

# Mastersplash



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## Upcoming Events

**February 9, 2014**  
The Rock Classic  
Castle Rock  
meet info and  
registration

**February 15, 2014**

Stay up to date by looking at the COMSA website. [comsa.org](http://comsa.org)  
Connect with other COMSA members via the COMSA facebook page.  
<https://www.facebook.com/ComsaSwimmers?ref=hl>

State Meet info below. Make plans, go and have fun!!  
[State Meet info](#)

It is also USMS/COMSA registration time for 2014. See the article  
with links below.

Happy Swimming!  
Heide Crino

## 2014 Nash Scholarship -Applications due by March 15

From page written By Jeff Magouirk :

The Nash Scholarship is partially funded by the annual "Nash Splash" Masters swim meet. It is held in honor of Kevin B. Nash. He and Richard Hess organized the Bee Gees Masters swim team. The Bee Gees wear a yellow and black polka-dotted swim suits proudly at master meets around the nation. Kevin picked this eye popping suit so the wears of it would be noticed. Kevin loved life and part of his life was to swim. He made workouts and meets very enjoyable. He passed away in 2007 a week after swimming a very successful Colorado State Short Course Championship meet. Those of us who knew him miss him very much.

This year's funding for the "Nash Scholarship" would not be possible without the generous donation from Kathy Dorza, a friend of Kevin's.

The 2014 Nash Scholarship will accept applications until March 15, 2014. Please send all forms to [swimwithfishes@earthlink.net](mailto:swimwithfishes@earthlink.net) as a MS-Word document. Please put in the subject line, "2014 Nash Scholarship Application"

[Application and Requirement info](#)

Loveland Master's  
Sweetheart Meet  
Loveland, Co  
meet info and  
registration

**March 29-30, 2014**  
COMSA SC  
Championships  
Grand Junction  
meet info and  
registration

**May 1-4, 2014**  
USMS Nationwide  
Spring National  
Championships  
Santa Clara CA  
meet info and  
registration

**July 27-Aug.10,  
2014**  
**Fina World Masters  
Championships**  
Montreal, Canada  
meet info

**August 13-17,  
2014**  
2014 Marriott U.S.  
Masters Swimming  
Summer National  
Championship  
University of Maryland  
Rec Center Natatorium  
meet info soon

[More Information](#)

## Ongoing Events

**Butterfly is Not a  
Crime Postal Swim**  
Oct 15, 2013-Aug 31  
2014  
event info/registration

[Contact](#)

## State Meet : Grand Junction CO March 28-30, 2014

State Meet weekend to remember. **March 28-30, 2014**

**Bus Transportation** - Full Weekend of Transportation for \$32.00 !  
COMSA has secured two 55 passenger buses for the trip to and from  
Denver and for transportation in Grand Junction to and from the pool  
etc. COMSA will subsidize your costs so that you pay only \$32 for the  
weekend of transportation. We expect that these buses will fill up  
quickly and the online entry is only way to secure a seat(s). We will do  
positive check in for the 1000 Yd Freestyle from the bus.

Busses: leave Denver Friday 8am arrive GJ 1pm and  
Friday 2pm arriving GJ 7 pm  
leave GJ Sunday 1pm arrive Denver 6pm and  
Sunday 4pm arrive Denver 9pm

**Hotel Accommodations** - \$25.00 off a discounted rate of  
\$99.00/night for first 100 Reservations

### Fairfield Inn & Suites

1-970-242-2525

225 Main Street

[www.marriott.com/GJTFI](http://www.marriott.com/GJTFI)

Online Group Booking Codes: Queen Bed /Sofa Sleeper: CMSCMSA

Two Queen Beds: CMSCMSB

### Hampton Inn

1-970-243-3222 or 877-307-5678

205 Main Street

[www.grandjunction.hamptoninn.com](http://www.grandjunction.hamptoninn.com)

Online Group Booking Code: CMS King Bed or Two Queen Beds

### SpringHill Suites by Marriott 1-970-424-5777

236 Main Street

[www.marriott.com/GJTSH](http://www.marriott.com/GJTSH)

Online Booking Codes: Suites with King: CMSCMSA

Suites with 2 Queens: CMSCMSB

\*\*\* Ask for COMSA rate for the evenings of the 27th, 28th, and 29th -  
\$99.00/night. Make RSRV by 2/25 for this rate.\*\*\* Complimentary at  
all hotels: Breakfast Buffet, Internet Access, Exercise Room,  
Newspaper, Pool/Spa  
THE FIRST 100 RESERVATIONS WILL HAVE \$25.00 REMOVED  
FROM THEIR BILL AT CHECK-OUT

There are other fun activities that we are putting together and ask that  
you take a moment to join us on Facebook to stay apprised of the  
agenda.

<https://www.facebook.com/ComsaSwimmers?ref=hl>

## [FULL MEET INFO AND REGISTRATION](#)

## Election year for COMSA board positions

2014 is an election year for COMSA and we will be holding our  
elections for five board positions at our annual meeting. The annual  
meeting will take place at the state meet in Grand Junction.  
Nominations for these five board positions are due to Brian Hoyt  
([bkhoyt@gmail.com](mailto:bkhoyt@gmail.com)) by January 15, 2014

Elections will be held for the following board positions:

Chair  
Vice Chair  
Secretary

Registrar  
Treasurer

To see the described duties for each of the above positions please see article IV of our by laws. These can be found under the "leadership and board" section in the purple section on left side of the page at: [comsa.org](http://comsa.org)

## 2014 USMS/COMSA Registration Open Now

Registration in United States Masters Swimming and the Colorado Masters Swimming Association is based upon a calendar year (not from the time you register). Registration fees are \$40 (January 1-December 31). The registration period for each calendar year starts on November 1, with memberships expiring on December 31 of the following year (14 months). Your membership in USMS/COMSA includes:

- SWIMMER magazine, the official publication of United States Masters Swimming. Content is directly related to all areas of swimming for adults.
- The Master Splash newsletter, the official publication of COMSA, announces local swimming related events.
- Secondary insurance coverage, which covers all workouts and events where all participants are USMS registered.
- Opportunity to participate in local, national and international competitions as well as open water swims, and clinics.

All swimmers must register with one of the three Colorado Masters Swimming Association registered clubs or as unattached. Selecting the correct club is critical if you plan to swim individual or relay events in USMS sanctioned meets. For a detailed explanation and link to register, <http://www.comsa.org/joining/join-online.html>

## Did You Know...?

### **CLUB INSURANCE CERTIFICATES**

At the 2013 USMS annual convention it was announced that we will be working with a new insurance broker (no longer Risk Management Services, Inc.). The broker has been working on securing our insurance coverage for 2014 and our coverage is now in place.

Some clubs swim at facilities that require them to present a certificate of insurance. The USMS national office will be assuming the responsibility of issuing these certificates of insurance for 2014.

We are working on a web form where you will be able to request a certificate. It's not quite ready so for now if you need one please follow the instructions in the following link (I will send out the link for the web form once it's up and running):

[http://www.usms.org/admin/lmschb/gto\\_ins\\_online\\_certificate.pdf](http://www.usms.org/admin/lmschb/gto_ins_online_certificate.pdf)

Please note the following:

-- Certificates will be issued by either myself or by Tracy Grilli. It's no longer a fully-automated process as it was before. Please do not wait until the last minute (such as the Saturday of your swim meet!) to request a certificate if your facility has requested one.

-- Please do not contact our previous broker, Risk Management Services, with questions. Direct all insurance questions to Anna Lea Matysek or Tracy Grilli in the USMS national office.

-- Our policy year will be changing to an October 1--September 30

timeframe. For 2014, our current policy is in effect from January 1 through September 30. We will re-issue new certificates on October 1 when the policy is renewed.

Your Membership Team,  
Anna Lea Matysek (Membership@usms.org)  
941-556-6279  
Tracy Grilli (usms@usms.org)  
941-556-6282

### Planning Ahead:

COMSA State Meet/Breadbasket Zone Meet will be held in Grand Junction, Co.  
March 28-30, 2013

Spring Nationals will be held in Santa Clara, CA May 1-4, 2014

Summer Nationals will be held in College Park, Maryland  
August 13-17, 2014

### Local and National Swimming Links

<http://usopenwaterswimming.org/>

Breadbasket Zone

<http://www.iowamasters.org/>

<http://www.minnesotamasters.com/>

<http://www.movymasters.org/>

<http://www.nebraskamastersswimming.com/>

<http://www.ozarklmsc.org/>

### What's Happening at U.S.M.S.

As members of COMSA, you are also members of U. S. Masters Swimming. Check that website for information on Fitness Events, Coaching tips, Competitions nation wide, and many other areas of interest to swimmers everywhere .... [U. S. Masters Swimming](#)