

Colorado Masters Swimming Association Records

18-24 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:24.67	Becky Bicknell 2001	:28.81	Becky Bucknell 2000	0:29.40	Kate Booth 2015
100 Free	0:53.88	Becky Bicknell 2001	1:01.10	Laura Vitcenda 1993	1:04.17	Brenda Clark 1995
200 Free	1:59.05	Kate Booth 2015	2:14.46	Laura Vitcenda 1993	2:26.77	Jennifer Straley 1991
400/500 Free	5:11.34	Brooke Taflinger 2006	4:49.51	Anne Cruickshanks 2002	5:04.69	Maddie Orgill 2019
800/1000 Free	10:57.57	Shauna Nelson 2011	10:17.49	Laura Borgelt 1996	10:15.47	Maddie Orgill 2019
1500/1650 Free	18:27.61	Kathrine Warren 2013	19:57.29	Laura Vitcenda 1993	20:04.97	Lauren Bailey 2012
50 Back	0:27.36	Alina Michael 2023	0:31.67	Megan Priddy 2011	0:34.88	Ashleigh Sall 2017
100 Back	0:58.78	Julia Carroll 2017	1:08.25	Laura Vitcenda 1993	1:16.12	Dakota MacClain 2012
200 Back	2:07.57	Alina Michael 2017	2:31.29	Laura Vitcenda 1993	2:44.95	Ashleigh Sall 2017
50 Breast	0:31.10	Alicia Jensen 2023	0:37.56	Ashley Rowland 2011	0:37.56	Melissa Phelps 2012
100 Breast	1:07.57	Latherine Keel 2013	1:18.07	Jana Zamboni 1991	1:22.25	Laura Tully 2007
200 Breast	2:26.68	Alicia Jensen 2010	2:57.84	Kirstin Weuce 1991	2:55.60	Laura Tully 2007
50 Fly	0:25.78	Alicia Cardie 2023	0:29.95	Megan Priddy 2011	0:27.83	Alicia Cardie 2022
100 Fly	0:56.26	Alicia Cardie 2023	1:07.50	Jana Zamboni 1991	1:00.67	Alicia Cardie 2022
200 Fly	2:05.56	Alicia Cardie 2023			2:14.82	Alicia Cardie 2022
100 IM	1:00.78	Alina Michael 2023	1:11.42	Laura Vitcenda 1993		
200 IM	2:07.95	Brooke Taflinger 2006	2:30.50	Laura Vitcenda 1993	2:22.30	Alicia Cardie 2022
400 IM	4:30.34	Brooke Taflinger 2006	6:01.83	Brianna Lockhart 2013	5:04.81	Alicia Cardie 2022

18-24 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:20.11	Jeff Garnier 2017	0:27.81	Tyler Svendsen 2009	0:24.44	Tyler Svendsen 2010
100 Free	0:44.74	Jeff Garnier 2017	0:54.51	Brian Meade 1993	0:52.58	Tyler Svendsen 2010
200 Free	1:40.20	Jeff Garnier 2018	2:03.40	Brian Meade 1993	2:04.60	Tyler Svendsen 2010
400/500 Free	4:42.70	Jacob Ores 2018	4:29.29	Eric Peterson 1996	4:54.92	Kim Krieg 1979
800/1000 Free	11:33.49	Matt Grimlin 2009	8:58.31	Eric Peterson 1996		
1500/1650 Free	16:43.69	Kevin Ellis 2010	18:18.59	Griffin Caruolo 1998	15:47.52	Alexander Meyer 2012
50 Back	0:23.64	Jeff Garnier 2017	0:28.12	Sam Sloan 2013	0:29.24	Patrick Armstrong 2012
100 Back	0:50.77	Ramunas Paknys 2015	1:00.81	Sam Sloan 2013	1:02.83	Patrick Armstrong 2012
200 Back	1:53.03	Ramunas Paknys 2015	2:30.53	Xavier Brown 2015	2:39.09	Kevin Andrew 1982
50 Breast	0:26.55	Shane Copsey 2007	0:33.26	Ivan Light 2017	0:31.26	Everett Plocek 2019
100 Breast	0:57.54	Shane Copsey 2007	1:15.42	Greg Royther 1994	1:10.63	Everett Plocek 2019
200 Breast	2:12.77	Shane Copsey 2007	2:53.76	Doston Ganiyev 2011	2:39.45	Levi Bell 2009
50 Fly	0:22.45	Jeff Garnier 2017	0:26.34	David Hughes 1997	0:26.58	Gregory Nemick 2012
100 Fly	0:51.81	Nicholas Garrett 2013	1:00.02	Ben Sappey 2019	0:59.99	Gregory Nemick 2012
200 Fly	2:01.42	Chris Lively 2022	2:36.87	Michael Botyarov 2014	2:18.12	Gregory Nemick 2012
100 IM	0:50.12	Jeff Garnier 2017	1:03.00	Griffin Caruolo 1998		
200 IM	1:57.56	Alexander Tooley 2017	2:13.21	Sam Sloan 2013	2:19.40	Gregory Nemick 2012
400 IM	4:23.30	Ellis Eaton 1993	5:13.97	Greg Nemick 2012	5:32.38	Jeff Hildebrandt 1986

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Colorado Masters Swimming Association Records

25-29 Women

Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:24.08	Lyndsey Linke 2010	0:27.81	Becky Bicknell 2002	0:28.12	Lyndsey Linke 2006
100 Free	0:51.39	Carly Reid 2023	1:02.80	Becky Bicknell 2002	1:01.61	Amy Knott 1993
200 Free	1:47.88	Jenna Campbell 2023	2:13.18	Karen Burton 1991	2:12.19	Amy Knott 1993
400/500 Free	4:48.88	Jenna Campbell 2023	4:36.81	Karen Burton 1991	4:44.69	Amy Knott 1993
800/1000 Free	10:52.73	Amy Xu 2016	9:34.45	Sara Holman 2015	9:51.23	Sara Holman 2015
1500/1650 Free	17:38.76	Courtney Mills 2007	17:30.18	Karen Burton 1991	19:05.46	Michelle Mehnert 2017
50 Back	0:27.71	Alicia Cardie 2023	0:33.31	Shelle Botta 1993	0:33.57	Brittany Biggs 2015
100 Back	0:57.42	Alicia Cardie 2023	1:11.02	Shelle Botta 1993	1:12.32	Amy Knott 1993
200 Back	2:15.27	Anna Ray 1993	2:37.55	Sara Holman 2015	2:43.27	Sara Holman 2014
50 Breast	0:30.85	Alicia Cardie 2023	0:36.41	Trish Powell 1991	0:39.69	Storrie Paknys 2019
100 Breast	1:08.20	Alicia Cardie 2023	1:18.11	Trish Powell 1991	1:26.72	Susan Bier 1990
200 Breast	2:23.27	Brooke Taflinger 2008	2:56.05	Ellen Atkinson 1990	3:13.17	Chelsea Gibbons 2009
50 Fly	0:25.48	Alicia Cardie 2023	0:30.54	Dana Dutcher 1993	0:28.98	Lyndsey Linke 2006
100 Fly	0:56.61	Alicia Cardie 2023	1:10.36	Trish Powell 1991	1:07.09	Lyndsey Linke 2006
200 Fly	2:06.90	Alicia Cardie 2023	2:28.67	Karen Burton 1991	2:55.93	Sarah Walker 2013
100 IM	0:58.61	Alicia Cardie 2023	1:08.26	Dana Dutcher 1993		
200 IM	2:07.15	Brooke Taflinger 2008	2:30.49	Karen Burton 1991	2:42.87	Amy Xu 2016
400 IM	4:28.57	Brooke Taflinger 2008	5:18.02	Karen Burton 1991	5:50.27	Amy Xu 2016

25-29 Men

Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:20.30	Jeff Garnier 2019	0:23.83	Jacob Grosser 2015	0:24.02	Brian Anderson 2016
100 Free	0:44.61	Jeff Garnier 2019	0:53.32	Jacob Grosser 2015	0:53.92	Stephen Schmuhl 2019
200 Free	1:38.70	Jeff Garnier 2019	2:00.09	Alon Mandel 2015	2:04.85	Nathaniel Hubenthal 2023
400/500 Free	4:35.82	Dylan Bunch 2022	4:20.94	Alon Mandel 2015	4:34.05	Nathaniel Hubenthal 2023
800/1000 Free	9:31.59	Dylan Bunch 2023	9:12.89	Alon Mandel 2015	9:57.01	David Smith 2014
1500/1650 Free	15:54.45	Dylan Bunch 2023	17:19.72	Alon Mandel 2015	18:08.69	Bruce Fisher 1976
50 Back	0:22.68	Alon Mandel 2015	0:25.82	Alon Mandel 2014	0:27.84	Jeff Commings 2003
100 Back	0:49.49	Alon Mandel 2015	0:56.85	Jeff Commings 2003	0:59.86	Jeff Commings 2003
200 Back	1:50.17	Ramunas Paknys 2017	2:07.14	Ramunas Paknys 2017	2:15.50	Ramunas Paknys 2019
50 Breast	0:25.80	Jeff Commings 2003	0:28.60	Jeff Commings 2003	0:29.52	Jeff Commings 2003
100 Breast	0:55.99	Jeff Commings 2003	1:02.83	Jeff Commings 2003	1:05.80	Jeff Commings 2003
200 Breast	2:06.17	Ellis Eaton 1995	2:26.13	Matthew Lang 2009	2:44.72	Ellis Eaton 1995
50 Fly	0:22.09	Brendan M Coyne 2006	0:25.22	Alon Mandel 2014	0:26.22	Jacob Grosser 2015
100 Fly	0:49.40	Jacob Grosser 2017	0:55.71	Stephen Schmuhl 2019	0:58.93	Jacob Grosser 2015
200 Fly	1:52.39	Scott Bergstrom 2022	2:15.53	Jon Christianson 2008	2:20.85	Jon Christianson 2010
100 IM	0:50.72	Alon Mandel 2015	0:56.65	Jeff Commings 2003		
200 IM	1:51.97	Jeff Garnier 2019	2:07.07	Jeff Commings 2003	2:16.59	Jeff Commings 2003
400 IM	4:12.04	Scott Bergstrom 2023	5:10.56	David Smith 2016	5:10.76	Jay O'Connor 1995

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Colorado Masters Swimming Association Records

30-34 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:23.86	Anna Pettis-Scott 1994	0:26.46	Anna Pettis-Scott 1993	0:27.69	Lauren Bortnowski 2019
100 Free	0:52.11	Anna Pettis-Scott 1993	1:02.43	Cathy Bujorian 1990	1:01.43	Laureen Welting 1999
200 Free	1:56.10	C Gadd-Siegel 2003	2:12.35	Karen Burton 1994	2:11.91	Laureen Welting 1999
400/500 Free	5:05.53	Karen Burton 1993	4:32.71	Karen Burton 1994	4:35.81	Karen Burton 1996
800/1000 Free	10:29.70	Karen Burton 1995	9:38.29	Sara Holman 2017	9:22.73	Karen Burton 1996
1500/1650 Free	17:07.52	Karen Burton 1993	17:23.60	Karen Burton 1994	17:38.70	Karen Burton 1996
50 Back	0:26.79	BJ Miller 2006	0:32.93	Shelle Marsh 1998	0:33.65	Kathy Barker 2011
100 Back	0:57.67	Barbara Miller 2006	1:13.23	Anna Ray 1994	1:11.06	Kathy Barker 2011
200 Back	2:09.56	Sheri Hart 2006	2:28.69	Karen Burton 1994	2:35.52	Becca Hlad 2012
50 Breast	0:31.27	Sheila Arrecondo 1995	0:37.30	Jodi Lee 2010	0:38.16	Ellen Atkinson 1995
100 Breast	1:08.26	Anna Heidinger 2016	1:21.86	Kelly Seavall 2003	1:22.92	Kristen Runyan 2010
200 Breast	2:29.99	Jodi Lee 2011	2:56.63	Karen Burton 1994	3:03.56	Ellen Atkinson 1995
50 Fly	0:25.60	Lyndsey Linke 2010	0:30.83	Lyndsey Linke 2010	0:30.90	Rosie Sheppard 2001
100 Fly	0:58.04	Lyndsey Linke 2010	1:10.21	Tiffany Forbes 1999	1:12.88	Tiffany Forbes 1999
200 Fly	2:11.78	Karen Burton 1993	2:29.58	Karen Burton 1994	2:29.14	Laureen Welting 1999
100 IM	0:58.25	Anna Heidinger 2017	1:11.41	Cathy Drozda 1992		
200 IM	2:05.47	Anna Heidinger 2017	2:29.59	Michelle Cox 1997	2:37.77	Laura McKeever 1998
400 IM	4:34.29	Karen Burton 1993	5:09.81	Karen Burton 1994	5:17.33	Laureen Welting 1999

30-34 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:21.10	John Smith 1993	0:23.62	John Smith 1993	0:24.93	Richard Hewson 1990
100 Free	0:46.30	John Smith 1993	0:54.35	Jeffrey Gullett 2015	0:55.22	Jeff Commings 2005
200 Free	1:44.17	John Smith 1993	2:01.34	Alex Girard 2013	2:03.94	James Lilley 1993
400/500 Free	4:46.60	Christopher Black 1996	4:22.26	Alex Girard 2013	4:24.58	Alex Girard 2013
800/1000 Free	10:03.88	Christopher Black 2000	9:10.85	Alex Girard 2013	9:18.39	Alex Girard 2013
1500/1650 Free	16:32.63	Andrew Sappey 1993	17:36.87	Alex Girard 2013	19:11.67	John Batchelder 2015
50 Back	0:23.94	Jeff Commings 2004	0:27.30	Chris O'Sullivan 2009	0:28.20	Jeff Commings 2004
100 Back	0:50.94	Jeff Commings 2004	1:05.73	Michael Cox 2008	0:59.21	Jeff Commings 2004
200 Back	1:52.23	Ramunas Paknys 2022	2:17.63	Derek Shaw 2016	2:20.59	Richard Pease 1997
50 Breast	0:26.09	Jeff Commings 2004	0:28.91	Jeff Commings 2004	0:29.55	Jeff Commings 2005
100 Breast	0:56.11	Jeff Commings 2004	1:08.03	John Hallman 1995	1:06.10	Jeff Commings 2005
200 Breast	2:09.84	Reuben Trinidad 2014	2:38.44	David Gray 1991	2:33.61	Emmanuel David 2014
50 Fly	0:22.87	Matthew S Eisenhuth 2005	0:26.24	Robert Paul-Smit 1999	0:27.20	David Hughes 2004
100 Fly	0:49.77	Bryce Elser 2017	0:59.98	Jeffrey Gullett 2016	0:58.19	Richard Pease 1997
200 Fly	2:01.17	Brian Colvert 2016	2:25.62	John Batchelder 2014	2:28.92	John Batchelder 2015
100 IM	0:51.55	Jeff Commings 2004	0:57.68	Jeff Commings 2004		
200 IM	1:53.03	Jeff Commings 2004	2:18.77	Derek Shaw 2016	2:15.27	Jeff Commings 2005
400 IM	4:11.41	Christopher Black 1996	4:50.85	Chris Black 1996	4:57.29	Richard Pease 1997

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Colorado Masters Swimming Association Records

35-39 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:23.65	Sheri Hart 2010	0:26.70	Sheri Hart 2008	0:27.65	Collette Sappey 2002
100 Free	0:50.98	Sheri Hart 2010	0:58.09	Sheri Hart 2008	1:03.26	Tiffany Forbes 2004
200 Free	1:51.81	Sheri Hart 2010	2:12.94	Heather Hagadorn 2004	2:16.57	Heather Hagadorn 2003
400/500 Free	5:04.63	Karen Burton 1999	4:43.17	Heather Hagadorn 2003	4:51.42	Heather Hagadorn 2004
800/1000 Free	10:27.78	Karen Burton 1999	9:46.94	Heather Hagadorn 2004	9:52.43	Heather Hagadorn 2003
1500/1650 Free	17:29.64	Karen Burton 1999	18:54.76	Heather Hagadorn 2003	19:06.47	Heather Hagadorn 2003
50 Back	0:25.97	Sheri Hart 2010	0:29.50	Sheri Hart 2008	0:32.70	Sheri Hart 2008
100 Back	0:56.14	Sheri Hart 2010	1:02.44	Sheri Hart 2008	1:10.99	Sheri Hart 2008
200 Back	2:05.80	Sheri Hart 2006	2:28.86	Laura Smith 2001	2:35.15	Laura Smith 2001
50 Breast	0:29.94	Susan Von Der Lippe 2005	0:37.56	Jodi Lee 2013	0:33.49	Casey Keiber 2016
100 Breast	1:04.25	Susan Von Der Lippe 2004	1:22.55	Kelly Seavall 2005	1:15.11	Susan Von Der Lippe 2004
200 Breast	2:19.84	Susan Von Der Lippe 2004	3:13.78	Tina Wood 1987	2:53.05	Jody Lee 2014
50 Fly	0:25.54	Susan Von Der Lippe 2003	0:28.58	Sheri Hart 2009	0:29.57	Susan Von Der Lippe 2004
100 Fly	0:55.78	Susan Von Der Lippe 2003	1:05.89	Kathryn Potter 2001	1:11.19	Tiffany Forbes 2004
200 Fly	2:03.48	Susan Von Der Lippe 2005	3:00.25	Rebecca Pyle 1995	3:09.75	Jean Wood 1982
100 IM	0:57.67	Sheri Hart 2010	1:04.61	Sheri Hart 2009		
200 IM	2:05.53	Susan Von Der Lippe 2005	2:37.48	Laura Smith 2001	2:34.76	Jody Lee 2014
400 IM	4:39.83	Karen Burton 1999	5:40.63	Laura Smith 2002	5:34.71	Jody Lee 2014

35-39 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:20.70	Matt Eisenhuth 2010	0:24.49	Richard Hess 1993	0:24.02	James Lilley 1998
100 Free	0:46.22	Matt Eisenhuth 2009	0:53.77	Jim Lilley 1999	0:54.66	James Lilley 1998
200 Free	1:45.11	James E Lilley 1998	1:59.57	Jim Lilley 1999	2:00.32	James Lilley 1998
400/500 Free	4:47.04	Craig Peterson 1995	4:20.81	Craig Peterson 1995	4:17.56	Kirk Anderson 1996
800/1000 Free	9:55.13	Craig Peterson 1995	9:40.41	Ed Melanson 1999	8:54.68	Kirk Anderson 1996
1500/1650 Free	16:51.35	Howard Jay 1994	18:03.47	Howard Jay 1994	18:11.06	Richard Pease 2002
50 Back	0:24.06	Mehdi Addadi 2015	0:27.15	Chris O'Sullivan 2013	0:29.25	Chris O'Sullivan 2013
100 Back	0:51.95	Mehdi Addadi 2015	0:59.82	Chris O'Sullivan 2013	1:03.00	James Lilley 1998
200 Back	1:59.83	Craig Peterson 1995	2:18.21	Craig Peterson 1995	2:35.44	Michael Cox 2012
50 Breast	0:25.60	Matt Eisenhuth 2010	0:30.32	Aaron Bartleson 2008	0:30.79	Matt Eisenhuth 2010
100 Breast	0:56.97	Matt Eisenhuth 2009	1:07.33	Aaron Bartleson 2008	1:09.37	Matt Eisenhuth 2010
200 Breast	2:08.83	Reuben Trinidad 2017	2:32.53	Emmanuel David 2018	2:35.40	Matt Eisenhuth 2010
50 Fly	0:22.72	Matt Eisenhuth 2010	0:26.08	Chris O'Sullivan 2013	0:26.69	Matt Eisenhuth 2010
100 Fly	0:51.65	Derek Robinson 2008	0:58.93	Richard Pease 2003	0:58.84	Richard Pease 2003
200 Fly	1:55.39	Richard Pease 2003	2:23.35	Dan Edwards 2012	2:11.48	Richard Pease 2003
100 IM	0:52.05	Matt Eisenhuth 2009	1:00.25	Chris O'Sullivan 2013		
200 IM	2:01.13	James E Lilley 1998	2:23.13	Emmanuel David 2018	2:20.11	Richard Pease 2003
400 IM	4:16.99	Kevin Doherty 2013	4:52.40	Richard Pease 2003	5:00.41	Kevin Doherty 2012

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Colorado Masters Swimming Association Records

40-44 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:23.94	Anna Pettis-Scott 2003	0:26.70	Susan Von Der Lipp 2008	0:27.66	Susan Von Der Lippe 2007
100 Free	0:51.99	Katie Glenn 2018	0:57.55	Susan Von Der Lipp 2008	1:00.40	Susan Von Der Lippe 2009 Katie Glenn 2017
200 Free	1:52.58	Katie Glenn 2018	2:05.55	Susan Von Der Lipp 2008	2:10.50	Susan Von Der Lippe 2007
400/500 Free	5:04.37	Susan Von Der Lippe 2009	4:30.34	Katie Glenn 2017	4:38.18	Katie Glenn 2017
800/1000 Free	11:11.65	Heather Hagadorn 2005	10:29.19	Heather Hagadorn 2009	10:20.14	Susan Williams 2013
1500/1650 Free	18:42.51	Jennifer Shinn 2009	20:44.75	Nicole Vanderpoel 2004	19:38.50	Heather Hagadorn 2005
50 Back	0:28.44	Lyndsey Linke 2022	0:33.48	Collette Sappey 2007	0:34.15	Susan Von Der Lippe 2009
100 Back	1:02.47	Jennifer Stein 2004	1:13.87	Collette Sappey 2008	1:15.62	Laura Smith 2006
200 Back	2:15.71	Jodi Quinnell 2023	2:46.16	Kelly Seavall 2011	2:38.04	Laura Smith 2006
50 Breast	0:28.71	Katie Glenn 2018	0:32.16	Katie Glenn 2018	0:33.36	Katie Glenn 2017
100 Breast	1:02.70	Katie Glenn 2018	1:10.01	Katie Glenn 2017	1:13.72	Katie Glenn 2019
200 Breast	2:17.06	Susan Von Der Lippe 2006	2:32.37	Susan Von Der Lipp 2008	2:41.54	Susan Von Der Lippe 2009
50 Fly	0:25.14	Susan Von Der Lippe 2009	0:28.21	Susan Von Der Lipp 2005	0:28.52	Susan Von Der Lippe 2009
100 Fly	0:54.83	Susan Von Der Lippe 2009	1:01.70	Susan Von Der Lipp 2009	1:03.36	Susan Von Der Lippe 2009
200 Fly	2:03.13	Susan Von Der Lippe 2008	2:21.07	Susan Von Der Lipp 2005	2:26.78	Susan Von Der Lippe 2009
100 IM	0:58.14	Susan Von Der Lippe 2010	1:04.25	Susan Von Der Lipp 2008		
200 IM	2:04.85	Susan Von Der Lippe 2008	2:19.21	Susan Von Der Lipp 2007	2:25.03	Susan Von Der Lippe 2007
400 IM	4:28.43	Susan Von Der Lippe 2008	5:57.83	Erin Framke 2013	6:06.11	Nicole Vanderpoel 2006

40-44 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:20.95	Paul Smith 2004	0:24.00	Paul Smith 2001	0:24.37	Schuyler Smith 2008
100 Free	0:45.95	Paul Smith 2004	0:52.44	Paul Smith 2001	0:54.14	Schuyler Smith 2009
200 Free	1:43.05	Paul Smith 2002	1:56.44	Paul Smith 2001	1:58.61	Paul Smith 2001
400/500 Free	4:46.07	Paul Smith 2001	4:23.17	Kevin Doherty 2013	4:31.44	Todd Bryan 1993
800/1000 Free	10:09.16	Todd Bryan 1995	9:03.58	Kevin Doherty 2013	9:16.82	Howard Jay 1996
1500/1650 Free	16:52.78	Howard Jay 1996	18:54.96	Peter Huisveld 1993	17:35.83	Todd Bryan 1993
50 Back	0:24.09	Mehdi Addadi 2019	0:28.42	Paul Smith 2002	0:29.33	Andrew Gill 2010
100 Back	0:52.92	Mehdi Addadi 2019	1:03.76	Paul Smith 2001	1:04.80	Chuck Wolff 1992
200 Back	1:57.80	Chris O'Sullivan 2019	2:20.27	Richard Pease 2005	2:23.66	Chuck Wolff 1992
50 Breast	0:27.26	David Gray 1999	0:32.38	David Gray 1998	0:31.51	David Gray 1998
100 Breast	0:59.50	Ruben Trinidad 2022	1:12.78	Jared Walkenhorst 2015	1:11.56	David Gray 1998
200 Breast	2:11.60	David Gray 1999	2:28.06	Kevin Doherty 2013	2:34.10	Kevin Doherty 2016
50 Fly	0:22.87	John Smith 2003	0:26.01	Paul Smith 2001	0:25.87	Paul Smith 2000
100 Fly	0:50.26	Paul Smith 2004	1:00.55	Paul Smith 2001	0:58.64	Paul Smith 2000
200 Fly	2:02.11	Tom Halford 2022	2:29.37	Kevin Doherty 2016	2:20.59	Howard Jay 1996
100 IM	0:52.59	John Smith 2003	1:01.48	Paul Smith 2001		
200 IM	1:57.37	Paul Smith 2004	2:12.73	Kevin Doherty 2013	2:18.68	Brian Tsuchiya 2007
400 IM	4:19.54	Kevin Doherty 2015	4:40.79	Kevin Doherty 2013	4:56.77	Kevin Doherty 2016

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Colorado Masters Swimming Association Records

45-49 Women									
Event	Short Course Yards			Short Course Meters		Long Course Meters			
50 Free	0:24.36	Heather Wagner	2020	0:27.75	Collette Sappey	2012	0:28.26	Collette Sappey	2012
100 Free	0:53.16	Katie Glenn	2023	1:03.10	Katie Glenn	2022	1:01.08	Katie Glenn	2023
200 Free	1:57.82	Heather Wagner	2019	2:20.03	Collette Sappey	2012	2:16.28	Katie Glenn	2023
400/500 Free	5:13.62	Elene Jones	2009	5:08.34	Kelly Seavall	2016	4:37.74	Elene Kay Jones	2008
800/1000 Free	10:42.56	Elene Jones	2009	10:47.69	Julie Dusliere	2017	9:36.86	Elene Kay Jones	2008
1500/1650 Free	17:51.44	Elene Jones	2009	20:24.18	Julie Dusliere	2017	18:10.28	Elene Kay Jones	2008
50 Back	0:29.46	Collette Sappey	2010	0:32.99	Collette Sappey	2012	0:33.65	Collette Sappey	2013
100 Back	1:03.96	Katie Walkenhorst	2019	1:13.59	Collette Sappey	2011	1:14.48	Collette Sappey	2013
200 Back	2:20.36	Katie Walkenhorst	2019	2:46.53	Shelle Freund	2013	2:48.07	Collette Sappey	2012
50 Breast	0:28.80	Katie Glenn	2023	0:33.82	Susan Von Der Lipp	2010	0:33.66	Susan Von Der Lippe	2010
100 Breast	1:04.45	Katie Glenn	2022	1:13.30	Susan Von Der Lipp	2010	1:14.41	Susan Von Der Lippe	2010
200 Breast	2:22.76	Susan Von Derr Lipp	2011	2:38.00	Susan Von Der Lipp	2010	2:50.95	Katie Glenn	2023
50 Fly	0:25.97	Susan Von Derr Lipp	2011	0:28.72	Susan Von Der Lipp	2010	0:29.12	Susan Von Der Lippe	2010
100 Fly	0:56.97	Susan Von Derr Lipp	2011	1:03.47	Susan Von Der Lipp	2010	1:14.15	Cheryl Olson	2006
200 Fly	2:10.48	Susan Von Derr Lipp	2011	2:24.08	Susan Von Der Lipp	2010	2:47.05	Rebecca Friedlander	2013
100 IM	0:59.84	Susan Von Derr Lipp	2011	1:06.58	Susan Von Der Lipp	2010			
200 IM	2:13.66	Katie Glenn	2022	2:33.50	Kim Kroeger-Weeks	2014	2:43.92	Kim Crouch	2006
400 IM	4:57.74	Bonnie Moss	2022	6:04.08	Julie Dusliere	2018	6:04.19	Cheryl Olson	2006

45-49 Men									
Event	Short Course Yards			Short Course Meters		Long Course Meters			
50 Free	0:21.29	Paul Smith	2006	0:24.44	Paul Smith	2004	0:24.92	Paul Smith	2005
100 Free	0:47.47	John Smith	2008	0:54.50	Paul Smith	2004	0:55.38	Paul Smith	2005
200 Free	1:44.39	Paul Smith	2006	1:57.99	Paul Smith	2004	2:01.48	Paul Smith	2005
400/500 Free	4:47.85	Kirk Anderson	2009	4:24.12	Kevin Doherty	2019	4:27.48	Craig Peterson	2006
800/1000 Free	9:54.65	Kirk Anderson	2005	9:08.75	Kevin Doherty	2019	9:10.46	Craig Peterson	2006
1500/1650 Free	16:37.23	Kirk Anderson	2009	17:28.62	Ed Melanson	2008	17:31.23	Todd Bryan	1998
50 Back	0:24.39	Chris O'Sullivan	2022	0:31.36	John Hughes	2000	0:31.37	Bill Brackett	2007
100 Back	0:53.64	Chris O'Sullivan	2022	1:01.85	Chris O'Sullivan	2022	1:01.73	Steve Wood	2006
200 Back	2:02.33	Craig R Peterson	2005	2:21.23	Kevin Doherty	2019	2:22.93	Craig Peterson	2006
50 Breast	0:28.36	Larry Felix	2023	0:31.96	Kevin Doherty	2019	0:32.89	Greg Scott	2008
100 Breast	1:01.32	David Gray	2004	1:08.78	Kevin Doherty	2019	1:10.51	Kevin Doherty	2018
200 Breast	2:14.64	David Gray	2004	2:29.08	Kevin Doherty	2019	2:33.26	Kevin Doherty	2018
50 Fly	0:23.00	Paul Smith	2004	0:26.29	Paul Smith	2004	0:25.94	Paul Smith	2005
				0:26.29	Chris O'Sullivan	2022			
100 Fly	0:51.53	Paul Smith	2005	1:00.36	Chris O'Sullivan	2022	0:59.03	Paul Smith	2005
200 Fly	2:06.55	Edward Melanson	2008	2:16.49	Kevin Doherty	2019	2:17.71	James Densmore	2000
100 IM	0:53.99	Chris O'Sullivan	2022	1:00.75	Chris O'Sullivan	2022			
200 IM	1:58.92	Paul Smith	2006	2:12.93	Kevin Doherty	2019	2:18.63	Kevin Doherty	2018
400 IM	4:23.85	Kirk Anderson	2009	4:44.70	Kevin Doherty	2019	4:57.70	Kevin Doherty	2018

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50-54 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:24.80	Anna Scott-Kube 2013	0:28.26	Collette Sappey 2016	0:28.55	Kathy Garnier 2010
100 Free	0:55.97	Anna Scott-Kube 2015	1:03.86	Collette Sappey 2016	1:03.70	Kathy Garnier 2010
200 Free	2:02.22	Anna Scott-Kube 2013	2:25.92	Collette Sappey 2016	2:22.48	Kathy Garnier 2010
400/500 Free	5:40.76	Kathleen Steffe 2013	5:05.72	Ellie Najjar 2014	5:08.87	Ellie Najjar 2012
800/1000 Free	11:34.09	Ellie Najjar 2014	10:31.58	Ellie Najjar 2011	10:23.16	Ellie Najjar 2014
1500/1650 Free	19:10.53	Ellie Najjar 2014	19:50.89	Ellie Najjar 2012	19:41.19	Ellie Najjar 2013
50 Back	0:29.46	Collette Sappey 2015	0:34.09	Collette Sappey 2018	0:34.35	Collette Sappey 2016
100 Back	1:04.26	Collette Sappey 2015	1:13.99	Collette Sappey 2018	1:15.99	Collette Sappey 2014
200 Back	2:23.76	Collette Sappey 2015	2:50.77	Suzy Tatnall 2012	2:50.77	Ellie Najjar 2012
50 Breast	0:31.61	Susan Von Derr Lippe 2018	0:36.71	Kim Crouch 2013	0:38.84	Kim Crouch 2011
100 Breast	1:11.53	Bonnie Moss 2023	1:20.65	Kim Crouch 2013	1:24.31	Kim Crouch 2011
200 Breast	2:37.81	Kim Crouch 2013	2:52.59	Kim Crouch 2013	3:06.42	Kim Crouch 2011
50 Fly	0:27.36	Susan Von Derr Lippe 2017	0:31.15	Karina Plocek 2022	0:30.98	Karina Plocek 2021
100 Fly	1:00.32	Susan Von Derr Lippe 2018	1:17.27	Kathleen Steffe 2013	1:19.58	Kathleen MacLaren 2014
200 Fly	2:19.31	Bonnie Moss 2023	2:57.42	Kathleen MacLaren 2015	3:21.54	Janice Dau 2016
100 IM	1:03.28	Bonnie Moss 2023	1:12.69	Kim Crouch 2013		
200 IM	2:20.05	Bonnie Moss 2023	2:47.65	Kathleen Steffe 2013	2:51.85	Ellie Najjar 2013
400 IM	5:06.44	Kathleen Steffe 2013	6:06.37	Ellie Najjar 2013	6:05.17	Ellie Najjar 2012

50-54 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:21.73	Rich Abrahams 1998	0:24.73	Rich Abrahams 1998	0:24.60	Rich Abrahams 1998
100 Free	0:48.80	Rich Abrahams 1998	0:57.00	Rich Abrahams 1998	0:55.38	Trip Hedrick 2006
200 Free	1:48.15	Michael Mann 2009	2:10.14	Paul Sheldon 2021	2:04.46	Jack Groselle 2006
400/500 Free	4:53.67	Michael Mann 2009	4:40.04	Craig Petersen 2014	4:27.91	Michael Mann 2008
800/1000 Free	9:59.59	Michael Mann 2009	9:38.53	Edward Melanson 2013	9:17.97	Michael Mann 2006
1500/1650 Free	17:43.50	Kirk Anderson 2011	18:37.50	Howard Jay 2007	18:16.92	John Hughes 2005
50 Back	0:26.80	Brent Matheson 2019	0:30.52	Brent Matheson 2018	0:30.93	Brent Matheson 2019
100 Back	0:55.48	James Webber 2019	1:07.09	Ignacio Jimenez 2016	1:08.68	Ignacio Jimenez 2016
200 Back	2:02.26	James Webber 2019	2:22.27	Ignacio Jimenez 2017	2:24.95	Ignacio Jimenez 2018
50 Breast	0:26.98	Holden Bank 2010	0:32.11	Chris Coveney 2015	0:31.64	Christopher Coveney 2016
100 Breast	1:00.39	Christopher Coveney 2016	1:08.14	Chris Coveney 2016	1:10.94	Christopher Coveney 2016
200 Breast	2:12.48	Christopher Coveney 2016	2:32.04	Chris Coveney 2013	2:37.15	Christopher Coveney 2013
50 Fly	0:24.62	James Webber 2019	0:27.33	Kevin DeForrest 2007	0:26.53	Trip Hedrick 2006
100 Fly	0:54.48	Rich Abrahams 1998	1:04.08	Ed Fuller 2009	1:00.16	Trip Hedrick 2006
200 Fly	2:07.23	Mark Washendorf 2018	2:26.29	Edward Melanson 2013	2:27.68	Edward Melanson 2012
100 IM	0:56.15	Holden Bank 2010	1:06.63	Ignacio Jimenez 2016		
200 IM	2:02.56	Michael Mann 2009	2:23.30	Ignacio Jimenez 2015	2:20.02	Michael Mann 2008
400 IM	4:23.94	Michael Mann 2009	5:11.03	Ignacio Jimenez 2019	5:06.27	Ignacio Jimenez 2015

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55-59 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:26.13	Collette Sappey	2022	0:28.58	Collette Sappey	2019	0:29.96	Collette Sappey	2023
100 Free	0:58.81	Kathy Garnier	2016	1:03.93	Collette Sappey	2019	1:06.41	Kathy Garnier	2015
200 Free	2:10.35	Kathy Garnier	2016	2:28.43	Kathy Garnier	2015	2:29.76	Kathy Garnier	2015
400/500 Free	5:50.94	Kathleen Steffe	2019	5:28.01	Kathy Garnier	2017	5:12.84	Ellie Najjar	2016
800/1000 Free	11:54.68	Ellie Najjar	2019	11:55.03	Kathy Garnier	2017	10:31.50	Ellie Najjar	2016
1500/1650 Free	19:51.25	Ellie Najjar	2019	20:20.61	Ellie Najjar	2017	19:50.81	Ellie Najjar	2016
50 Back	0:31.11	Collette Sappey	2023	0:36.40	Collette Sappey	2019	0:36.21	Collette Sappey	2023
100 Back	1:08.79	Collette Sappey	2022	1:17.18	Collette Sappey	2022	1:18.69	Collette Sappey	2023
200 Back	2:29.72	Suzy Tatnall	2015	2:51.41	Suzy Tatnall	2014	2:53.37	Ellie Najjar	2018
50 Breast	0:31.83	Susan Von Der Lippe	2023	0:37.54	Kim Crouch	2016	0:38.25	Susan Von Der Lippe	2021
100 Breast	1:12.33	Susan Von Der Lippe	2023	1:23.25	Kim Crouch	2016	1:29.35	Kim Crouch	2017
200 Breast	2:43.86	Kim Crouch	2017	3:01.40	Kim Crouch	2016	3:13.63	Kim Crouch	2017
50 Fly	0:27.65	Susan Von Der Lippe	2023	0:35.58	Karen Rosener	2009	0:33.77	Susan Von Der Lippe	2021
100 Fly	1:03.42	Susan Von Der Lippe	2023	1:28.20	Anne Metzger	2016	1:13.83	Susan Von Der Lippe	2021
200 Fly	2:47.26	Carolyn Roche	2009	3:26.13	Janice Dau	2017	3:06.20	Carolyn Roche	2006
100 IM	1:03.66	Susan Von Der Lippe	2023	1:14.87	Kim Crouch	2016			
200 IM	2:29.22	Kathleen Steffe	2019	2:44.71	Kim Crouch	2016	3:18.35	Corinna Maleike	2017
400 IM	5:19.61	Kathleen Steffe	2019	6:06.40	Ellie Najjar	2016	6:07.52	Ellie Najjar	2016

55-59 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:21.82	Rich Abrahams	2000	0:25.00	Rich Abrahams	2001	0:25.53	Rich Abrahams	2002
100 Free	0:48.37	Rich Abrahams	2000	0:56.51	Rich Abrahams	2001	0:57.08	Michael Mann	2009
200 Free	1:48.79	Michael Mann	2010	1:59.08	Michael Mann	2009	2:04.01	Michael Mann	2009
400/500 Free	4:56.82	Michael Mann	2010	4:16.03	Michael Mann	2009	4:22.49	Michael Mann	2009
800/1000 Free	10:22.55	Michael Mann	2010	8:51.34	Michael Mann	2009	9:00.09	Michael Mann	2009
1500/1650 Free	17:40.10	Mark Wachendorf	2023	18:29.17	Bill Brackett	2014	17:22.61	Michael Mann	2009
50 Back	0:28.02	Bill Brackett	2013	0:32.27	Bill Brackett	2014	0:31.98	Charles Wolff	2006
100 Back	:59.85	Bill Brackett	2013	1:07.67	Ignacio Jimenez	2021	1:10.51	Charles Wolff	2006
200 Back	2:06.99	Craig Petersen	2015	2:22.53	Ignacio Jimenez	2022	2:22.68	Craig Petersen	2015
50 Breast	0:28.54	Benjamin Vanderwel	2023	0:32.21	Christopher Coveney	2017	0:33.20	Christopher Coveney	2019
100 Breast	1:02.50	Christopher Coveney	2019	1:09.68	Christopher Coveney	2017	1:13.69	Greg Scott	2015
200 Breast	2:18.68	Christopher Coveney	2018	2:38.24	Christopher Coveney	2017	2:45.07	Greg Scott	2014
50 Fly	0:24.54	Rich Abrahams	2002	0:27.74	Rich Abrahams	2001	0:27.43	Rich Abrahams	2002
100 Fly	0:54.39	Rich Abrahams	2002	1:03.78	Rich Abrahams	2001	1:03.90	Rich Abrahams	2000
200 Fly	2:08.07	Mark Wachendorf	2023	2:39.74	James Jordan	2018	2:45.11	Joe Morin	2017
100 IM	0:58.37	Holden Banks	2015	1:09.95	Richard Hess	2009			
200 IM	2:05.67	Michael Mann	2011	2:16.44	Michael Mann	2009	2:20.83	Michael Mann	2009
400 IM	4:28.69	Michael Mann	2010	4:51.97	Michael Mann	2009	5:04.07	Michael Mann	2009

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60-64 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:27.25	J M Turing	2023	0:31.47	Kathy Garnier	2022	0:31.80	Kathy Garnier 2021
100 Free	1:00.96	Kathy Garnier	2022	1:10.25	Kathy Garnier	2022	1:10.87	Kathy Garnier 2021
200 Free	2:12.58	Kathleen Steffe	2023	2:28.46	Kathleen Steffe	2022	2:32.79	Kathleen Steffe 2022
400/500 Free	5:55.25	Kathleen Steffe	2023	5:14.59	Kathleen Steffe	2022	5:18.49	Kathleen Steffe 2022
800/1000 Free	12:16.15	Kathleen Steffe	2023	11:13.01	Kathleen Steffe	2022	11:03.46	Kathleen Steffe 2022
1500/1650 Free	21:44.40	Kathy Garnier	2022	21:46.98	Kathy Garnier	2022	24:45.74	Judith Laney 2015
50 Back	0:33.33	Kim Crouch	2022	0:38.36	Suzy Cotton	2019	0:40.35	Suzy Cotton 2022
100 Back	1:11.98	Suzy Cotton	2022	1:21.19	Suzy Cotton	2019	1:27.02	Suzy Cotton 2022
200 Back	2:34.92	Suzy Cotton	2022	2:54.13	Suzy Cotton	2019	3:00.87	Kathleen Steffe 2022
50 Breast	0:35.55	J M Turing	2023	0:42.87	Lisa Bennett	2019	0:40.27	J M Turing 2023
100 Breast	1:16.90	J M Turing	2023	1:35.53	Kathleen Steffe	2022	1:32.77	J M Turing 2023
200 Breast	2:50.30	Kim Crouch	2022	3:18.03	Kathleen Steffe	2022	3:33.26	J M Turing 2023
50 Fly	0:31.23	Karen Rosener	2014	0:36.79	Kathleen Steffe	2022	0:37.06	Karen Rosener 2014
100 Fly	1:11.37	Kathleen Steffe	2023	1:22.91	Kathleen Steffe	2022	1:24.34	Kathleen Steffe 2022
200 Fly	2:53.57	Carolyn Roche	2011	3:15.30	Kathleen Steffe	2022	4:19.54	Lydia Young 2008
100 IM	1:10.50	Kim Crouch	2022	1:23.43	Lisa Bennett	2019		
200 IM	2:31.00	Kathleen Steffe	2023	2:53.82	Kathleen Steffe	2022	2:56.06	Kathleen Steffe 2022
400 IM	6:24.07	J. Murphy-Sherman	2005	6:14.93	Kathleen Steffe	2022	6:19.35	Kathleen Steffe 2022

60-64 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:22.30	Rich Abrahams	2005	0:24.93	Rich Abrahams	2008	0:25.23	Rich Abrahams 2006
100 Free	0:49.14	Rich Abrahams	2005	0:56.63	Rich Abrahams	2008	0:58.61	Rich Abrahams 2005
200 Free	1:54.21	Michael Mann	2015	2:22.38	Bill Brackett	2018	2:18.52	Rich Abrahams 2006
400/500 Free	5:11.46	Michael Mann	2015	4:50.65	Bill Brackett	2018	4:52.82	Michael Mann 2018
800/1000 Free	10:42.16	Michael Mann	2015	9:52.27	Bill Brackett	2018	10:09.67	Craig Peterson 2022
1500/1650 Free	18:50.55	Bill Brackett	2018	18:48.44	Bill Brackett	2018	19:12.82	Bill Brackett 2018
50 Back	0:28.63	Bill Brackett	2019	0:32.06	Bill Brackett	2018	0:32.98	Bill Brackett 2018
100 Back	1:01.93	Scott Weir	2018	1:08.78	Bill Brackett	2018	1:11.52	Bill Brackett 2018
200 Back	2:11.16	Craig Petersen	2022	2:29.63	Bill Brackett	2018	2:31.70	Craig Peterson 2022
50 Breast	0:30.15	Stuart Waterbury	2016	0:33.67	Stuart Waterbury	2014	0:33.93	Greg Scott 2019
100 Breast	1:05.03	Stuart Waterbury	2014	1:14.62	Stuart Waterbury	2014	1:17.94	Greg Scott 2019
200 Breast	2:25.44	Christopher Coveney	2023	2:49.04	Stuart Waterbury	2014	2:56.97	Stuart Waterbury 2014
50 Fly	0:24.46	Rich Abrahams	2005	0:27.87	Rich Abrahams	2008	0:27.92	Richard Abrahams 2005
100 Fly	0:54.92	Rich Abrahams	2005	1:03.94	Rich Abrahams	2008	1:03.03	Richard Abrahams 2005
200 Fly	2:26.68	Carl Selles	2007	2:55.20	Lee MacDonald	2012	2:47.85	Bill Brackett 2019
100 IM	1:00.13	Rich Abrahams	2007	1:08.08	Rich Abrahams	2009		
200 IM	2:09.55	Michael Mann	2015	2:45.62	Lee MacDonald	2012	2:46.53	Karl Edgerton 2023
400 IM	4:44.24	Michael Mann	2015	5:56.25	Lee MacDonald	2012	5:56.93	Karl Edgerton 2023

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65-69 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:27.77	Catherine Metz	2023	0:34.62	Karen Rosener	2019	0:34.48	Karen Rosener 2021
100 Free	1:02.82	Catherine Metz	2022	1:18.31	Karen Rosener	2019	1:19.21	Karen Rosener 2021
200 Free	2:38.16	Karen Rosener	2022	2:57.65	Cynthia Shaffer	2017	2:52.92	Carolyn Roche 2017
400/500 Free	7:02.71	Carolyn Roche	2018	6:54.54	Jane Oberg	2005	6:06.28	Carolyn Roche 2017
800/1000 Free	14:25.65	Carolyn Roche	2018	14:16.94	Jane Oberg	2005	12:49.07	Carolyn Roche 2017
1500/1650 Free	24:29.70	Carolyn Roche	2019	27:34.48	Marcia Anziano	2010	28:05.50	Winifred Prall 2012
50 Back	0:32.21	Catherine Metz	2023	0:39.85	Cynthia Shaffer	2018	0:40.91	Cynthia Shaffer 2017
100 Back	1:11.60	Catherine Metz	2022	1:27.74	Cynthia Shaffer	2018	1:31.89	Cynthia Shaffer 2017
200 Back	2:36.14	Catherine Metz	2022	3:10.59	Cynthia Shaffer	2018	3:25.39	Cynthia Shaffer 2017
50 Breast	0:37.33	Catherine Metz	2023	0:47.44	Karen Rosener	2019	0:48.02	Karen Rosener 2021
100 Breast	1:29.29	Karen Rosener	2019	1:46.34	Cynthia Shaffer	2018	1:47.43	Cynthia Shaffer 2017
200 Breast	3:26.18	Elaine Achterberg	2022	3:43.53	Agota Frohs	1989	3:54.88	Cynthia Shaffer 2017
50 Fly	0:31.95	Catherine Metz	2022	0:39.34	Karen Rosener	2019	0:39.88	Carolyn Roche 2017
100 Fly	1:24.32	Carolyn Roche	2018	1:56.08	Lydia Young	2014	1:43.59	Carolyn Roche 2017
200 Fly	3:33.63	Carolyn Roche	2018	4:14.51	Jane Oberg	2005	3:50.27	Carolyn Roche 2017
100 IM	1:11.95	Catherine Metz	2023	1:31.37	Cynthia Shaffer	2018		
200 IM	3:05.46	Cynthia Shaffer	2019	3:25.90	Cynthia Shaffer	2017	3:29.26	Cynthia Shaffer 2017
400 IM	6:31.78	Cynthia Shaffer	2019	7:26.40	Cynthia Shaffer	2019	8:17.22	Jane Oberg 2005

65-69 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:22.10	Richard Abrahams	2010	0:25.91	Richard Abrahams	2013	0:26.33	Richard Abrahams 2010
100 Free	0:49.42	Richard Abrahams	2010	0:58.68	Richard Abrahams	2010	1:00.38	Richard Abrahams 2010
200 Free	1:57.54	Richard Abrahams	2010	2:38.90	Robert Tveitmoe	2017	2:25.82	Richard Abrahams 2010
400/500 Free	5:38.46	Michael Mann	2023	5:37.35	Richard Abrahams	2013	5:24.54	Herbert Bowman 2019
800/1000 Free	11:32.69	Michael Mann	2023	12:01.02	Mel Dyk	2006	11:17.45	Herbert Bowman 2019
1500/1650 Free	21:22.91	Terry Heggy	2020	22:50.16	Bill King	1999	23:48.26	Kent Carney 2012
50 Back	0:27.74	Richard Abrahams	2010	0:32.94	Richard Abrahams	2010	0:35.61	Richard Abrahams 2010
100 Back	1:05.07	John Stanback	2019	1:23.27	Kent Carney	2012	1:19.51	John Stanbeck 2019
200 Back	2:21.80	John Stanback	2019	3:03.74	Robert Tveitmoe	2017	2:52.10	John Stanbeck 2019
50 Breast	0:30.27	Stuart Waterbury	2019	0:35.81	Stuart Waterburn	2019	0:38.97	Bob Patten 2001
100 Breast	1:08.33	Stuart Waterbury	2019	1:19.38	Stuart Waterburn	2019	1:24.79	Bob Patten 1999
200 Breast	2:30.13	Stuart Waterbury	2019	2:55.99	Stuart Waterburn	2019	3:12.39	Bob Patten 2000
50 Fly	0:24.94	Richard Abrahams	2010	0:28.99	Richard Abrahams	2010	0:29.25	Richard Abrahams 2010
100 Fly	0:56.36	Richard Abrahams	2017	1:06.60	Richard Abrahams	2010	1:07.34	Richard Abrahams 2010
200 Fly	2:38.82	Lee MacDonald	2010	3:14.10	Lee MacDonald	2017	3:16.82	Dennis O'Brien 2001
100 IM	1:00.32	Richard Abrahams	2010	1:10.42	Richard Abrahams	2010		
200 IM	2:22.30	Michael Mann	2023	2:52.41	Lee MacDonald	2017	2:58.08	John Stanbeck 2019
400 IM	5:17.78	John Stanback	2019	6:11.00	Lee MacDonald	2017	6:27.41	Lee MacDonald 2017

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70-74 Women										
Event	Short Course Yards				Short Course Meters			Long Course Meters		
50 Free	0:32.70	Cynthia Shaffer	2022	0:42.84	Jane Oberg	2010	0:35.99	Chrissy Bodmer	2023	
100 Free	1:14.30	Cynthia Shaffer	2022	1:32.33	Dena Mann	2001	1:26.99	Chrissy Bodmer	2023	
200 Free	2:47.13	Cynthia Shaffer	2022	3:18.69	Judith Laney	2022	3:17.46	Cynthia Shaffer	2022	
400/500 Free	7:47.20	Sue Bloomfield	2023	6:43.03	Judith Laney	2022	6:47.83	Jane Oberg	2009	
800/1000 Free	16:03.11	Jane Oberg	2008	14:26.35	Jane Oberg	2009	14:06.06	Jane Oberg	2007	
1500/1650 Free	26:33.28	Jane Oberg	2008	26:13.92	Judith Laney	2022	26:18.02	Jane Oberg	2007	
50 Back	0:39.17	Cynthia Shaffer	2022	0:52.33	Jane Oberg	2010	0:48.30	Cynthia Shaffer	2022	
100 Back	1:25.15	Cynthia Shaffer	2022	1:54.42	Jane Oberg	2008	1:42.61	Cynthia Shaffer	2022	
200 Back	3:05.32	Cynthia Shaffer	2022	4:09.65	Jane Oberg	2007	3:51.70	Jane Oberg	2007	
50 Breast	0:44.93	Mary Anne Nelson	2022	0:52.01	Donna Ryman	2007	0:50.63	Chrissy Bodmer	2023	
100 Breast	1:40.90	Sue Bloomfield	2023	1:57.63	Donna Ryman	2008	2:07.40	Jane Oberg	2011	
200 Breast	3:41.67	Sue Bloomfield	2023	4:17.75	Donna Ryman	2008	4:52.07	Agota Frohs	1993	
50 Fly	0:40.56	Jane Oberg	2008	0:53.08	Jane Oberg	2008	0:47.17	Jane Oberg	2007	
100 Fly	1:40.90	Jane Oberg	2008	2:00.43	Jane Oberg	2007	1:57.33	Jane Oberg	2007	
200 Fly	3:55.34	Jane Oberg	2008	4:50.27	Jane Oberg	2009	7:44.74	Ruth Hertzberg	2005	
100 IM	1:28.77	Cynthia Shaffer	2022	1:48.76	Jane Oberg	2007				
200 IM	3:11.40	Cynthia Shaffer	2022	3:57.37	Jane Oberg	2007	4:12.03	Jane Oberg	2008	
400 IM	6:57.02	Cynthia Shaffer	2023	8:39.80	Jane Oberg	2009	13:15.94	Ruth Hertzberg	2005	

70-74 Men										
Event	Short Course Yards				Short Course Meters			Long Course Meters		
50 Free	0:24.19	Richard Abrahams	2015	0:26.88	Richard Abrahams	2015	0:27.71	Richard Abrahams	2015	
100 Free	0:54.58	Richard Abrahams	2015	1:01.70	Richard Abrahams	2015	1:03.71	Richard Abrahams	2015	
200 Free	2:07.57	Richard Abrahams	2015	2:23.30	Richard Abrahams	2015	2:40.84	James Zurcher	2006	
400/500 Free	6:24.63	James Zurcher	2005	6:08.17	Kent Carney	2017	5:46.34	James Zurcher	2006	
800/1000 Free	13:15.43	Ronald Molnar	2012	12:32.18	Kent Carney	2017	12:14.28	James Zurcher	2006	
1500/1650 Free	22:03.30	Ronald Molnar	2012	23:56.05	Kent Carney	2017	24:39.66	Kent Carney	2017	
50 Back	0:31.76	Richard Abrahams	2015	0:39.55	Kent Carney	2018	0:40.07	Beans Yamamoto	1989	
100 Back	1:14.73	Chuck Ogilby	2017	1:25.96	Kent Carney	2018	1:28.53	Kent Carney	2017	
200 Back	2:45.15	James Kremer	2016	3:07.54	Kent Carney	2018	3:06.92	Kent Carney	2017	
50 Breast	0:36.03	Lee MacDonald	2022	0:40.13	George Downs	2010	0:41.54	Bob Patten	2005	
100 Breast	1:16.58	Lee MacDonald	2022	1:27.25	Bob Patten	2004	1:29.51	Bob Patten	2004	
200 Breast	2:52.01	Lee MacDonald	2022	3:14.83	Bob Patten	2004	3:18.20	Bob Patten	2004	
50 Fly	0:26.92	Richard Abrahams	2015	0:29.52	Richard Abrahams	2015	0:30.06	Richard Abrahams	2015	
100 Fly	1:00.77	Richard Abrahams	2015	1:07.56	Richard Abrahams	2015	1:12.66	Richard Abrahams	2015	
200 Fly	2:57.96	Art Wolfe	2010	3:26.68	Lee MacDonald	2022	3:26.87	Kent Carney	2017	
100 IM	1:06.76	Richard Abrahams	2015	1:13.09	Richard Abrahams	2015				
200 IM	2:33.38	Art Wolfe	2010	3:01.34	Lee MacDonald	2022	3:07.55	Lee MacDonald	2022	
400 IM	5:43.44	Art Wolfe	2010	6:30.68	Lee MacDonald	2022	6:42.11	Kent Carney	2017	

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75-79 Women									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:40.45	Janet Sachs	2014	0:48.50	Elsie Stevens	1997	0:43.43	Jane Oberg	2013
100 Free	1:27.89	Louise Wise	2018	1:55.71	Elsie Stevens	1997	1:42.83	Jane Oberg	2012
200 Free	3:04.17	Jane Oberg	2013	4:06.08	Elsie Stevens	1997	3:32.52	Jane Oberg	2012
400/500 Free	8:02.63	Jane Oberg	2013	7:19.31	Jane Oberg	2012	7:14.36	Jane Oberg	2012
800/1000 Free	16:33.37	Jane Oberg	2013	19:44.41	Agota Frohs	1997	14:52.28	Jane Oberg	2012
1500/1650 Free	27:29.94	Jane Oberg	2013				27:41.38	Jane Oberg	2012
50 Back	0:48.59	Janet Sachs	2013	0:53.49	Elsie Stevens	1997	0:52.12	Janet Sachs	2012
100 Back	1:47.06	Elsie Stevens	1997	2:00.75	Elsie Stevens	1997	2:00.86	Elise Stevens	2000
200 Back	3:41.54	Jane Oberg	2013	4:09.71	Jane Oberg	2012	4:13.69	Jane Oberg	2012
50 Breast	0:50.29	Elisabeth Poirot	2015	1:07.87	Agota Frohs	1997	1:00.78	Jane Oberg	2012
100 Breast	1:51.07	Elisabeth Poirot	2015	2:21.71	Agota Frohs	1996	2:05.44	Jane Oberg	2012
200 Breast	3:56.19	Elisabeth Poirot	2015				5:06.67	Agota Frohs	1995
50 Fly	0:47.05	Jane Oberg	2013	1:07.54	Katherine Kronwall	2011	0:52.28	Jane Oberg	2012
100 Fly	1:55.16	Jane Oberg	2015	2:55.61	Katherine Kronwall	2011	2:08.92	Jane Oberg	2012
200 Fly	5:46.06	Ann Noble	2023	6:51.81	Katherine Kronwall	2011			
100 IM	1:46.33	Jane Oberg	2015	2:23.54	Agota Frohs	1996			
200 IM	3:42.44	Jane Oberg	2013	4:10.30	Jane Oberg	2012	4:17.23	Jane Oberg	2012
400 IM	8:14.59	Jane Oberg	2015	13:00.38	Katherine Kronwall	2011	9:33.87	Jane Oberg	2013

75-79 Men									
Event	Short Course Yards			Short Course Meters			Long Course Meters		
50 Free	0:26.60	Richard Abrahams	2022	0:28.70	Richard Abrahams	2021	0:35.16	Jack Truby	1999
100 Free	0:59.90	Richard Abrahams	2022	1:08.02	Richard Abrahams	2022	1:12.94	Richard Abrahams	2023
200 Free	2:32.85	Richard Abrahams	2023	3:08.47	Richard Abrahams	2022	3:17.39	Wayne Clegern	2004
400/500 Free	7:23.02	Bruce Murray	2012	7:12.57	Wayne Clegern	2004	7:20.21	Wayne Clegern	2004
800/1000 Free	16:48.68	William Burson	2023	15:24.96	Wayne Clegern	2004	15:31.74	Wayne Clegern	2004
1500/1650 Free	27:39.16	Bill Spahn	2018	28:04.29	John Wrenn	1995	29:38.33	John Wrenn	1996
50 Back	0:33.71	Chuck Ogilby	2018	0:43.56	James Zurcher	2009	0:44.13	Jack Truby	1999
100 Back	1:11.18	Chuck Ogilby	2018	1:44.12	Jack Truby	2000	1:45.93	Jack Truby	1999
200 Back	2:37.00	Chuck Ogilby	2018	3:41.10	John Wrenn	1995	3:50.90	John Wrenn	1996
50 Breast	0:38.11	George Downs	2015	0:42.21	George Downs	2013	0:42.90	George Downs	2014
100 Breast	1:31.58	John Wrenn	1999	1:41.66	Bob Patten	2009	1:37.73	Bob Patten	2009
200 Breast	3:19.11	Bob Patten	2010	3:38.43	Bob Patten	2009	3:38.53	Bob Patten	2009
50 Fly	0:28.70	Richard Abrahams	2022	0:32.40	Richard Abrahams	2022	0:34.43	Richard Abrahams	2023
100 Fly	1:06.01	Richard Abrahams	2022	1:17.51	Richard Abrahams	2022			
200 Fly	5:08.75	Joe Martin	2008						
100 IM	1:12.18	Richard Abrahams	2022	1:24.76	James Zurcher	2009			
200 IM	3:15.46	Artie Wolfe	2018	3:10.46	James Zurcher	2009	3:58.47	John Wrenn	1997
400 IM	6:52.82	Artie Wolfe	2018	8:08.11	John Wrenn	1995			

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80-84 Women								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:42.39	Jane Oberg	2018	0:51.56	Jane Oberg	2018	1:11.81	Sally Ryckman 1992
100 Free	1:36.48	Jane Oberg	2018	1:50.92	Jane Oberg	2018	2:29.67	Lois Ellert 1995
200 Free	3:27.09	Jane Oberg	2018	3:59.87	Jane Oberg	2018	5:32.32	Lois Ellert 1995
400/500 Free	8:57.62	Jane Oberg	2018	8:17.86	Jane Oberg	2018	10:15.59	Agota Frohs 2000
800/1000 Free	20:02.54	Jane Oberg	2018	17:17.58	Jane Oberg	2018		
1500/1650 Free	33:15.05	Jane Oberg	2018	30:55.35	Jane Oberg	2017		
50 Back	0:51.78	Jane Oberg	2018	1:02.86	Jane Oberg	2018	1:19.10	Lois Ellert 1995
100 Back	1:50.60	Jane Oberg	2018	2:16.01	Jane Oberg	2018	2:47.45	Agota Frohs 2000
200 Back	3:55.98	Jane Oberg	2018	4:34.13	Jane Oberg	2017	5:46.45	Lois Ellert 1995
50 Breast	:55.42	Jane Oberg	2018	1:49.73	Sally Ryckman	1993	1:42.29	Sally Ryckman 1994
100 Breast	1:58.94	Jane Oberg	2018				2:47.32	Agota Frohs 2000
200 Breast	4:28.65	Jane Oberg	2018				6:00.99	Agota Frohs 2000
50 Fly	:51.18	Jane Oberg	2018	1:04.32	Jane Oberg	2018	1:28.24	Agota Frohs 2000
100 Fly	2:00.50	Jane Oberg	2018	4:39.41	Katherine Kronwall	2017		
200 Fly				11:01.54	Katherine Kronwall	2016		
100 IM	1:49.98	Jane Oberg	2018	2:07.53	Jane Oberg	2017		
200 IM	4:00.03	Jane Oberg	2018	6:57.33	Katherine Kronwall	2016	5:54.67	Agota Frohs 2000
400 IM	9:14.83	Jane Oberg	2018	16:45.40	Katherine Kronwall	2017		

80-84 Men								
Event	Short Course Yards			Short Course Meters			Long Course Meters	
50 Free	0:34.06	Jack Truby	2005	0:38.74	Thom Burgess	2022	0:39.09	Thom Burgess 2022
100 Free	1:21.31	Stephen Hadley	2012	1:35.06	Jack Truby	2005	1:35.83	Thom Burgess 2022
200 Free	3:07.63	Stephen Hadley	2012	3:42.95	Jack Truby	2005	3:41.17	Jack Truby 2006
400/500 Free	8:18.95	Stephen Hadley	2012	8:02.88	Jack Truby	2005	8:23.15	Wayne Clegem 2009
800/1000 Free	17:23.71	Stephen Hadley	2012	17:09.61	Jack Truby	2004	17:50.08	Wayne Clegem 2009
1500/1650 Free	37:17.05	John Wrenn	2004				33:30.01	Wayne Clegem 2009
50 Back	0:37.74	Stephen Hadley	2012	0:48.06	Jack Truby	2004	0:49.26	Jack Truby 2006
100 Back	1:29.01	Stephen Hadley	2012	1:48.83	Jack Truby	2004	1:54.19	Jack Truby 2006
200 Back	3:19.41	Stephen Hadley	2012	4:00.80	Jack Truby	2004	4:13.95	Jack Truby 2004
								John Whittier 1995
50 Breast	0:41.18	Frederick Hoppe	2008	0:44.32	Bob Patten	2016	0:48.38	Thom Burgess 2022
100 Breast	1:34.76	Frederick Hoppe	2008	1:49.30	Frederick Hoppe	2007	1:55.50	Thom Burgess 2022
200 Breast	3:40.78	Frederick Hoppe	2008	4:07.10	Bob Patten	2014		
50 Fly	0:44.63	Frederick Hoppe	2008	1:03.96	Mark Plummer	2016	1:36.69	Mark Plummer 2017
100 Fly	2:53.10	Joe Martin	2013	5:16.05	Robert McDermott	2002		
200 Fly								
100 IM	1:41.05	Hugh Richards	2003	1:56.48	Thom Burgess	2022		
200 IM	4:16.52	John Wrenn	2001	3:22.22	James Zucher	2014	4:55.23	John Wrenn 2000
400 IM	10:09.49	John Wrenn	2003					

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85-89 Women						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:45.01	Jane Oberg 2023			0:51.21	Jane Oberg 2022
100 Free	1:43.17	Jane Oberg 2023			1:57.35	Jane Oberg 2023
200 Free	3:35.31	Jane Oberg 2023			4:01.95	Jane Oberg 2023
400/500 Free	9:16.90	Jane Oberg 2023			8:12.94	Jane Oberg 2023
800/1000 Free	18:48.13	Jane Oberg 2023			16:34.35	Jane Oberg 2023
1500/1650 Free	31:12.07	Jane Oberg 2023			31:29.52	Jane Oberg 2023
50 Back	0:55.57	Jane Oberg 2023			1:10.83	Jane Oberg 2022
100 Back	1:59.48	Jane Oberg 2023			2:28.69	Jane Oberg 2022
200 Back	4:03.71	Jane Oberg 2023			4:59.40	Jane Oberg 2022
50 Breast	0:58.53	Jane Oberg 2023				
100 Breast	2:07.77	Jane Oberg 2023				
200 Breast						
50 Fly	0:52.79	Jane Oberg 2023			0:58.45	Jane Oberg 2023
100 Fly	2:07.37	Jane Oberg 2023			2:34.21	Jane Oberg 2023
200 Fly						
100 IM	1:53.21	Jane Oberg 2023				
200 IM	4:15.60	Jane Oberg 2023			4:36.36	Jane Oberg 2023
400 IM	8:56.42	Jane Oberg 2023			10:17.34	Jane Oberg 2023

85-89 Men						
Event	Short Course Yards		Short Course Meters		Long Course Meters	
50 Free	0:39.79	Beans Yamamoto 2002	0:52.30	Gordon Greve 2022	1:03.34	Mark Plummer 2022
100 Free	1:39.29	Beans Yamamoto 2002			2:25.90	Mark Plummer 2022
200 Free	4:05.78	Richard Wood 2008				
400/500 Free	11:33.58	John Wrenn 2007				
800/1000 Free	24:45.82	John Wrenn 2007				
1500/1650 Free						
50 Back	0:45.92	Beans Yamamoto 2002	1:00.47	Gordon Greve 2022	1:08.23	Mark Plummer 2022
100 Back	1:47.33	Beans Yamamoto 2003			2:31.73	Mark Plummer 2022
200 Back	4:25.51	Mark Plummer 2022				
50 Breast	1:08.63	John Wrenn 2006			1:27.51	Mark Plummer 2022
100 Breast	2:28.71	John Wrenn 2006				
200 Breast	5:37.35	Mark Plummer 2022				
50 Fly						
100 Fly						
200 Fly						
100 IM	2:21.04	Mark Plummer 2022				
200 IM	4:59.74	John Wrenn 2006				
400 IM						

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90-94 Women			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back	1:42.23 Lois Ellert 2006		
100 Back			
200 Back			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

90-94 Men			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free	1:05.92 John Wrenn 2011		
100 Free	2:06.36 John Wrenn 2011		
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back	1:20.44 John Wrenn 2011		
100 Back	2:42.13 John Wrenn 2011		
200 Back			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

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95-99 Women			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back			
100 Free			
200 Free			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

95-99 Men			
Event	Short Course Yards	Short Course Meters	Long Course Meters
50 Free			
100 Free			
200 Free			
400/500 Free			
800/1000 Free			
1500/1650 Free			
50 Back			
100 Back			
200 Back			
50 Breast			
100 Breast			
200 Breast			
50 Fly			
100 Fly			
200 Fly			
100 IM			
200 IM			
400 IM			

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