	0:27.87	Rich Abrahams	2008	0:27.92	Richard Abrahams 2005
100 Fly	0:54.92	Rich Abrahams	2005	1:03.94	Rich Abrahams	2008	1:03.03	Richard Abrahams 2005
200 Fly	2:28.85	Carl Selles	2007	3:13.91	Kent Carney	2007	3:30.21	Kent Carney 2008
100 IM	1:00.13	Rich Abrahams	2007	1:08.08	Rich Abrahams	2009		
200 IM	2:29.75	David Dodge	2006	2:52.33	Rich Abrahams	2007	3:04.72	Kent Carney 2007
400 IM	5:29.06	David Dodge	2006	6:22.03	Kent Carney	2008	6:21.81	Kent Carney 2007

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65-69 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:32.24	Judy Reed	2009	0:41.50	Ella Carmichael	1992	0:42.34	Jane Oberg	2006
100 Free	1:17.37	Dena Mann	2000	1:22.61	Donna Ryman	2004	1:40.32	Grace Dyck	2006
200 Free	2:49.43	Dena Mann	1997	3:17.90	Dena Mann	1997	3:30.31	Grace Dyck	2007
400/500 Free	7:36.37	Marcia Anziano	2010	6:54.54	Jane Oberg	2005	7:23.14	Jane Oberg	2006
800/1000 Free	15:53.07	Marcia Anziano	2010	14:16.94	Jane Oberg	2005	14:11.31	Jane Oberg	2005
1500/1650 Free	26:19.64	Marcia Anziano	2010	27:45.27	Jane Oberg	2005	30:02.38	Grace Dyck	2006
50 Back	0:43.75	Dena Mann	1997	0:49.46	Dena Mann	1997	0:46.96	Karen Zentgraf	2009
100 Back	1:34.04	Karen Zentgraf	2008	1:46.35	Dena Mann	1997	1:54.25	Lou Heath	1985
200 Back	3:23.59	Jane Oberg	2006	3:51.28	Jane Oberg	2005	3:54.23	Jane Oberg	2005
50 Breast	0:44.71	Louise Wise	2008	0:52.95	Donna Ryman	2003	0:54.98	Grace Dyck	2007
100 Breast	1:38.33	Louise Wise	2008	1:56.91	Donna Ryman	2003	1:59.10	Grace Dyck	2006
200 Breast	3:35.97	Donna Ryman	2003	3:43.53	Agota Frohs	1989	4:09.15	Grace Dyck	2006
50 Fly	0:40.17	Louise Wise	2008	0:48.32	Jane Oberg	2005	0:45.98	Jane Oberg	2005
100 Fly	1:35.73	Jane Oberg	2006	1:59.63	Jane Oberg	2005	1:56.95	Jane Oberg	2005
200 Fly	3:42.54	Jane Oberg	2006	4:14.51	Jane Oberg	2005	4:59.98	Jane Oberg	2006
100 IM	1:31.54	Judy Reed	2010	1:53.49	Donna Ryman	2003			
200 IM	3:25.80	Jane Oberg	2006	3:59.58	Jane Oberg	2005	3:54.69	Jane Oberg	2005
400 IM	7:20.93	Jane Oberg	2004	8:21.55	Jane Oberg	2004	8:17.22	Jane Oberg	2005

65-69 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:22.10	Richard Abrahams	2010	0:31.77	Tom Burgess	2007	0:32.95	Tom Burgess	2008
100 Free	0:49.42	Richard Abrahams	2010	1:09.53	Bill King	1999	1:11.83	Bill King	1998
200 Free	1:57.54	Richard Abrahams	2010	2:40.21	Bill King	1999	2:41.58	Bill King	1998
400/500 Free	6:05.78	William Burson	2010	5:45.89	Bill King	1998	5:48.58	Bill King	1998
800/1000 Free	12:49.30	William Burson	2010	12:01.02	Mel Dyk	2006	12:23.60	Bill King	1998
1500/1650 Free	21:27.01	William Burson	2010	22:50.16	Bill King	1999	23:54.15	Bill King	2000
50 Back	0:27.74	Richard Abrahams	2010	0:40.04	Beans Yamamoto	1986	0:39.20	Jack Truby	1989
100 Back	1:13.55	Ronald Molnar	2009	1:32.09	Steve Hadley	1997	1:35.34	Beans Yamamoto	1986
200 Back	2:36.92	Ronald Molnar	2009	3:27.47	Bruce Murray	2004	3:38.03	Jack Truby	1989
50 Breast	0:31.91	Richard Abrahams	2010	0:39.66	Bob Patten	2000	0:38.97	Bob Patten	2001
100 Breast	1:12.71	Mel Dyck	2007	1:27.46	Bob Patten	1999	1:24.79	Bob Patten	1999
200 Breast	2:43.05	Bob Patten	2000	3:08.98	Bob Patten	2002	3:12.39	Bob Patten	2000
50 Fly	0:24.94	Richard Abrahams	2010	0:36.30	Bob Patten	2002	0:34.01	Dennis O'Brien	2001
100 Fly	0:56.36	Richard Abrahams	2010	1:28.72	Bob Patten	2002	1:18.75	Dennis O'Brien	2001
200 Fly	2:44.41	Dennis O'Brien	2001	3:39.13	Mel Dyck	2006	3:16.82	Dennis O'Brien	2001
100 IM	1:00.32	Richard Abrahams	2010	1:21.32	Terry Quirke	1996			
200 IM	2:34.11	Dennis O'Brien	2001	3:17.28	Mel Dyck	2006	3:04.66	Dennis O'Brien	2001
400 IM	5:39.61	Dennis O'Brien	2002	7:00.53	Mel Dyck	2006	6:42.29	Dennis O'Brien	2001

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70-74 Women									
Event	Short Course Yards		Short Course Meters			Long Course Meters			
50 Free	0:36.47	Ella Carmichael	1994	0:43.09	Ella Carmichael	1994	0:40.64	Ella Carmichael	1994
100 Free	1:20.99	Dena Mann	2003	1:32.33	Dena Mann	2001	1:36.12	Ella Carmichael	1994
200 Free	3:00.75	Dena Mann	2003	3:25.81	Jane Oberg	2009	3:19.09	Jane Oberg	2009
400/500 Free	7:47.72	Jane Oberg	2008	7:09.29	Jane Oberg	2009	6:47.83	Jane Oberg	2009
800/1000 Free	18:14.09	Judy Kennedy	2008	14:26.35	Jane Oberg	2009	14:06.06	Jane Oberg	2007
1500/1650 Free	26:33.28	Jane Oberg	2008	27:22.50	Jane Oberg	2009	26:18.02	Jane Oberg	2007
50 Back	0:48.80	Dena Mann	2003	0:53.78	Dena Mann	2001	0:52.48	Jane Oberg	2009
100 Back	1:50.57	Elsie Stevens	1993	1:54.42	Jane Oberg	2008	1:56.29	Jane Oberg	2007
200 Back	3:45.49	Jane Oberg	2010	4:09.65	Jane Oberg	2007	3:51.70	Jane Oberg	2007
50 Breast	0:46.14	Donna Ryman	2008	0:52.01	Donna Ryman	2007	1:01.89	Agota Frohs	1991
100 Breast	1:43.07	Donna Ryman	2008	1:57.63	Donna Ryman	2008	2:16.50	Agota Frohs	1991
200 Breast	3:45.59	Donna Ryman	2007	4:17.75	Donna Ryman	2008	4:52.07	Agota Frohs	1993
50 Fly	0:40.56	Jane Oberg	2008	0:53.08	Jane Oberg	2008	0:47.17	Jane Oberg	2007
100 Fly	1:40.90	Jane Oberg	2008	2:00.43	Jane Oberg	2007	1:57.33	Jane Oberg	2007
200 Fly	3:55.34	Jane Oberg	2008	4:50.27	Jane Oberg	2009	7:44.74	Ruth Hertzberg	2005
100 IM	1:39.98	Jane Oberg	2009	1:48.76	Jane Oberg	2007			
200 IM	3:31.68	Jane Oberg	2008	3:57.37	Jane Oberg	2007	4:12.03	Jane Oberg	2008
400 IM	7:56.62	Jane Oberg	2010	8:39.80	Jane Oberg	2009	13:15.94	Ruth Hertzberg	2005

70-74 Men									
Event	Short Course Yards		Short Course Meters			Long Course Meters			
50 Free	0:28.17	James Zurcher	2005	0:33.45	Beans Yamamoto	1987	0:34.18	Hugh Richards	1992
100 Free	1:01.44	James Zurcher	2005	1:15.01	Bill King	2003	1:11.30	James Zurcher	2006
200 Free	2:18.38	James Zurcher	2005	2:54.26	Bill King	2003	2:40.84	James Zurcher	2006
400/500 Free	6:24.63	James Zurcher	2005	6:27.63	Bill King	2003	5:46.34	James Zurcher	2006
800/1000 Free	14:02.31	James Zurcher	2005	12:55.61	Bill King	2003	12:14.28	James Zurcher	2006
1500/1650 Free	22:39.95	James Zurcher	2005	24:59.00	Bill King	2003	29:59.67	John Wrenn	1995
50 Back	0:35.68	Art Wolfe	2010	0:39.91	Lee Anderson	2003	0:40.07	Beans Yamamoto	1989
100 Back	1:21.42	Stan McConnell	2004	1:37.59	Beans Yamamoto	1987	1:37.47	Beans Yamamoto	1989
200 Back	2:46.77	Art Wolfe	2010	3:34.95	John Wrenn	1991	3:39.86	Jack Truby	1994
50 Breast	0:36.07	George Downs	2009	0:41.79	Bob Patten	2005	0:41.54	Bob Patten	2005
100 Breast	1:20.12	Bob Patten	2005	1:27.25	Bob Patten	2004	1:29.51	Bob Patten	2004
200 Breast	2:55.62	Bob Patten	2005	3:14.83	Bob Patten	2004	3:18.20	Bob Patten	2004
50 Fly	0:30.24	Dennis O'Brien	2006	0:37.44	Bob Patten	2004	0:36.78	Bob Patten	2004
100 Fly	1:09.32	Art Wolfe	2010	1:58.10	John Wrenn	1991	1:40.25	George Downs	2008
200 Fly	2:57.96	Art Wolfe	2010	6:23.66	Alistar Murray	2007	4:10.58	George Downs	2008
100 IM	1:09.91	Art Wolfe	2010	1:44.73	Beans Yamamoto	1988			
200 IM	2:33.38	Art Wolfe	2010	4:43.04	Richard Wood	1994	3:12.41	James Zurcher	2006
400 IM	5:43.44	Art Wolfe	2010	10:32.27	Alistar Murray	2007	7:54.94	John Wrenn	1993

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75-79 Women							
Event	Short Course Yards		Short Course Meters			Long Course Meters	
50 Free	0:49.31	Peggy Buchannan 2010	0:48.50	Elsie Stevens 1997	0:45.96	Elise Stevens 1997	
100 Free	2:19.29	Ruth Hertzberg 2010	1:55.71	Elsie Stevens 1997	1:43.35	Elise Stevens 1997	
200 Free	3:42.32	Elsie Stevens 1997	4:06.08	Elsie Stevens 1997	3:53.60	Elise Stevens 1997	
400/500 Free	9:33.01	Peggy Buchannan 2008	9:43.99	Agota Frohs 1997	10:07.81	Agota Frohs 1999	
800/1000 Free	19:40.58	Peggy Buchannan 2008	19:44.41	Agota Frohs 1997	20:18.90	Agota Frohs 1997	
1500/1650 Free	35:34.71	Jody Anderson 2006			43:07.95	Ruth Hertzberg 2008	
50 Back	0:49.33	Elsie Stevens 1997	0:53.49	Elsie Stevens 1997	0:53.54	Elise Stevens 1997	
100 Back	1:47.06	Elsie Stevens 1997	2:00.75	Elsie Stevens 1997	2:00.86	Elise Stevens 2000	
200 Back	4:46.60	Lois Ellert 1993	5:16.69	Lois Ellert 1991	4:16.07	Elise Stevens 1997	
50 Breast	0:57.08	Agota Frohs 1995	1:07.87	Agota Frohs 1997	1:04.42	Agota Frohs 1995	
100 Breast	2:04.53	Agota Frohs 1995	2:21.71	Agota Frohs 1996	2:20.83	Agota Frohs 1995	
200 Breast	4:30.35	Peggy Buchannan 2008			5:06.67	Agota Frohs 1995	
50 Fly	1:03.75	Agota Frohs 1996	1:13.68	Agota Frohs 1996	1:12.44	Agota Frohs 1995	
100 Fly	4:06.39	Ruth Hertzberg 2010	3:45.86	Ruth Hertzberg 2007	4:15.10	Ruth Hertzberg 1995	
200 Fly	10:39.95	Frances Holmes 2003					
100 IM	1:57.04	Peggy Buchannan 2008	2:23.54	Agota Frohs 1996			
200 IM	4:09.80	Peggy Buchannan 2008	5:15.76	Agota Frohs 1996	5:22.76	Agota Frohs 1997	
400 IM	10:11.68	Agota Frohs 1998			11:49.82	Agota Frohs 1997	

75-79 Men							
Event	Short Course Yards		Short Course Meters			Long Course Meters	
50 Free	0:31.16	Hugh Richards 1997	0:32.03	James Zurcher 2009	0:35.16	Jack Truby 1999	
100 Free	1:15.82	Jack Truby 2000	1:11.74	James Zurcher 2009	1:26.14	Jack Truby 1999	
200 Free	2:51.20	Wayne M Clegern 2005	3:21.48	Wayne Clegern 2004	3:17.39	Wayne Clegern 2004	
400/500 Free	8:21.20	David Bishop 2008	7:12.57	Wayne Clegern 2004	7:20.21	Wayne Clegern 2004	
800/1000 Free	17:40.09	Wayne M Clegern 2005	15:24.96	Wayne Clegern 2004	15:31.74	Wayne Clegern 2004	
1500/1650 Free	34:46.83	Joe Martin 2008	28:04.29	John Wrenn 1995	29:38.33	John Wrenn 1996	
50 Back	0:36.15	Steve Hadley 2008	0:43.56	James Zurcher 2009	0:44.13	Jack Truby 1999	
100 Back	1:23.36	Steve Hadley 2008	1:44.12	Jack Truby 2000	1:45.93	Jack Truby 1999	
200 Back	3:24.66	John Wrenn 1997	3:41.10	John Wrenn 1995	3:50.90	John Wrenn 1996	
50 Breast	0:40.37	Bob Patten 2010	0:47.04	Bob Patten 2009	0:44.03	Bob Patten 2009	
100 Breast	1:31.58	John Wrenn 1999	1:41.66	Bob Patten 2009	1:37.73	Bob Patten 2009	
200 Breast	3:19.11	Bob Patten 2010	3:38.43	Bob Patten 2009	3:38.53	Bob Patten 2009	
50 Fly	0:38.25	Hugh Richards 1997	0:38.88	James Zurcher 2009	1:00.65	John LeVett 1992	
100 Fly	1:28.06	John Myers 2006	2:02.52	Robert McDermott 1999			
200 Fly	5:08.75	Joe Martin 2008					
100 IM	1:27.15	Hugh Richards 1997	1:24.76	James Zurcher 2009			
200 IM	3:36.93	John Wrenn 1997	3:10.46	James Zurcher 2009	3:58.47	John Wrenn 1997	
400 IM	9:14.03	Alister Murray 2008	8:08.11	John Wrenn 1995			

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80-84 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:49.33	Jody Anderson	2010	1:10.06	Lois Ellert	1995	1:11.81	Sally Ryckman 1992
100 Free	1:47.36	Jody Anderson	2010	2:22.72	Sally Ryckman	1997	2:29.67	Lois Ellert 1995
200 Free	3:56.28	Jody Anderson	2010	5:09.63	Lois Ellert	1995	5:32.32	Lois Ellert 1995
400/500 Free	10:41.02	Jody Anderson	2010	10:47.83	Lois Ellert	1995	10:15.59	Agota Frohs 2000
800/1000 Free	22:01.47	Jody Anderson	2010					
1500/1650 Free								
50 Back	0:58.21	Jody Anderson	2010	1:15.32	Lois Ellert	1995	1:19.10	Lois Ellert 1995
100 Back	2:25.38	Lois Ellert	1995	2:43.47	Lois Ellert	1995	2:47.45	Agota Frohs 2000
200 Back	4:52.50	Lois Ellert	1995	5:30.89	Lois Ellert	1995	5:46.45	Lois Ellert 1995
50 Breast	1:32.69	Sally Ryckman	1993	1:49.73	Sally Ryckman	1993	1:42.29	Sally Ryckman 1994
100 Breast	2:29.86	Agota Frohs	2000				2:47.32	Agota Frohs 2000
200 Breast	5:16.02	Agota Frohs	2000				6:00.99	Agota Frohs 2000
50 Fly							1:28.24	Agota Frohs 2000
100 Fly								
200 Fly								
100 IM	2:32.51	Agota Frohs	2000					
200 IM	5:19.23	Agota Frohs	2000				5:54.67	Agota Frohs 2000
400 IM								

80-84 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:34.06	Jack Truby	2005	0:39.20	Jack Truby	2004	0:39.40	Jack Truby 2004
100 Free	1:23.42	Hugh Richards	2002	1:35.06	Jack Truby	2005	1:38.24	Jack Truby 2004
200 Free	3:16.92	Jack Truby	2005	3:42.95	Jack Truby	2005	3:41.17	Jack Truby 2006
400/500 Free	11:20.61	John Wrenn	2004	8:02.88	Jack Truby	2005	8:23.15	Wayne Clegem 2009
800/1000 Free	21:48.49	John Wrenn	2004	17:09.61	Jack Truby	2004	17:50.08	Wayne Clegem 2009
1500/1650 Free	37:17.05	John Wrenn	2004				33:30.01	Wayne Clegem 2009
50 Back	0:43.13	Jack Truby	2007	0:48.06	Jack Truby	2004	0:49.26	Jack Truby 2006
100 Back	1:36.67	Jack Truby	2005	1:48.83	Jack Truby	2004	1:54.19	Jack Truby 2006
200 Back	3:37.09	Jack Truby	2007	4:00.80	Jack Truby	2004	4:13.95	Jack Truby 2004
50 Breast	0:41.72	Frederick Hoppe	2008	0:46.30	Frederick Hoppe	2007	1:15.61	John Whittier 1995 John Whittier 1995
100 Breast	1:34.76	Frederick Hoppe	2008	1:49.30	Frederick Hoppe	2007		
200 Breast	3:40.78	Frederick Hoppe	2008	4:12.46	Frederick Hoppe	2007		
50 Fly	0:45.94	Hugh Richards	2003	2:04.46	Robert McDermott	2002		
100 Fly	3:20.69	John Wrenn	2004	5:16.05	Robert McDermott	2002		
200 Fly								
100 IM	1:41.05	Hugh Richards	2003	2:37.16	Richard Wood	2003		
200 IM	4:16.52	John Wrenn	2001	4:59.50	John Wrenn	2002	4:55.23	John Wrenn 2000
400 IM	10:09.49	John Wrenn	2003					

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85-89 Women						
Event	Short Course Yards			Short Course Meters		Long Course Meters
50 Free	1:16.52	Sally Ryckman	1997			1:36.26 Sally Ryckman 1997
100 Free	2:54.86	Sally Ryckman	1997			3:21.34 Sally Ryckman 1997
200 Free						7:13.54 Sally Ryckman 1997
400/500 Free						
800/1000 Free						
1500/1650 Free						
50 Back	1:31.50	Sally Ryckman	1997			1:46.12 Sally Ryckman 1997
100 Back	3:27.27	Sally Ryckman	1998			3:53.88 Sally Ryckman 1997
200 Back						
50 Breast						
100 Breast						
200 Breast						
50 Fly						
100 Fly						
200 Fly						
100 IM						
200 IM						
400 IM						

85-89 Men						
Event	Short Course Yards			Short Course Meters		Long Course Meters
50 Free	0:39.79	Beans Yamamoto	2002	1:32.35	Asher Patten	1991
100 Free	1:39.29	Beans Yamamoto	2002			
200 Free	4:05.78	Richard Wood	2008			
400/500 Free	12:22.83	John Wrenn	2008			
800/1000 Free	26:20.17	John Wrenn	2008			
1500/1650 Free						
50 Back	0:45.92	Beans Yamamoto	2002			
100 Back	1:47.33	Beans Yamamoto	2003			
200 Back	5:24.50	John Wrenn	2008			
50 Breast	1:08.63	John Wrenn	2006			
100 Breast	2:28.71	John Wrenn	2006			
200 Breast	8:13.10	John Wrenn	2010			
50 Fly						
100 Fly						
200 Fly						
100 IM	2:34.55	John Wrenn	2008			
200 IM	4:59.74	John Wrenn	2006			
400 IM						

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90-94 Women			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back	1:42.23 Lois Ellert 2006		
100 Back			
200 Back			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

90-94 Men			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back			
100 Back			
200 Back			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

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Colorado Masters Swimming State Records

95-99 Women			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back			
100 Free			
200 Free			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

95-99 Men			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back			
100 Back			
200 Back			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

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