

Colorado Masters Swimming State Records

Long Course Meters-Relays

Updated through 9/30/09

72-99								
Open Division			Workout Group Division					
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 72-99				
				Men's 200 Medley 72-99				
				Men's 400 Free 72-99				
				Men's 400 Medley 72-99				
				Men's 800 Free 72-99				
				Women's 200 Free 72-99				
				Women's 200 Medley 72-99				
				Women's 400 Free 72-99				
				Women's 400 Medley 72-99				
				Women's 800 Free 72-99				
				Mixed 200 Free 72-99				
				Mixed 200 Medley 72-99				
				Mixed 400 Free 72-99				
				Mixed 400 Medley 72-99				
				Mixed 800 Free 72-99				

100-119

Open Division				Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
				Men's 200 Free 100-119			
				Men's 200 Medley 100-119			
Rocky Mtn. Masters	Corey Parker(30) Sean Maher(23) Christopher Thomas(35) Jeffrey Johnson(30)	2002	4:26.61	Men's 400 Free 100-119	SQUID	Corey Parker(30) Sean Maher(23) Christopher Thomas(35) Jeffrey Johnson(30)	2002 4:26.61
Rocky Mtn. Masters	Thomas Morrissey(24) John Hayden(30) Daniel Phillips(33) Adam Thodey(28)	2002	5:44.89	Men's 400 Medley 100-119	SQUID	Thomas Morrissey(24) John Hayden(30) Daniel Phillips(33) Adam Thodey(28)	2002 5:44.89
				Men's 800 Free 100-119			
				Women's 200 Free 100-119			
				Women's 200 Medley 100-119			
				Women's 400 Free 100-119			
				Women's 400 Medley 100-119			
				Women's 800 Free 100-119			
				Mixed 200 Free 100-119			
				Mixed 200 Medley 100-119			
				Mixed 400 Free 100-119			
CMS	Scott Ko(26) Chelsea Gibbons(26) Carter Cooper(27) Shannon Hoelsing(28)	2009	3:58.81	Mixed 400 Medley 100-119	BeeGees	Scott Ko(26) Chelsea Gibbons(26) Carter Cooper(27) Shannon Hoelsing(28)	2009 3:58.81
CMS	Scott Ko(26) Chelsea Gibbons(26) Shannon Hoelsing(28)	2009	11:22.04	Mixed 800 Free 100-119	BeeGees	Scott Ko(26) Chelsea Gibbons(26) Shannon Hoelsing(28)	2009 11:22.04

Carter Cooper(27)

Carter Cooper(27)

120-159**Open Division****Workout Division**

Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Steven Kahl(44) Mike Gonzales(40) Thomas Rosinski(36) Schuyler Smith(38)	2006	1:41.54	Men's 200 Free 120-159				
CMS	Schuyler Smith(38) Randy Cox(44) Kevin Nash(42) Jared Foster(30)	2006	1:56.77	Men's 200 Medley 120-159				
Rocky Mtn. Masters	Pat Chaiyaroj(39) Keith Pryor(32) Corey Parker(30) Jeff Commings(28)	2003	3:57.81	Men's 400 Free 120-159	SQUID	Pat Chaiyaroj(39) Richard Nielsen(38) Keith Pryor(32) Paul Lemp(35)	2002	4:21.94
Rocky Mtn. Masters	Jeff Commings(28) Richard Nielsen(40) Adam Thodey(30) Dan Phillips(35)	2005	4:49.26	Men's 400 Medley 120-159	SQUID	Paul Lemp(35) Jeff Commings(28) Richard Nielsen(38) Christopher Thomas(35)	2002	4:59.50
Rocky Mtn. Masters	Keith Pryor(32) John Hayden(30) Matt Fisher(43) Pat Chaiyaroj(39)	2003	10:03.68	Men's 800 Free 120-159				
Rocky Mtn. Masters	Kathy Garnier(38) Laura McKeever(30) Jennifer Rocke(33) Laureen Welting(32)	1998	1:58.23	Women's 200 Free 120-159				
Rocky Mtn. Masters	Jennifer Rocke(33) Laureen Welting(32) Laura McKeever(30) Kathy Garnier(38)	1998	2:17.38	Women's 200 Medley 120-159				
Rocky Mtn. Masters	Jennifer Huyler(36) Loni Coyne(45) Amy O'Brien(44) Emily Thul(27)	2002	5:51.57	Women's 400 Free 120-159	SQUID	Jennifer Huyler(36) Loni Coyne(45) Amy O'Brien(44) Emily Thul(27)	2002	5:51.57
				Women's 400 Medley 120-159				
CMS	Ellie Najjar(40) Amy Hui(29) Tricia Good(38) Heather Bennett(28)	2009	11:35.27	Women's 800 Free 120-159				
				Mixed 200 Free 120-159				
Rocky Mtn. Masters	Daniel Thomas(21) Travis Mabry(26) Tiffany Forbes(37) Heather Hagadorn(39)	2004	2:05.04	Mixed 200 Medley 120-159				
CMS	Michael Cox(32) Amy Hui(29) Chris O'Sullivan(34) Leah Maples(35)	2009	6:08.96	Mixed 400 Free 120-159				
Rocky Mtn. Masters	Jeffrey Johnson(30) Loni Coyne(45) Pat Chaiyaroj(39)	2002	5:21.39	Mixed 400 Medley 120-159	SQUID	Jeffrey Johnson(30) Loni Coyne(45) Pat Chaiyaroj(39)	2002	5:21.39

Amy O'Brien(44)		Mixed 800 Free 120-159		Amy O'Brien(44)				
160-199								
Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
Rocky Mtn. Masters	David Gray(40) Roger Knight(34) William Abbott(52) Andre Levasseur(34)	1998	1:49.59	Men's 200 Free 160-199				
CMS	Scott Ko(25) Greg Scott(49) Mark Johnston(48) Schuyler Smith(40)	2008	1:56.60	Men's 200 Medley 160-199				
Rocky Mtn. Masters	Mick Barnhardt(41) Jamie Henderson(45) Matt Fisher(43) Scott Landis(47)	2002	4:59.70	Men's 400 Free 160-199	SQUID	Mick Barnhardt(41) Jamie Henderson(45) Matt Fisher(43) Scott Landis(47)	2002	4:59.70
				Men's 400 Medley 160-199				
				Men's 800 Free 160-199				
CMS	Kathy Garnier(46) Heather Hagadorn(41) Laura Smith(40) Laura Dravenstott(35)	2006	1:58.54	Women's 200 Free 160-199				
CMS	Nicole Vanderpoel(42) Amy Webb(31) Karen Rosener(52) Kathy Garnier(46)	2006	2:17.08	Women's 200 Medley 160-199				
				Women's 400 Free 160-199				
				Women's 400 Medley 160-199				
				Women's 800 Free 160-199				
Rocky Mtn. Masters	Kathy Garnier(38) Lauren Welting(32) Richard Abrahams(53) James Lillley(38)	1998	1:45.83	Mixed 200 Free 160-199				
CMS	Mike Gonzales(40) Greg Scott(47) Karen Rosener(52) Amy Webb(31)	2006	2:06.30	Mixed 200 Medley 160-199				
				Mixed 400 Free 160-199				
CMS	Kent Carney(62)	2009	5:17.70	Mixed 400 Medley				

	Tricia Goode(38) Greg Scott(50) Ellie Najjar(48)		160-199				
CMS	Rachael Bennett(42) Leah Maples(35) Jon Sarche(41) Mark Johnston(49)	2009	11:44.67	Mixed 800 Free 160-199	Swim Dogs	Rachael Bennett(42) Leah Maples(35) Jon Sarche(41) Mark Johnston(49)	2009 11:44.67
200-239							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Jack Groselle(52) Trip Hedrick(52) Steve Wood(46) Richard Abrahams(61)	2006	1:38.24	Men's 200 Free 200-239			
CMS	Steve Wood(46) Jack Groselle(52) Trip Hedrick(52) Richard Abrahams(61)	2006	1:50.83	Men's 200 Medley 200-239			
Rocky Mtn. Masters	Tom Arrison(52) David Johnson(60) Tom Baugh(50) Robert Terry(49)	2002	6:31.03	Men's 400 Free 200-239	SQUID	Tom Arrison(52) David Johnson(60) Tom Baugh(50) Robert Terry(49)	2002 6:31.03
Rocky Mtn. Masters	Wayne Lee(48) David Johnson(60) Jamie Henderson(45) Robert Terry(49)	2002	6:47.09	Men's 400 Medley 200-239	SQUID	Wayne Lee(48) David Johnson(60) Jamie Henderson(45) Robert Terry(49)	2002 6:47.09
				Men's 800 Free 200-239			
CMS	Kathy Garnier(45) Marcia Anziano(60) Jane Oberg(68) Heather Hagadorn(40)	2005	2:18.39	Women's 200 Free 200-239			
CMS	Amanda Krause(30) Patricia Harkreader(70) Dana Shieman(44) Marcia Anziano(61)	2006	3:19.40	Women's 200 Medley 200-239			
				Women's 400 Free 200-239			
				Women's 400 Medley 200-239			
				Women's 800 Free 200-239			
CMS	Trip Hedrick(52) Kim Crouch(45) Kathy Garnier(46) Richard Abrahams(61)	2006	1:44.96	Mixed 200 Free 200-239			
CMS	Judith Laney(54) Kent Carney(59) Richard Hess(52) LeighAnn White(37)	2006	2:37.17	Mixed 200 Medley 200-239			
				Mixed 400 Free 200-239			

				Mixed 400 Medley 200-239	
				Mixed 800 Free 200-239	
240-279					
Open Division				Workout Division	
Team	Swimmers	Year	Time	Relay	Team
				Men's 200 Free 240-279	
				Men's 200 Medley 240-279	
				Men's 400 Free 240-279	
CMS	Craig Petersen(49) Mel Dyck(68) Richard Abrahams(64) Carl Selles(62)	2009	4:49.24	Men's 400 Medley 240-279	
				Men's 800 Free 240-279	
CMS	Winifred Prall(60) Judy Kennedy(70) Jane Oberg(70) Ellie Najjar(46)	2007	2:38.29	Women's 200 Free 240-279	
CMS	Grace Dyck(64) Mary Anne Nelson(55) Jane Oberg(68) Marcia Anziano(60)	2005	3:16.92	Women's 200 Medley 240-279	
				Women's 400 Free 240-279	
				Women's 400 Medley 240-279	
				Women's 800 Free 240-279	
CMS	John Hughes(52) Morgan Edwards(61) Jane Oberg(68) Marcia Anziano(60)	2005	2:24.57	Mixed 200 Free 240-279	
CMS	Stan Benson(54) Richard Hess(53) Jane Oberg(70) Patricia Harkreader(71)	2007	2:44.13	Mixed 200 Medley 240-279	
				Mixed 400 Free 240-279	

				Mixed 400 Medley 240-279	
				Mixed 800 Free 240-279	
280-319					
Open Division			Workout Division		
Team	Swimmers	Year	Time	Relay	Team
					Swimmers
					Year
					Time
				Men's 200 Free 280-319	
				Men's 200 Medley 280-319	
				Men's 400 Free 280-319	
				Men's 400 Medley 280-319	
				Men's 800 Free 280-319	
				Women's 200 Free 280-319	
				Women's 200 Medley 280-319	
				Women's 400 Free 280-319	
				Women's 400 Medley 280-319	
				Women's 800 Free 280-319	
CMS	Jane Oberg(70) Winifred Prall(60) Jack Truby(83) Bob Patten(73)	2007	2:48.08	Mixed 200 Free 280-319	
				Mixed 200 Medley 280-319	
				Mixed 400 Free 280-319	

	Mixed 400 Medley 280-319	
	Mixed 800 Free 280-319	