

Mastersplash



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Quick Links

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UPCOMING EVENTS

March 19, 2016
Denver Masters CMS
SCY Intra Squad
Swimming Meet
University of Denver

MARCH 2016

Greetings,
It appears that March Madness is just around the corner...and I'm not talking about basketball. As you will see in this newsletter, there are a number of deadlines approaching and much preparation taking place for the annual state meet.

Enjoy your March!
Kelly Davis
Newsletter Coordinator

LOU PARKER - COMSA Coach of the year
JACK BUCHANNAN - COMSA Service award nominations due March 10, 2016

Now accepting nominations for Lou Parker COMSA Coach of the Year and the Jack Buchannan COMSA Service Award

CRITERIA FOR NOMINATION

Jack Buchanan COMSA Service Award

One male and one female will be chosen by a committee of past recipients
Nominees must be members of COMSA
Selection will be based on contribution to Masters Swimming and COMSA not swimming skill

Lou Parker COMSA Coach of the Year

Nominee must be a member of COMSA
Nominee must have been a participant for at least one year
Selection is based on contributions made to the team with respect to camaraderie, technical advice, motivation and support of team members

The strength of the letters will be considered along with the size of the team

Submit forms to Brian Hoyt at bkhoyt@gmail.com
or mail to:
Brian Hoyt
2366 E. 125th Ct.
Thornton, CO 80241

meet info and registration

April 1-3, 2016

COMSA SCY
Championships
VMAC
Thornton, Co
meet info
online registration
paper registration

Denver Masters Clinics

April 9, 2016 (Butterfly)
April 10, 2016 (Open Water)
Time:3:00-5:00pm
Cost 40.00 for USMS members.

All clinics will include video feedback. Attendees need to be members of USMS for insurance purposes. Become a member by using this link. <https://www.usms.org/reg/>
Register by sending an email to Andrew Le Vasseur, Head Coach, Denver Masters at swimmasters@du.edu

ONGOING EVENTS

COMSA Registration
registration link

2016
Check off Challenge
registration

2016 Go The
Distance
registration link

[Contact](#)

DUE MARCH 10

[additional details and award nomination forms](#)

2016 Nash Scholarship

The 2016 Nash Scholarship will accept applications until March 31, 2016. Please send all forms to swimwithfishes@earthlink.net as a MS-Word document. Please put in the subject line, "2016 Nash Scholarship Application"

The Nash Scholarship is partially funded by the annual "Nash Splash" Masters swim meet. It is held in honor of Kevin B. Nash. He and Richard Hess organized the Bee Gees Masters swim team. The Bee Gees wear a yellow and black polka-dotted swim suits proudly at master meets around the nation...

DUE MARCH 31

[Click here](#) for more information on this scholarship and submission deadline.

2016 COMSA Short Course Championships April 1-3, 2016 Join the Fun!

April 1-3, 2016
2016 COMSA Masters Short Course Championships
VMAC (Veterans Memorial Aquatic Center)
Thornton

- [Meet info](#)
- [Paper Registration](#)
- [Online Registration](#)
- [Preview Meet Shirt](#) - This will be available in unisex sizes and women's v-neck.

If you are interested in volunteering/assisting with this meet, please contact [Stacy Broncucia](#)

ANNUAL COMSA MEETING - April 2, 2016

The annual COMSA general business meeting will be held at the COMSA Short Course Championships meet. All COMSA members are invited to attend.

Meeting will be held on April 2, 2016 at 8:30 am, VMAC

Agenda:

- Officer Elections: Chair, Vice Chair, Secretary, Treasurer, Registrar
- Jack Buchanan service award
- Coaches award
- 2017 State Meet Location Announcement

* Please note, the deadline for officer submissions is **March 12, 2016**. Submissions can be sent to [Brian Hoyt](#).

Free Inspirational talk with Karlyn Pipes!

COMSA is pleased to announce that Karlyn Pipes, an internationally acclaimed inspirational speaker and the author of The Do-Over, will be competing at the State meet and presenting a 15-20 minute talk during the Saturday afternoon social.

Drawing from the challenges she faced to rise from the depths of addiction and self-destruction to her induction into the International Swimming Hall of Fame in 2015, Karlyn's odds-defying comeback story will inspire, engage and entertain audiences of all ages and from all walks of life. Autographed copies of The Do-Over will be available at the meet or the social. More info can be found at Karlynpipes.com

Please mark your calendars for this exciting event and consider attending even if you are not competing in the meet. Tickets for the social are available through the meet registration, or if you are not attending the meet, please contact Stacy at sbroncucia@gmail.com

Event Details

Date: March 2, 2016, at the State Meet Saturday Social

Time: 3:00 - 6:00 pm

Location: CB & Potts in Westminster 1257 W. 120th ave. 80234

Cost: Tickets are \$10 (They can be purchased when registering for the State Meet. If you are not attending the meet you can purchase by contacting Stacy at sbroncucia@gmail.com.)

2016 POSTAL PENTATHALON

The 2016 Postal Swimtathlon League is a year-long, postal pentathlon event where participants swim and submit times in stages.

Five events are included in each pentathlon stage (Fly, Back, Breast, Free, and Individual Medley), and cumulative times are used for league standings and results.

Postal Swimtathlon League standings and rankings will be updated monthly, sent out via e-mail, and posted online at the host website: www.FlowSwimmers.com.

Certificates of accomplishment, compete with event rankings, and awards will be presented at the end of each stage and at the end of Stage Four (15 cumulative events).

\$5.00 of each entry will be donated to the Flathead Lakers (501c-3) to protect Flathead Lake.

[Additional event details and sign-up](#)

CMS Apparel

Colorado Masters apparel is now available through the Swim Team Store website. Long and short sleeve tee shirts and hoodies are available in black or white. Shorts and swim suits are in black only. Colors are all shown in black, the white choice is available once item is clicked on. All items have the Colorado Masters Swimming logo from this year as seen above. Purchase your apparel now and have items shipped directly to you.



<http://www.thelifeguardstore.com/lgstteams/productcart/pc/viewCategories.asp?idCategory=2980&idAffiliate=677>

username: colorado

password: masters

Local and National Swimming Links

<http://usopenwaterswimming.org/>

Breadbasket Zone

<http://www.iowamasters.org/>

<http://www.minnesotamasters.com/>

<http://www.movymasters.org/>

<http://www.nebraskamastersswimming.com/>

<http://www.ozarklmsc.org/>

What's Happening at U.S.M.S.

As members of COMSA, you are also members of U. S. Masters Swimming. Check that website for information on Fitness Events, Coaching tips, Competitions nation wide, and many other areas of interest to swimmers everywhere [U. S. Masters Swimming](#)



COMSA | COMSA | Denver | CO | 80201