

Colorado Masters Swimming State Records

Short Course Yards-Relays

Updated Through 5/31/2022

next update August 21 2023

18 & Over						
Open Division			Workout Group Division			
Team	Swimmers	Year Time	Relay	Team	Swimmers	Year Time
CMS	Reuben Trinidad(35) Andrew Ladrow(34) Brian Colvert(31) Ramunas Paknys(23)	2015 1:29.75	Men's 200 Free 18+	Pikes Peak Masters Swimming	Reuben Trinidad(35) Andrew Ladrow(34) Brian Colvert(31) Ramunas Paknys(23)	2015 1:29.75
CMS	Austin Fowler(24) Matthew Lang(30) Michael Hulme(24) Adam Martin(21)	2013 1:39.11	Men's 200 Medley 18+	C.U.	Jeremy Erbsen(22) Scott Runyan(33) Toshi Hirabayashi(29) Michael Wilson(23)	2013 1:37.94
CMS	Victor Price(22) Jared Walkenhorst(35) Ted Romero(29) Matt Robertson(34)	2010 3:45.78	Men's 400 Free 18+	Boulder Aquatic Masters	Victor Price(22) Jared Walkenhorst(35) Ted Romero(29) Matt Robertson(34)	2010 3:45.78
			Men's 400 Medley 18+			
			Men's 800 Free 18+			
CMS	Alexis Kato(33) Megan Priddy(24) Audrey Shuss(28) Brittany Biggs(22)	2012 1:41.72	Women's 200 Free 18+	U. of Denver	Brooke Taflinger(24) Sheri Hart(34) Heather Hagadorn(41) Katie Luellen(32)	2006 1:42.61
CMS	Ashley Wright(24) Marci Catallo-Madruga(37) Kristy Champion(29) Kirsten Derr(51)	2016 1:52.84	Women's 200 Medley 18+	U. of Denver Masters	Ashley Wright(24) Marci Catallo-Madruga(37) Kristy Champion(29) Kirsten Derr(51)	2016 1:52.84
CMS	Lisa Rugar(47) Lindsay Garner(31) Kristin Schirmuhly(26) Lauren Williamson(22)	2010 4:16.89	Women's 400 Free 18+	Rocky Mtn Thunder Masters	Lisa Rugar(47) Lindsay Garner(31) Kristin Schirmuhly(26) Lauren Williamson(22)	2010 4:16.89
			Women's 400 Medley 18+			
			Women's 800 Free 18+			
CMS	Felipe Porras(21) Shannon Jones(27) Anna Heidinger(32) Jeff Garnier(23)	2017 1:34.33	Mixed 200 Free 18+	D.U.	Emeric Renard(23) Heidi Hendrick(37) Chanel Charbonneau(24) Noah Vallee(21)	2019 1:36.97
CMS	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005 1:39.24	Mixed 200 Medley 18+	Durango Masters	Catherine Metz(49) Mike O'Brien(43) Kimberly Rathman(22) Michael Chapman(36)	2005 1:39.24

CMS	Christina Sarnecki(23) Douglas Wong(35) Kathleen DeHaven(39) Michael Ayer(28)	2011	3:53.32	Mixed 400 Free 18+	BAM	Christina Sarnecki(23) Douglas Wong(35) Kathleen DeHaven(39) Michael Ayer(28)	2011	3:53.32
				Mixed 400 Medley 18+				
				Mixed 800 Free 18+				
25 & Over								
Open Division					Workout Group Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Haydn Silleck(29) Matt Eisenhuth(34) Chris O'Sullivan(33) Ian Caswell(29)	2008	1:26.72	Men's 200 Free 25+	DU Aquaholics	Matt Eisenhuth(29) Dan Ross(29) Thomas Rosinski(34) Hayden Silleck(25)	2004	1:27.10
CMS	Brian Colvert(30) Reuben Trinidad(34) Bryce Elser(28) Jacob Grosser(25)	2014	1:35.09	Men's 200 Medley 25+	Pikes Peak Swimming	Brian Colvert(30) Reuben Trinidad(33) Bryce Eiser(27) Jacob Grosser(25)	2014	1:35.09
CMS	Andrew Ladrow(32) Drew Wotton(29) Reuben Trinidad(33) Bryce Eiser(27)	2013	3:31.30	Men's 400 Free 25+	Pikes Peak	Andrew Ladrow(32) Drew Wotton(29) Reuben Trinidad(33) Bryce Eiser(27)	2013	3:31.30
				Men's 400 Medley 25+				
CMS	Ramunas Paknys(27) Reuben Trinidad(39) Charles Maynard(53) James Webber(51)	2019	8:46.48	Men's 800 Free 25+	PPMS	Ramunas Paknys(27) Reuben Trinidad(39) Charles Maynard(53) James Webber(51)	2019	8:46.48
CMS	Anna Heidinger(32) Shannon Jones(27) Jodi Lee(39) Lyndsey Linke(36)	2017	1:40.33	Women's 200 Free 25+	DU Aquaholics	Christy Surr(31) Heather Hagedorn(37) Cecila Gadd-Siegel(30) Katy Clodius(27)	2002	1:43.03
CMS	Anna Heidinger(32) Jodi Lee(39) Shannon Jones(27) Lyndsey Linke(36)	2017	1:51.87	Women's 200 Medley 25+	U. of Denver Masters	Charity Zeigler(33) Anne Perizzolo(26) Julianna Ryan(30) Amy Xu(26)	2016	1:53.88
				Women's 400 Free 25+				
				Women's 400 Medley 25+				
				Women's 800 Free 25+				
Rocky Mtn.	Aaron McCormick(27)	2002	1:33.52	Mixed 200 Free	Team	Daniel MacEachran(25)	2002	1:35.38

Masters	Sarah Lee(35) Julia Von Evig(40) Robbert-Paul Smit(33)		25+	Vortex	Aaron Hoffman(28) Katie Engelhardt(25) Laura Tuck(25)	
CMS	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009 1:41.84	Mixed 200 Medley 25+	DU Aquaholics	Sheri Hart(37) Matt Eisenhuth(34) Chris O'Sullivan(34) Kathy Barker(32)	2009 1:41.84
CMS	Kim Crouch(60) Kelly Seavall(53) Robert Garland(52) Scott Bergstrom(27)	2022 3:42.12	Mixed 400 Free 25+	BAM	Robbert-Paul Smit(41) Mica Van Slingerlandt(35) Tracy Deyell(25) Matthew Dane(40)	2011 3:58.19
			Mixed 400 Medley 25+			
			Mixed 800 Free 25+			

35 & Over

Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
Rocky Mtn. Masters	Robbert-Paul Smit(35) John Smith(42) Paul Smith(44) Rowdy Gaines(45)	2004	1:24.05	Men's 200 Free 35+	DU Aquaholics	Chris O'Sullivan(35) Andrew Le Vasseur(46) Schuyler Smith(41) Matthew Eisenhuth(35)	2010	1:29.36
Rocky Mtn. Masters	John Smith(42) Holden Bank(44) Robbert-Paul Smit(35) Paul Smith(44)	2004	1:35.04	Men's 200 Medley 35+	U. of Denver Masters	Mehdi Addadi(38) Kevin Doherty(42) Chris O'Sullivan(41) Matt Eisenhuth(41)	2016	1:38.40
CMS	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005	3:49.28	Men's 400 Free 35+	Broomfield Breakers	Jeff Magouirk(43) Will Amos(37) Stephen Humphrey(46) Kevin Nash(41)	2005	3:49.28
				Men's 400 Medley 35+				
				Men's 800 Free 35+				
CMS	Susan Von Der Lippe(40) Kathy Garnier(45) Sheri Hart(35) Barbara Miller(35)	2006	1:36.46	Women's 200 Free 35+	DU	Teri Moen(38) Sheri Hart(36) Cecilia Gadd-Siegel(35) Heather Hagadorn(42)	2007	1:43.08
CMS	Sheri Hart(35) Susan Von Der Lippe(40) Ellen Campbell(43) Kathy Garnier(45)	2006	1:48.55	Women's 200 Medley 35+	DU	Sheri Hart(36) Cecilia Gadd-Siegel(35) Erika Leetmae(36) Teri Moen(38)	2007	1:54.91
CMS	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006	4:34.66	Women's 400 Free 35+	DU	Heather Hagadorn(41) Kirsten Derr(41) Judith Laney(53) Susan Fouts(55)	2006	4:34.66
				Women's 400 Medley 35+				

Rocky Mtn. Masters	Kathy Garnier(41) Laura Smith(36) Judy Nelson(41) Heather Hagadorn(37)	2002	8:16.72	Women's 800 Free 35+			
Rocky Mtn. Masters	Kathy Garnier(43) Susan Von Der Lippe(38) John Smith(42) Paul Smith(44)	2004	1:30.17	Mixed 200 Free 35+	Boulder Aquatic Masters	Paul Smith(45) Mike Gonzales(38) Laura McKeever(37) (unknown)	2005 1:35.89
CMS	Matthew Eisenhuth(38) Clare Morey(50) Kimberly Martin(48) Chris O'Sullivan(38)	2013	1:39.37	Mixed 200 Medley 35+	BeeGees	Randy Cox(46) Susan Von Der Lippe(43) Richard Hess(54) Kim Crouch(47)	2009 1:49.50
CMS	Steven Estle(55) Sara Castellano(38) Simon Butterworth(68) Sharon Wetherall(44)	2015	4:48.05	Mixed 400 Free 35+			
CMS	Sharon Wetherall(44) Christopher Coveney(52) Kirk Walker(43) Sara Castellano(38)	2015	4:40.66	Mixed 400 Medley 35+			
CMS	Carrie Meyer(39) Jon Ronat(62) IngaLisa Coupe(48) John Batchelder(37)	2018	11:08.58	Mixed 800 Free 35+			

45 & Over

Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Richard Abrahams(60) Paul Smith(45) Richard Hess(50) James Lilley(45)	2005	1:27.94	Men's 200 Free 45+	Inverness Masters	Steven Kahl(46) Michael Mann(54) Scott Powell(47) Mark Lehrer(51)	2009 1:34.33
CMS	Paul Smith(45) Stuart Waterbury(51) James Lilley(45) Richard Abrahams(60)	2005	1:39.69	Men's 200 Medley 45+	Inverness Masters	Reed Wells(47) Michael Mann(54) Powell Scott(47) Steve Kahl(46)	2009 1:46.56
CMS	Thomas Wright(56) Frank Sullivan(52) William Jenkins(57) Greg Grotke(46)	2015	4:29.92	Men's 400 Free 45+	DAC	Thomas Wright(56) Frank Sullivan(52) William Jenkins(57) Greg Grotke(46)	2015 4:29.92
				Men's 400 Medley 45+			
				Men's 800 Free 45+			
CMS	Kathy Garnier(50) Collette Sappey(46) Anna Scott-Kube(48) Susan Von Der Lippe(45)	2011	1:40.44	Women's 200 Free 45+	CAC	Kathleen Steffe(50) Ellen Campbell(50) Lisa Thilker(47) Kathy Garnier(52)	2013 1:51.18
CMS	Collette Sappey(46) Kim Crouch(49) Susan Von Der Lippe(45) Anna Scott-Kube(48)	2011	1:52.93	Women's 200 Medley 45+	Greenwood Athletic Club	Kelly Seavall(49) Elizabeth Nowak(52) Maureen Batson(46) Heather Hagadorn(51)	2016 2:05.72

				Women's 400 Free 45+			
				Women's 400 Medley 45+	Rally Sport	Karen Ishibashi(55) Frankie Benning(50) Susan Canto(58) Julie Zender(50)	2008 5:35.47
				Women's 800 Free 45+			
CMS	Michael Mann(56) Greg Scott(51) Susan Von Der Lippe(45) Anna Scot-Kube(48)	2011	1:35.40	Mixed 200 Free 45+	Inverness Masters	Steven Kahl(45) Ellen Campbell(45) Mark Johnston(47) Kathy Garnier(47)	2008 1:39.47
CMS	Paul Smith(45) Stuart Waterbury(51) Karen Rosener(51) Cathy Drozda(46)	2005	1:49.43	Mixed 200 Medley 45+	Inverness Masters	Scott Powell(47) Michael Mann(54) Ellen Campbell(46) Kathy Garnier(48)	2009 1:54.68
CMS	Robert Garland(46) Kim Richardson(47) Kelly Seavall(47) Rob Barringer(50)	2016	3:41.32	Mixed 400 Free 45+	Rally Sport	Stephanie Mayer(48) Susan Canto(56) Frankie Benning(48) Karen Ishibashi(53)	2006 5:40.18
				Mixed 400 Medley 45+			
				Mixed 800 Free 45+			
55 & Over							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
CMS	Frank Orton(56) Greg Scott(55) Michael Mann(60) Holden Bank(55)	2015	1:34.24	Men's 200 Free 55+	D.U.	Richard Abrahams(70) Mark Barrand(62) Greg Scott(55) Craig Petersen(55)	2015 1:38.92
CMS	Craig Petersen(55) Greg Scott(55) Holden Bank(55) Michael Mann(60)	2015	1:46.77	Men's 200 Medley 55+	U. of Denver Masters	Jonathan Mann(55) Greg Scott(56) Kurt Nelson(56) Kirk Anderson(56)	2016 1:51.97
CMS	Kirk Anderson(55) Michael Mann(60) Craig Petersen(55) Greg Scott(55)	2015	3:28.26	Men's 400 Free 55+	Foothills Masters	Reynold Kalstrom(71) Marvin Clemens(61) Brad David(61) Terry Heggy(61)	2016 4:14.82
CMS	Craig Petersen(55) Greg Scott(55) Michael Mann(60) Kirk Anderson(55)	2015	3:57.13	Men's 400 Medley 55+			
CMS	Michael Mann(60) Craig Petersen(55) Greg Scott(55) Kirk Anderson(55)	<u>2015</u> _____ _____	7:42.24	Men's 800 Free 55+			

CMS	Collette Sappey(57) Kathleen Steffe(59) Suzy Cotton(62) Kathy Garnier(61)	2022	1:50.31	Women's 200 Free 55+	CAC	Suzy Cotton(59) Ellen Campbell(56) Kathleen Steffe(56) Kathy Garnier(58)	2019	1:52.71
CMS	Collette Sappey(57) Ellen Campbell(59) Kathleen Steffe(59) Kathy Garnier(61)	2022	2:05.52	Women's 200 Medley 55+	Cherry Creek Athletic Club	Suzy Cotton(59) Ellen Campbell(56) Kathleen Steffe(56) Kathy Garnier(58)	2019	2:07.95
				Women's 400 Free 55+				
				Women's 400 Medley 55+				
				Women's 800 Free 55+				
CMS	Bob Barringer(56) Kathy Garnier(61) Collette Sappey(57) Chuck Ponthier(59)	2022	1:40.95	Mixed 200 Free 55+	Greenwood Athletic Club	Kurt Nelson(56) Mary Shopes(64) Laurie Swan(62) Judy Nelson(55)	2016	2:01.37
CMS	Craig Petersen(55) Karen Rosener(61) Greg Scott(55) Suzy Tatnall(55)	2015	1:56.07	Mixed 200 Medley 55+	CAC	Suzy Cotton(59) Sam Piccolotti(55) Christopher Nolte(62) Kathly Garnier(58)	2019	2:04.90
				Mixed 400 Free 55+				
				Mixed 400 Medley 55+				
				Mixed 800 Free 55+				
65 & Over								
Open Division				Workout Division				
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year	Time
CMS	Richard Abrahams(65) William Burson(65) John Kalmbach(65) Art Wolfe(70)	2010	1:47.27	Men's 200 Free 65+	D.U.	William Burson(65) Tom Arnold(65) Walter Hultin (69) James Vaughan (66)	2013	2:05.69
CMS	Kevin Feely(67) Stuart Waterbury(65) Richard Abrahams(74) William Abbott(72)	2019	2:02.72	Men's 200 Medley 65+	D.U.	Robert Gleser(69) Tom Arnold(67) Wally Hultin(71) James Vaughan(68)	2015	2:26.11
				Men's 400 Free 65+				
				Men's 400 Medley 65+				

				Men's 800 Free 65+			
CMS	Carolyn Roche(68) Lydia Young(70) Judith Laney(66) Karen Rosener(65)	2019	2:20.74	Women's 200 Free 65+	Cherry Creek Athletic	Penny McKim(70) Ann Noble(67) Angie Panos(65) Reola Phelps(70)	2015 3:12.23
CMS	Lydia Young(70) Carolyn Roche(68) Karen Rosener(65) Judith Laney(66)	2019	2:38.80	Women's 200 Medley 65+	Cherry Creek Athletic	Deb Golanty(65) Penny McKim(71) Ann Noble(68) Reola Phelps(71)	2016 3:48.40
				Women's 400 Free 65+			
				Women's 400 Medley 65+			
				Women's 800 Free 65+	Evergreen	Gayle Gordon(66) Nancy Brown(71) Yasue Homburg(68) Patti Townsend(72)	2013 18:21.40
CMS	Richard Abrahams(74) Stuart Waterbury(65) Karen Rosener(65) Carolyn Roche(68)	2019	1:51.78	Mixed 200 Free 65+	D.U.	Walter Hultin(69) Janet Sachs(76) Jane Oberg(75) James Vaughan(66)	2013 2:23.76
CMS	Kevin Feely(67) Stuart Waterbury(65) Karen Rosener(65) Carolyn Roche(68)	2019	2:13.00	Mixed 200 Medley 65+	D.U.	Janet Sachs(76) Tom Arnold(65) Walter Hultin(69) Linda Lebsack(66)	2013 2:46.21
				Mixed 400 Free 65+			
				Mixed 400 Medley 65+			
				Mixed 800 Free 65+			
75 & Over							
Open Division				Workout Division			
Team	Swimmers	Year	Time	Relay	Team	Swimmers	Year Time
				Men's 200 Free 75+			
CMS	Steve McDanal(78) William Abbott(75) Richard Abrahams(77)	2022	02:38.2	Men's 200 Medley 75+			

James Vaughan(75)				
			Men's 400 Free 75+	
			Men's 400 Medley 75+	
			Men's 800 Free 75+	
			Women's 200 Free 75+	
			Women's 200 Medley 75+	
			Women's 400 Free 75+	
			Women's 400 Medley 75+	
			Women's 800 Free 75+	
CMS	Jim Michie(75) Frances Holmes(80) Peggy Buchannan(75) Frederick Hoppe(80)	2008	3:28.60	Mixed 200 Free 75+
				Mixed 200 Medley 75+
				Mixed 400 Free 75+
				Mixed 400 Medley 75+
				Mixed 800 Free 75+

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