

Colorado Masters Swimming State Records

Short Course Meters-Relays

Updated through 12/31/09

72-99							
Open Division				Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
				Men's 200 Free 72-99			
				Men's 200 Medley 72-99			
				Men's 400 Free 72-99			
				Men's 400 Medley 72-99			
				Men's 800 Free 72-99			
				Women's 200 Free 72-99			
				Women's 200 Medley 72-99			
				Women's 400 Free 72-99			
				Women's 400 Medley 72-99			
				Women's 800 Free 72-99			
				Mixed 200 Free 72-99			
				Mixed 200 Medley 72-99			
				Mixed 400 Free 72-99			
				Mixed 400 Medley 72-99			

				Mixed 800 Free 72-99				
100-119								
Open Division					Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time	
				Men's 200 Free 100-119				
				Men's 200 Medley 100-119				
Rocky Mtn. Masters	Daniel Phillips(31) Jon Hayden(28) Holly Bellmund(30) Keith Pryor(30)	2000	4:40.11	Men's 400 Free 100-119	SQUID	Daniel Phillips(31) Jon Hayden(28) Holly Bellmund(30) Keith Pryor(30)	2000 4:40.11	
				Men's 400 Medley 100-119				
				Men's 800 Free 100-119				
				Women's 200 Free 100-119				
				Women's 200 Medley 100-119				
				Women's 400 Free 100-119				
				Women's 400 Medley 100-119				
				Women's 800 Free 100-119				
Rocky Mtn. Masters	Susan Peterson(33) Victor Valks(27) Brittany Southam(26) Ryan Jones(25)	2002	2:04.63	Mixed 200 Free 100-119				
				Mixed 200 Medley 100-119				
				Mixed 400 Free 100-119				

			Mixed 400 Medley 100-119				
			Mixed 800 Free 100-119				
120-159							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
				Men's 200 Free 120-159			
				Men's 200 Medley 120-159			
Rocky Mtn. Masters	Joel Siegal(31) Dave Ross(32) Bill Brackett(44) Howie Silleck(24)	2002	4:28.13	Men's 400 Free 120-159			
Rocky Mtn. Masters	Pat Chaiyaros(37) Michael Barnhardt(39) Allen Rheem(51) Keith Pryor(30)	2000	4:23.25	Men's 400 Medley 120-159	SQUID	Pat Chaiyaros(37) Michael Barnhardt(39) Allen Rheem(51) Keith Pryor(30)	2000 4:43.25
Rocky Mtn. Masters	Pat Chaiyaros(38) Allen Rheem(52) Rob Price(31) Keith Pryor(31)	2001	9:32.39	Men's 800 Free 120-159			
				Women's 200 Free 120-159			
Rocky Mtn. Masters	Lori Deacon(32) Heather Hagadorn(37) Cecilia Gadd-Siegel(31) Sonya Burgers(24)	2002	2:16.87	Women's 200 Medley 120-159	Greenwood Athletic Club	Jenny Stein(40) Jana Iverson(37) Julie Lee(38) Collette Sappey(38)	2003 2:22.72
Rocky Mtn. Masters	Lori Deacon(32) Heather Hagadorn(37) Cecilia Gadd-Siegel(31) Sonya Burgers(24)	2002	4:38.01	Women's 400 Free 120-159			
Rocky Mtn. Masters	Lori Deacon(32) Heather Hagadorn(37) Cecilia Gadd-Siegel(31) Sonya Burgers(24)	2002	5:06.78	Women's 400 Medley 120-159			
				Women's 800 Free 120-159			
				Mixed 200 Free 120-159			
				Mixed 200 Medley 120-159	DAC		2007 2:27.53

			Mixed 400 Free 120-159			
			Mixed 400 Medley 120-159			
			Mixed 800 Free 120-159			
160-199						
Open Division				Workout Division		
Team	Swimmers	Year	Time	Relay	Team	Swimmers
CMS	Jeffrey Magourik (46) Tom McElhinney (54) Richard Hess (53) Patrick McLaughlin (38)	2007	1:58.85	Men's 200 Free 160-199	Bee Gees	Jeffrey Magourik(46) Tom McElhinney(54) Richard Hess(53) Patrick McLaughlin(38)
Rocky Mtn. Masters	Karl Ellefsen Dave Kruse(43) Jeff Allman(39) Arnie Dowd(58)	2003	2:16.57	Men's 200 Medley 160-199	Greenwood Athletic Club	Karl Ellefsen(48) Dave Kruse(43) Jeff Allman(39) Arnie Dowd(58)
				Men's 400 Free 160-199		
				Men's 400 Medley 160-199		
				Men's 800 Free 160-199		
				Women's 200 Free 160-199		
				Women's 200 Medley 160-199		
				Women's 400 Free 160-199		
				Women's 400 Medley 160-199		
				Women's 800 Free 160-199		
Rocky Mtn. Masters	Bill Brackett(44) Laura Smith(36) Paul Smith(43) Heather Hagadorn(37)	2002	1:53.12	Mixed 200 Free 160-199		
				Mixed 200 Medley 160-199		

				Mixed 400 Free 160-199				
				Mixed 400 Medley 160-199				
				Mixed 800 Free 160-199				
200-239								
Open Division					Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time	
				Men's 200 Free 200-239				
				Men's 200 Medley 200-239				
				Men's 400 Free 200-239				
				Men's 400 Medley 200-239				
				Men's 800 Free 200-239				
				Women's 200 Free 200-239				
				Women's 200 Medley 200-239				
				Women's 400 Free 200-239				
				Women's 400 Medley 200-239				
				Women's 800 Free 200-239				
				Mixed 200 Free 200-239				

	Mixed 200 Medley 200-239	
	Mixed 400 Free 200-239	
	Mixed 400 Medley 200-239	
	Mixed 800 Free 200-239	

240-279		
----------------	--	--

Open Division				Workout Division			
----------------------	--	--	--	-------------------------	--	--	--

Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 240-279				
				Men's 200 Medley 240-279				
				Men's 400 Free 240-279				
				Men's 400 Medley 240-279				
				Men's 800 Free 240-279				
				Women's 200 Free 240-279				
				Women's 200 Medley 240-279				
				Women's 400 Free 240-279				
				Women's 400 Medley 240-279				
				Women's 800 Free 240-279				
				Mixed 200 Free 240-279				

	Mixed 200 Medley 240-279	
	Mixed 400 Free 240-279	
	Mixed 400 Medley 240-279	
	Mixed 800 Free 240-279	

280-319		
----------------	--	--

Open Division			Workout Division			
----------------------	--	--	-------------------------	--	--	--

Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 280-319				
				Men's 200 Medley 280-319				
				Men's 400 Free 280-319				
				Men's 400 Medley 280-319				
				Men's 800 Free 280-319				
				Women's 200 Free 280-319				
				Women's 200 Medley 280-319				
				Women's 400 Free 280-319				
				Women's 400 Medley 280-319				
				Women's 800 Free 280-319				

	Mixed 200 Free 280-319	
	Mixed 200 Medley 280-319	
	Mixed 400 Free 280-319	
	Mixed 400 Medley 280-319	
	Mixed 800 Free 280-319	