

Mastersplash



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DECEMBER 2013

Greetings!,
Happy Holidays! Time to start planning for 2014. Continue to look at the COMSA website and COMSA facebook page for the most up to date news regarding all events.

It is also USMS/COMSA registration time for 2014. See the article with links below.

Happy Swimming!
Heide Crino

Message from Tim Foster- President Colorado Mesa U

Dear Colorado Masters Swimmers,

I was very excited to learn of your decision to hold the 2014 Breadbasket Zone and Colorado State Masters Swimming Championship here at Colorado Mesa University. I have been an avid swimmer my entire life and still find time to make it to an occasional Masters practice. We are very proud of the El Pomar Natatorium and think you will find the facility to be first class. It sounds as though your board of directors has put together a great agenda that will make for a fun weekend. I look forward to seeing you all very soon.



Kind Regards,

Tim Foster
President - Colorado Mesa University

State Meet

COMSA hopes that you all are well this holiday season and that you will have a few minutes to read about the 2014 State Swimming Meet. By now you probably have heard that the meet will be held in Grand Junction, Colorado and as such COMSA is preparing some special activities and offers to make next years State Meet weekend to remember. March 28-30, 2014

December 14, 2013

We want to make you all aware that the first people to register will

2013 Denver Athletic
Club Masters SCM Meet
The Denver Athletic
Club
Meet info /registration

January 14, 2014
Colorado Swimming Hall
of Fame Pentathlon
George Washington HS,
Denver
meet info coming soon

February 9, 2014
The Rock Classic
Castle Rock
meet info coming soon

[More Information](#)

Ongoing Events

**400 yd Kick for
Time**
Dec 1-31, 2013
event info and
registration

**Butterfly is Not a
Crime Postal Swim**
Oct 15,2013-Aug 31
2014
event info/registration

[Contact](#)

save money on hotel accommodations. Also, we have reserved two large buses for the trip to GJ and COMSA is paying for half of the fare. The buses will be available for the round trip and for trips to and from the swimming pool. All of this will be posted in the meet registration form... due out soon. Continue to check out the COMSA website for meet registration form. comsa.org

There are other fun activities that we are putting together and ask that you take a moment to join us on Facebook to stay apprised of the agenda.

<https://www.facebook.com/ComsaSwimmers?ref=hl>

Happy Thanksgiving from COMSA!

Election year for COMSA board positions

2014 is an election year for COMSA and we will be holding our elections for five board positions at our annual meeting. The annual meeting will take place at the state meet in Grand Junction. Nominations for these five board positions are due to Brian Hoyt (bkhoyt@gmail.com) by January 15, 2014

Elections will be held for the following board positions:

Chair
Vice Chair
Secretary
Registrar
Treasurer

To see the described duties for each of the above positions please see article IV of our by laws. These can be found under the "leadership and board" section in the purple section on left side of the page at: comsa.org

2014 USMS/COMSA Registration Open Now

Registration in United States Masters Swimming and the Colorado Masters Swimming Association is based upon a calendar year (not from the time you register). Registration fees are \$40 (January 1-December 31). The registration period for each calendar year starts on November 1, with memberships expiring on December 31 of the following year (14 months). Your membership in USMS/COMSA includes:

- SWIMMER magazine, the official publication of United States Masters Swimming. Content is directly related to all areas of swimming for adults.
- The Master Splash newsletter, the official publication of COMSA, announces local swimming related events.
- Secondary insurance coverage, which covers all workouts and events where all participants are USMS registered.
- Opportunity to participate in local, national and international competitions as well as open water swims, and clinics.

All swimmers must register with one of the three Colorado Masters Swimming Association registered clubs or as unattached. Selecting the correct club is critical if you plan to swim individual or relay events in USMS sanctioned meets. For a detailed explanation and link to register, <http://www.comsa.org/joining/join-online.html>

Did You Know...?

Back by popular demand.....The Beer Relay will be held Saturday March 29th at the 2014 State meet in Grand Junction.. Check out the starter in this 8X200 version of the Relay.

[Woodlands Masters Swim Meet Beer Relay - youtube video](#)

Planning Ahead:

COMSA State Meet/Breadbasket Zone Meet will be held in Grand Junction, Co.
March 28-30, 2013

Spring Nationals will be held in Santa Clara, CA May 1-4, 2014

Summer Nationals will be held in College Park, Maryland
August 13-17, 2014

Local and National Swimming Links

<http://usopenwaterswimming.org/>

Breadbasket Zone

<http://www.iowamasters.org/>

<http://www.minnesotamasters.com/>

<http://www.movymasters.org/>

<http://www.nebraskamastersswimming.com/>

<http://www.ozarklmsc.org/>

What's Happening at U.S.M.S.

As members of COMSA, you are also members of U. S. Masters Swimming. Check that website for information on Fitness Events, Coaching tips, Competitions nation wide, and many other areas of interest to swimmers everywhere [U. S. Masters Swimming](#)

