

Colorado Masters Swimming State Records Short Course Yards-Relays

Updated through 05/31/2009

18 & Over								
Open Division				Workout Group Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Matt Lang(24) Kevin Juliano(27) Jared Foster(31) Shane Copsey(24)	2007	1:31.30	Men's 200 Free 18+	Highlands Ranch	Matt Beck(28) Rob Nasser(33) William Iala(21) Kurt Nelson(43)	2003	1:31.58
Highlands Ranch	Matt Beck(26) Steve Watson(23) Rob Nasser(31) Kurt Nelson(41)	2001	1:40.34	Men's 200 Medley 18+	Highlands Ranch	Matt Beck(26) Steve Watson(23) Rob Nasser(31) Kurt Nelson(41)	2001	1:40.34
				Men's 400 Free 18+				
				Men's 400 Medley 18+				
				Men's 800 Free 18+				
U. of Denver	Brooke Taflinger(24) Sheri Hart(34) Heather Hagadorn(41) Katie Luellen(32)	2006	1:42.61	Women's 200 Free 18+	U. of Denver	Brooke Taflinger(24) Sheri Hart(34) Heather Hagadorn(41) Katie Luellen(32)	2006	1:42.61
CMS	Jill Myers(27) Kim McDermott(24) Erika Leetmae(34) Kim Eden(36)	2005	1:57.66	Women's 200 Medley 18+	Ft. Collins Club	Brette Winegarber(22) Karen Rosener(54) Lyndsey Linke(27) Kim Eden(39)	2008	1:58.76
Total Fitness Swim	Jenna Van Fossan(26) Maureen McGarity(49) Sara Vance(32) Jamie Lamb(24)	2005	5:11.79	Women's 400 Free 18+	Total Fitness Swim	Jenna Van Fossan(26) Maureen McGarity(49) Sara Vance(32) Jamie Lamb(24)	2005	5:11.79
				Women's 400 Medley 18+				
				Women's 800 Free 18+				
CMS	Matthew Eisenhuth(31) Kim McDermott(24) Jill Myers(27) Robert Putnam(31)	2005	1:35.19	Mixed 200 Free 18+	Air Force Masters	Steve Owsley(38) Terri Walters(33) Connie Cann(22) Patrick Wrynn(35)	2000	1:39.14
Durango Masters	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005	1:39.24	Mixed 200 Medley 18+	Durango Masters	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005	1:39.24
				Mixed 400 Free 18+				
				Mixed 400 Medley 18+				
				Mixed 800 Free 18+				

25 & Over

25 & Over							
Open Division				Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Haydn Silleck(29) Matt Eisenhuth(34) Chris O'Sullivan(33) Ian Caswell(29)	2008	1:26.72	Men's 200 Free 25+	DU Aquaholics	Matt Eisenhuth(29) Dan Ross(29) Thomas Rosinski(34) Hayden Silleck(25)	2004 1:27.10
Rocky Mtn. Masters	Mike Gonzales(35) Aaron McCormick(27) Robbert-Paul Smit(33) Paul Smith(42)	2002	1:36.06	Men's 200 Medley 25+	DU Aquaholics	Dan Ross(29) Matt Eisenhuth(29) Hayden Silleck(25) Thomas Rosinski(34)	2004 1:39.78
				Men's 400 Free 25+	Squids	Dan Maley(28) Dustin Carpenter(26) Pat Chaiyaroj(44) Keith Pryor(37)	2008 4:04.76
				Men's 400 Medley 25+			
				Men's 800 Free 25+			
CMS	Susan Von Der Lippe(40) Kathy Garnier(45) Sheri Hart(35) Barbara Miller(35)	2006	1:36.46	Women's 200 Free 25+	DU Aquaholics	Christy Surr(31) Heather Hagedorn(37) Cecila Gadd-Siegel(30) Katy Clodius(27)	2002 1:43.03
Rocky Mtn. Masters	Holly Jenkins(35) Susanne Divelbiss(37) Katie Luellen(29) Cecila Gadd-Siegel(31)	2003	1:54.14	Women's 200 Medley 25+	DU Aquaholics	Lori Deacon(31) Julia Von Evig(40) Cecila Gad-Siegel(30) Heather Hagadorn(37)	2002 1:54.83
				Women's 400 Free 25+			
				Women's 400 Medley 25+			
				Women's 800 Free 25+			
Rocky Mtn. Masters	Aaron McCormick(27) Sarah Lee(35) Julia Von Evig(40) Robbert-Paul Smit(33)	2002	1:33.52	Mixed 200 Free 25+	Team Vortex	Daniel MacEachran(25) Aaron Hoffman(28) Katie Engelhardt(25) Laura Tuck(25)	2002 1:35.38
CMS	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009	1:41.84	Mixed 200 Medley 25+	DU Aquaholics	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009 1:41.84
				Mixed 400 Free 25+			
				Mixed 400 Medley 25+			
				Mixed 800 Free 25+			

35 & Over

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
Rocky Mtn. Masters	Robbert-Paul Smit(35) John Smith(42) Paul Smith(44) Rowdy Gaines(45)	2004	1:24.05	Men's 200 Free 35+	Aurora Masters		2003	1:33.65
Rocky Mtn. Masters	John Smith(42) Holden Bank(44) Robbert-Paul Smit(35) Paul Smith(44)	2004	1:35.04	Men's 200 Medley 35+	Aurora Masters		2003	1:43.67
Broomfield Masters	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005	3:49.28	Men's 400 Free 35+	Broomfield Breakers	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005	3:49.28
				Men's 400 Medley 35+				
				Men's 800 Free 35+				
Rocky Mtn. Masters	Collette Sappey(38) Kathy Garnier(42) Susan Von Der Lippe(37) Anna Scott(40)	2003	1:36.90	Women's 200 Free 35+	DU	Teri Moen(38) Sheri Hart(36) Cecilia Gadd-Siegel(35) Heather Hagadorn(42)	2007	1:43.08
CMS	Sheri Hart(35) Susan Von Der Lippe(40) Ellen Campbell(43) Kathy Garnier(45)	2006	1:48.55	Women's 200 Medley 35+	DU	Sheri Hart(36) Cecilia Gadd-Siegel(35) Erika Leetmae(36) Teri Moen(38)	2007	1:54.91
				Women's 400 Free 35+				
				Women's 400 Medley 35+				
Rocky Mtn. Masters	Kathy Garnier(41) Laura Smith(36) Judy Nelson(41) Heather Hagadorn(37)	2002	8:16.72	Women's 800 Free 35+				
Rocky Mtn. Masters	Kathy Garnier(43) Susan Von Der Lippe(38) John Smith(42) Paul Smith(44)	2004	1:30.17	Mixed 200 Free 35+	Swim Dogs	Dana Johnson(47) Dennis Spath(56) Regina Kania(40) Jim Dickman(44)	2009	1:33.02
CMS	Derek Robinson(38) Aaron Bartleson(37) Susan Von Der Lippe(42) Collette Sappey(43)	2008	1:40.09	Mixed 200 Medley 35+	BeeGees	Randy Cox(46) Susan Von Der Lippe(43) Richard Hess(54) Kim Crouch(47)	2009	1:49.50
DU	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006	4:34.66	Mixed 400 Free 35+	DU	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006	4:34.66
				Mixed 400 Medley 35+				
				Mixed 800 Free 35+				

45 & Over

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Richard Abrahams(60) Paul Smith(45) Richard Hess(50) James Lilley(45)	2005	1:27.94	Men's 200 Free 45+	Inverness Masters	Steven Kahl(46) Michael Mann(54) Scott Powell(47) Mark Lehrer(51)	2009	1:34.33
CMS	Paul Smith(45) Stuart Waterbury James Lilley(45) Richard Abrahams(60)	2005	1:39.69	Men's 200 Medley 45+	Inverness Masters	Reed Wells(47) Michael Mann(54) Powell Scott(47) Steve Kahl(46)	2009	1:46.56
				Men's 400 Free 45+				
				Men's 400 Medley 45+				
				Men's 800 Free 45+				
CMS	Kathy Garnier(48) Vicky Dewey(47) Ellen Campbell(46) Elene Jones(48)	2009	1:42.14	Women's 200 Free 45+	Inverness Masters	Kathleen Steffe(45) Ellen Campbell(45) Susan Fouts(57) Kathy Garnier(47)	2008	1:54.62
CMS	Elene Jones(47) Ellen Campbell(45) Kim Crouch(46) Kathy Garnier(47)	2008	1:58.62	Women's 200 Medley 45+	DU Aquaholics	Michelle Bergan(48) Ellie Najjar(47) Janice Dan(46) Diane Sweers(45)	2009	2:21.62
				Women's 400 Free 45+				
				Women's 400 Medley 45+	Rally Sport	Karen Ishibashi(55) Frankie Benning(50) Susan Canto(58) Julie Zender(50)	2008	5:35.47
				Women's 800 Free 45+				
CMS	Mark Johnson(48) Steve Kahl(46) Ellen Campbell(46) Kathy Garnier(48)	2009	1:35.91	Mixed 200 Free 45+	Inverness Masters	Steven Kahl(45) Ellen Campbell(45) Mark Johnston(47) Kathy Garnier(47)	2008	1:39.47
CMS	Paul Smith(45) Stuart Waterbury(51) Karen Rosener(51) Cathy Drozda(46)	2005	1:49.43	Mixed 200 Medley 45+	Inverness Masters	Scott Powell(47) Michael Mann(54) Ellen Campbell(46) Kathy Garnier(48)	2009	1:54.68
Rally Sport	Stephanie Mayer(48) Susan Canto(56) Frankie Benning(48) Karen Ishibashi(53)	2006	5:40.18	Mixed 400 Free 45+	Rally Sport	Stephanie Mayer(48) Susan Canto(56) Frankie Benning(48) Karen Ishibashi(53)	2006	5:40.18
				Mixed 400 Medley 45+				
				Mixed 800 Free 45+				

55 & Over

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
Rocky Mtn. Masters	Paul McCormick(55) Arnie Dowd(56) Carl Selles(55) Richard Abrahams(57)	2002	1:35.55	Men's 200 Free 55+	Boulder Aquatic Masters	Paul McCormick(58) Laurence Goodman(57) Dennis West(60) Norman Paxton(56)	2005	1:49.01
CMS	Chuck Fischer(55) Lee MacDonald(55) Richard Abrahams(62) Paul McCormick(60)	2007	1:48.60	Men's 200 Medley 55+	Durango Masters	Thomas Ellis(57) Dennis O'Brien(70) David Dodge(59) Mal Jester(56)	2006	2:03.99
Rocky Mtn. Masters	Carl Selles(55) Arnie Dowd(56) Bill Abbott(55) Richard Abrahams(57)	2002	3:39.22	Men's 400 Free 55+				
				Men's 400 Medley 55+				
Rocky Mtn. Masters	Paul McCormick(55) Bill Abbott(56) Bill Burson(57) Carl Selles(56)	2003	8:29.47	Men's 800 Free 55+				
CMS	Judith Laney(55) Pamela Gatz(61) Christine Hashimoto(60) Susan Fouts(57)	2008	2:08.63	Women's 200 Free 55+	DU Masters	Marcia Anziano(62) Pam Gatz(60) Linda Lebsack(60) Winfred Prall(59)	2007	2:25.26
CMS	Christine Hashimoto(60) Grace Dyck(67) Karen Rosener(55) Lydia Young(60)	2009	2:33.14	Women's 200 Medley 55+	DU Masters	Pam Gatz(60) Susan Fouts(56) Winfred Prall(59) Marcia Anziano(62)	2007	2:46.72
				Women's 400 Free 55+				
				Women's 400 Medley 55+				
				Women's 800 Free 55+				
CMS	Lee MacDonald(55) Carolyn Roche(56) Trudy O'Brien(57) Carl Selles(60)	2007	1:54.60	Mixed 200 Free 55+	Durango Masters	Mal Jester(56) Thomas Ellis(57) Mary Anne Nelson(55) Trudy O'Brien(56)	2006	2:01.07
CMS	Chuck Fischer(55) Trudy O'Brien(57) Richard Abrahams(62) Carolyn Roche(56)	2007	2:03.46	Mixed 200 Medley 55+	Durango Masters	David Dodge(60) Mary Anne Nelson(56) Mal Jester(57) Trudy O'Brien(57)	2007	2:20.95
				Mixed 400 Free 55+				
				Mixed 400 Medley 55+				
				Mixed 800 Free 55+				

65 & Over

65 & Over							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
Rocky Mtn. Masters	Bob Patten(65) Jim Michie(67) Jack Truby(75) Bill King(66)	2000	2:07.81	Men's 200 Free 65+			
CMS	Allen Neuls(65) Mel Dyck(67) Ronald Molnar(67) Mark Plummer(72)	2009	2:11.29	Men's 200 Medley 65+	Boulder Aquatic Masters	Sanford Platter(66) John Myers(74) James Zurcher(70) Dick McCray(67)	2005 2:54.78
				Men's 400 Free 65+			
				Men's 400 Medley 65+			
				Men's 800 Free 65+			
CMS	Karen Zentgraf(66) Judy Kennedy(70) Jane Oberg(70) Louise Wise(65)	2008	2:30.49	Women's 200 Free 65+			
				Women's 200 Medley 65+			
				Women's 400 Free 65+			
				Women's 400 Medley 65+			
				Women's 800 Free 65+			
CMS	Mark Plummer(69) Jane Oberg(68) Patricia Harkreader(70) Dennis O'Brien(70)	2006	2:16.13	Mixed 200 Free 65+	Beegees	Allen Neuls(65) John Tobin(66) Grace Dyck(67) Peggy Buchannan(76)	2009 2:41.11
CMS	Jane Oberg(68) Bob Patten(71) Dennis O'Brien(70) Patricia Harkreader(70)	2006	2:32.30	Mixed 200 Medley 65+	Beegees	Grace Dyck(67) Mel Dyck(67) John Tobin(66) Eileen Croissant(69)	2009 2:55.43
				Mixed 400 Free 65+			
				Mixed 400 Medley 65+			
				Mixed 800 Free 65+			

75 & Over

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
				Men's 200 Free 75+				
				Men's 200 Medley 75+				
				Men's 400 Free 75+				
				Men's 400 Medley 75+				
				Men's 800 Free 75+				
				Women's 200 Free 75+				
				Women's 200 Medley 75+				
				Women's 400 Free 75+				
				Women's 400 Medley 75+				
				Women's 800 Free 75+				
CMS	Jim Michie(75) Frances Holmes(80) Peggy Buchanan(75) Frederick Hoppe(80)	2008	3:28.60	Mixed 200 Free 75+				
				Mixed 200 Medley 75+				
				Mixed 400 Free 75+				
				Mixed 400 Medley 75+				
				Mixed 800 Free 75+				

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